



# HSYP8102

## Determinants of Health

Session 1, In person-scheduled-weekday, North Ryde 2024

*Department of Health Sciences*

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#### **Disclaimer**

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## General Information

Unit convenor and teaching staff

Unit Convenor and Lecturer

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Credit points

10

Prerequisites

Admission to MPH or MPH(Res) or MAppEcon or MPlan

Corequisites

Co-badged status

Unit description

This unit examines the fundamental determinants of health in two modules. In the first module, you will learn about social, behavioural and structural determinants of health. The second module will introduce you to biological and environmental factors that impact health status of individuals and populations. The unit will utilise a case study approach where you explore contemporary and emerging challenges to public health and develop conceptual and practical knowledge essential for a career in public health.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

## Learning Outcomes

On successful completion of this unit, you will be able to:

**ULO1:** Identify and comment on the social and behavioural factors, and vulnerability characteristics, that affect health of individuals and populations.

**ULO2:** Identify the needs of vulnerable populations based on the impact of race, ethnic, socioeconomic, and age demographics on these communities and populations.

**ULO3:** Describe and critically evaluate different methodological approaches to the study of social and behavioural determinants of population health.

**ULO4:** Explore the importance of cultural competency, as well as the development of collaborative partnerships with diverse communities and constituencies to public health and to the achievement of its goals.

**ULO5:** Identify and describe environmental determinants and risk factors to health in given communities and populations.

**ULO6:** Integrate preventive approaches in the resolution of environmental public health problems.

**ULO7:** Critique the evidence used to assess health consequences of exposure including epidemiology, toxicology and risk assessment.

## General Assessment Information

Grade descriptors and other information concerning grading are contained in the [Macquarie University Assessment Policy](#).

All final grades are determined by a grading committee, in accordance with the Macquarie University Assessment Policy, and are not the sole responsibility of the Unit Convenor.

Students will be awarded a final grade and a mark which must correspond to the grade descriptors specified in the [Assessment Procedure](#) (clause 128).

To pass this unit, you must demonstrate sufficient evidence of achievement of the learning outcomes, meet any ungraded requirements, and achieve a final mark of 50 or better.

### Late Submissions

Unless a Special Consideration request has been submitted and approved, a 5% penalty (OF THE TOTAL POSSIBLE MARK) will be applied each day a written assessment is not submitted, up until the 7th day (including weekends). After the 7th day, a grade of '0' will be awarded even if the assessment is submitted. Submission time for all written assessments is set at 11.55pm. A 1-hour grace period is provided to students who experience a technical concern.

For example:

Number of days (hours) late	Total Possible Marks	Deduction	Raw mark	Final mark
1 day (1-24 hours)	100	5	75	70
2 days (24-48 hours)	100	10	75	65
3 days (48-72 hours)	100	15	75	60

7 days (144-168 hours)	100	35	75	40
>7 days (>168 hours)	100	-	75	0

For any late submissions of time-sensitive tasks, such as scheduled tests/exams, performance assessments/presentations, and/or scheduled practical assessments/labs, students need to submit an application for Special Consideration.

Further details for each assessment task will be available on iLearn.

## Assessment Tasks

Name	Weighting	Hurdle	Due
<a href="#"><u>Quiz - Social Determinants of Health Theory</u></a>	10%	No	Week 5
<a href="#"><u>Podcast Assessment</u></a>	30%	No	Week 7
<a href="#"><u>Ministerial Briefing</u></a>	20%	No	Week 10
<a href="#"><u>Social and Environmental Determinants Report</u></a>	40%	No	Week 13
<a href="#"><u>Student Portfolio Reflection</u></a>	0%	No	Week 15

### Quiz - Social Determinants of Health Theory

Assessment Type <sup>1</sup>: Quiz/Test

Indicative Time on Task <sup>2</sup>: 10 hours

Due: **Week 5**

Weighting: **10%**

Combination of multiple choice and short answer questions related to theory in social determinants of health

On successful completion you will be able to:

- Identify and comment on the social and behavioural factors, and vulnerability characteristics, that affect health of individuals and populations.
- Identify the needs of vulnerable populations based on the impact of race, ethnic, socioeconomic, and age demographics on these communities and populations.
- Describe and critically evaluate different methodological approaches to the study of

social and behavioural determinants of population health.

