



HLTH108

Introduction to Anatomy

S1 Day 2015

Dept of Chiropractic

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General Information

Unit convenor and teaching staff

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Credit points

3

Prerequisites

Corequisites

Co-badged status

Unit description

This is an introductory unit which presents the basic concepts of anatomical sciences: gross anatomy, histology and embryology. All systems of the human body are introduced and described at the microscopic and macroscopic levels. The unit also focuses on clinical anatomy and surface anatomy. Anatomical models and medical imagery (MRI, X-ray films, CT-scans) are used in the practical sessions and tutorials.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

Adopt and be able to use anatomical terminology: define and understand the anatomical position, anatomical planes, sections and directional terms.

Describe different levels of structural organisation of the human body.

Name and identify the four basic tissues and describe the major characteristics of each.

Describe the major developmental events that occur during the embryonic and fetal periods.

Describe and identify the microscopic and macroscopic anatomy of all systems of the human body and explain their function and integration: Integumentary, Skeletal, Muscular, Cardiovascular,

Lymphatic,Nervous,Endocrine,Respiratory,Digestive,Urinary,Reproductive.

Apply the knowledge of anatomy within the clinical and research contexts and in the interpretation of medical imaging.

Assessment Tasks

Name	Weighting	Due
<u>Quiz</u>	20%	Weeks 2, 4, 6, 8, 10 and 12..
<u>Practical test 1</u>	20%	Week 7
<u>Practical test 2</u>	20%	Week 13
<u>Final Examination</u>	40%	University Examination Period

Quiz

Due: **Weeks 2, 4, 6, 8, 10 and 12..**

Weighting: **20%**

Six on-line quizzes related to selected learning outcomes.

On successful completion you will be able to:

- Adopt and be able to use anatomical terminology: define and understand the anatomical position, anatomical planes, sections and directional terms.
- Describe different levels of structural organisation of the human body.
- Name and identify the four basic tissues and describe the major characteristics of each.
- Describe the major developmental events that occur during the embryonic and fetal periods.
- Describe and identify the microscopic and macroscopic anatomy of all systems of the human body and explain their function and integration: Integumentary, Skeletal, Muscular, Cardiovascular, Lymphatic,Nervous,Endocrine,Respiratory,Digestive,Urinary,Reproductive.
- Apply the knowledge of anatomy within the clinical and research contexts and in the interpretation of medical imaging.

Practical test 1

Due: **Week 7**

Weighting: **20%**

Practical test (related to models and histology slides used during the practicals and tutorials). Test one will cover weeks 1-6.

On successful completion you will be able to:

- Adopt and be able to use anatomical terminology: define and understand the anatomical position, anatomical planes, sections and directional terms.
- Describe different levels of structural organisation of the human body.
- Name and identify the four basic tissues and describe the major characteristics of each.
- Describe the major developmental events that occur during the embryonic and fetal periods.
- Describe and identify the microscopic and macroscopic anatomy of all systems of the human body and explain their function and integration: Integumentary, Skeletal, Muscular, Cardiovascular, Lymphatic, Nervous, Endocrine, Respiratory, Digestive, Urinary, Reproductive.
- Apply the knowledge of anatomy within the clinical and research contexts and in the interpretation of medical imaging.

Practical test 2

Due: **Week 13**

Weighting: **20%**

Practical test (related to models and histology slides used during the practicals and tutorials). Test two will cover weeks 7-13.

On successful completion you will be able to:

- Adopt and be able to use anatomical terminology: define and understand the anatomical position, anatomical planes, sections and directional terms.
- Describe different levels of structural organisation of the human body.
- Name and identify the four basic tissues and describe the major characteristics of each.
- Describe the major developmental events that occur during the embryonic and fetal periods.
- Describe and identify the microscopic and macroscopic anatomy of all systems of the human body and explain their function and integration: Integumentary, Skeletal, Muscular, Cardiovascular, Lymphatic, Nervous, Endocrine, Respiratory, Digestive, Urinary, Reproductive.
- Apply the knowledge of anatomy within the clinical and research contexts and in the interpretation of medical imaging.

Final Examination

Due: **University Examination Period**

Weighting: **40%**

This will cover the content of the entire semester. Questions will include multiple choice questions, short answer questions and short essay questions. The final exam covers weeks 1-13.