## Podcast Assessment

Assessment Type <sup>1</sup>: Media presentation

Indicative Time on Task <sup>2</sup>: 20 hours

Due: **Week 7**

Weighting: **30%**

Short podcast describing social and behavioural determinants of health in defined populations.

On successful completion you will be able to:

- Identify and comment on the social and behavioural factors, and vulnerability characteristics, that affect health of individuals and populations.
- Identify the needs of vulnerable populations based on the impact of race, ethnic, socioeconomic, and age demographics on these communities and populations.
- Describe and critically evaluate different methodological approaches to the study of social and behavioural determinants of population health.
- Explore the importance of cultural competency, as well as the development of collaborative partnerships with diverse communities and constituencies to public health and to the achievement of its goals.

## Ministerial Briefing

Assessment Type <sup>1</sup>: Report

Indicative Time on Task <sup>2</sup>: 20 hours

Due: **Week 10**

Weighting: **20%**

A short report written in the style of a ministerial briefing

On successful completion you will be able to:

- Identify and describe environmental determinants and risk factors to health in given communities and populations.
- Integrate preventive approaches in the resolution of environmental public health problems.
- Critique the evidence used to assess health consequences of exposure including

epidemiology, toxicology and risk assessment.

## Social and Environmental Determinants Report

Assessment Type <sup>1</sup>: Report

Indicative Time on Task <sup>2</sup>: 30 hours

Due: **Week 13**

Weighting: **40%**

In depth report on contemporary population and environmental health issues

On successful completion you will be able to:

- Identify and comment on the social and behavioural factors, and vulnerability characteristics, that affect health of individuals and populations.
- Identify the needs of vulnerable populations based on the impact of race, ethnic, socioeconomic, and age demographics on these communities and populations.
- Describe and critically evaluate different methodological approaches to the study of social and behavioural determinants of population health.
- Explore the importance of cultural competency, as well as the development of collaborative partnerships with diverse communities and constituencies to public health and to the achievement of its goals.
- Identify and describe environmental determinants and risk factors to health in given communities and populations.
- Integrate preventive approaches in the resolution of environmental public health problems.
- Critique the evidence used to assess health consequences of exposure including epidemiology, toxicology and risk assessment.

## Student Portfolio Reflection

Assessment Type <sup>1</sup>: Reflective Writing

Indicative Time on Task <sup>2</sup>: 2 hours

Due: **Week 15**

Weighting: **0%**

Personal reflection to reflect your learning towards the end of your MPH program

On successful completion you will be able to:

- Identify and comment on the social and behavioural factors, and vulnerability characteristics, that affect health of individuals and populations.
- Identify the needs of vulnerable populations based on the impact of race, ethnic, socioeconomic, and age demographics on these communities and populations.
- Describe and critically evaluate different methodological approaches to the study of social and behavioural determinants of population health.
- Explore the importance of cultural competency, as well as the development of collaborative partnerships with diverse communities and constituencies to public health and to the achievement of its goals.
- Identify and describe environmental determinants and risk factors to health in given communities and populations.
- Integrate preventive approaches in the resolution of environmental public health problems.
- Critique the evidence used to assess health consequences of exposure including epidemiology, toxicology and risk assessment.

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<sup>1</sup> If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

<sup>2</sup> Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

## Delivery and Resources

As a student enrolled in this unit, you will engage in a range of face-to-face learning activities including lectures, tutorials, readings and some online content including videos and activities. Details can be found on the iLearn site for this unit.

Recommended Readings

Please check Leganto

Technology Used

Active participation in the learning activities throughout the unit will require students to have access to a tablet, laptop or similar device. Students who do not own their own laptop computer may borrow one from the university library.

## Unit Schedule

Outline of topics is provided below but please check iLearn for changes to schedule.

Week	Topic
1	Introduction and overview
2	Early years/ childhood
3	Youth
4	Adulthood and aged care
5	Cultural determinants
6	Mental health
7	Housing and food
8	COVID-19 and the SDoH
9	Population growth and urbanisation
10	Environmental health*
11	Climate Change
12	Commercial determinants
13	Revision

## Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Assessment Procedure](#)



- [Complaints Resolution Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#)

Students seeking more policy resources can visit [Student Policies](https://students.mq.edu.au/support/study/policies) (<https://students.mq.edu.au/support/study/policies>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit [Policy Central](https://policies.mq.edu.au) (<https://policies.mq.edu.au>) and use the [search tool](#).

## Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/admin/other-resources/student-conduct>

## Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit [ask.mq.edu.au](http://ask.mq.edu.au) or if you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## Academic Integrity

At Macquarie, we believe [academic integrity](#) – honesty, respect, trust, responsibility, fairness and courage – is at the core of learning, teaching and research. We recognise that meeting the expectations required to complete your assessments can be challenging. So, we offer you a range of resources and services to help you reach your potential, including free [online writing and maths support](#), [academic skills development](#) and [wellbeing consultations](#).

## Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

## The Writing Centre

[The Writing Centre](#) provides resources to develop your English language proficiency, academic writing, and communication skills.

- [Workshops](#)
- [Chat with a WriteWISE peer writing leader](#)
- [Access StudyWISE](#)
- [Upload an assignment to Studiosity](#)
- [Complete the Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

## Student Services and Support

Macquarie University offers a range of [Student Support Services](#) including:

- [IT Support](#)
- [Accessibility and disability support](#) with study
- Mental health [support](#)
- [Safety support](#) to respond to bullying, harassment, sexual harassment and sexual assault
- [Social support including information about finances, tenancy and legal issues](#)
- [Student Advocacy](#) provides independent advice on MQ policies, procedures, and processes

## Student Enquiries

Got a question? Ask us via [AskMQ](#), or contact [Service Connect](#).

## IT Help

For help with University computer systems and technology, visit [http://www.mq.edu.au/about\\_us/offices\\_and\\_units/information\\_technology/help/](http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/).

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.

## Inclusion and Diversity

Social inclusion at Macquarie University is about giving everyone who has the potential to benefit from higher education the opportunity to study at university, participate in campus life and flourish in their chosen field. The University has made significant moves to promote an equitable, diverse and exciting campus community for the benefit of staff and students. It is your responsibility to contribute towards the development of an inclusive culture and practice in the areas of learning and teaching, research, and service orientation and delivery. As a member of the Macquarie University community, you must not discriminate against or harass others based on their sex, gender, race, marital status, carers' responsibilities, disability, sexual orientation, age, political conviction or religious belief. All staff and students are expected to display appropriate behaviour that is conducive to a healthy learning environment for everyone.

## Professionalism

In the Faculty of Medicine, Health and Human Sciences, professionalism is a key capability embedded in all our courses.

As part of developing professionalism, students are expected to attend all small group interactive

sessions including clinical, practical, laboratory, work-integrated learning (e.g., PACE placements), and team-based learning activities. Some learning activities are recorded (e.g., face-to-face lectures), however you are encouraged to avoid relying upon such material as they do not recreate the whole learning experience and technical issues can and do occur. As an adult learner, we respect your decision to choose how you engage with your learning, but we would remind you that the learning opportunities we create for you have been done so to enable your success, and that by not engaging you may impact your ability to successfully complete this unit. We equally expect that you show respect for the academic staff who have worked hard to develop meaningful activities and prioritise your learning by communicating with them in advance if you are unable to attend a small group interactive session.

Another dimension of professionalism is having respect for your peers. It is the right of every student to learn in an environment that is free of disruption and distraction. Please arrive to all learning activities on time, and if you are unavoidably detained, please join activity as quietly as possible to minimise disruption. Phones and other electronic devices that produce noise and other distractions must be turned off prior to entering class. Where your own device (e.g., laptop) is being used for class-related activities, you are asked to close down all other applications to avoid distraction to you and others. Please treat your fellow students with the utmost respect. If you are uncomfortable participating in any specific activity, please let the relevant academic know.

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Unit information based on version 2024.05 of the [Handbook](#)