On successful completion you will be able to:

- Adopt and be able to use anatomical terminology: define and understand the anatomical position, anatomical planes, sections and directional terms.
- Describe different levels of structural organisation of the human body.
- Name and identify the four basic tissues and describe the major characteristics of each.
- Describe the major developmental events that occur during the embryonic and fetal periods.
- Describe and identify the microscopic and macroscopic anatomy of all systems of the human body and explain their function and integration: Integumentary, Skeletal, Muscular, Cardiovascular, Lymphatic, Nervous, Endocrine, Respiratory, Digestive, Urinary, Reproductive.
- Apply the knowledge of anatomy within the clinical and research contexts and in the interpretation of medical imaging.

Delivery and Resources

Classes

Delivery modes

This unit is characterised by a moderate degree of flexibility. It incorporates a variety of learning tools and media. It will comprise:

1. Three 1-hour lectures per week, weeks 1-13.
2. One 1-hour tutorial per week, weeks 1-13 (except where indicated) in biology laboratories; discussions will be carried; histology slides, anatomy models and flow charts will be used.
3. Two 2-hours laboratory practicals per week 2-13 (except where indicated) in the anatomy laboratories; histology slides and anatomy models will be used.

Students must attend the practical classes (tutorials and lab practicals) in which they enrolled.

They may not exchange their class time. In special circumstances, students may apply (with the appropriate documentation) in writing to the unit convener, for requests regarding changes.

These requests are to be submitted to the scientific officer.

The attendance of practical classes (tutorials and lab practicals). A minimum of 80% attendance at practical classes is required in order to complete this unit.

Required and Recommended Texts and/or Materials

Core:

Tortora GJ and Nielsen MT. 2014. Principles of Human Anatomy. 13th ed. Wiley.

HLTH108 Anatomical Sciences 1 Workbook - available at Co-op Shop bookshop. Macquarie University Printery.

Recommended:

Anatomy and Physiology (on-line, available through the University Library).

More detailed anatomy textbooks:

Drake RL, Vogl AW and Mitchell AWM. 2009. Gray's Anatomy for Students. 2nd ed. Elsevier.

Moore KL and Dalley AF. 2006. Clinically Oriented Anatomy 5th ed. Lippincott Williams & Wilkins.

Atlases:

Abrahams PH, Boon J, and Spratt JD. 2009. McMinn's Clinical Atlas of Human Anatomy. 6th ed. Mosby/Saunders Elsevier.

Rohen JW, Yokochi C and Lütjen-Drecoll E 2006. Color Atlas of Anatomy: A Photographic Study of the Human Body. 6th ed. Lippincott Williams & Wilkins.

Histology:

Young B, Lowe JS, Stevens A, Heath JW. 2007. Wheater's Functional Histology: A Text and Colour Atlas. 5th ed. Elsevier.

Other:

Nielsen M and Miller S. Real Anatomy 1.0. Wiley. (CD)

Albertine KH. 2007. The Anatomy: Student's Self-test Colouring Book. Palgrave Macmillan.

Albertine KH. Anatomy Flash Cards. Palgrave Macmillan.

Changes to this Unit

None.

Unit Schedule

WEEK	LECTURE (Monday)	TUTORIAL (Monday/Tuesday)	LECTURE (Tuesday)	LAB PRAC (Thursday/Friday)
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Unit guide HLTH108 Introduction to Anatomy

1 23 Feb.	Introduction	No tutorials	Cells Basic Tissues 1	Cell biology Epithelium
2 2 March	Basic Tissues 2	Terminology and orientation	Axial skeleton Appendicular skeleton	Bones Connective tissue (Quiz 1)
3 9 March	Embryology	Embryology	Bone Tissue Joints	Joints Bone Tissue
4 16 March	Muscle tissue	Bones and joints	Skeletal muscles	Skeletal muscles Muscle tissue (Quiz 2)
5 23 March	Skin	Bone and muscle tissue	Cardiovascular system	Blood vessels histology and anatomy Heart
6 30 March	Blood	Skin and heart	Lymphatic system	Public holiday (Quiz 3)
MID	SEMESTER	BREAK	FROM 12 APRIL	TO 27 APRIL
7 20 April	Nervous tissue	Blood	Nervous system	Practical Test 1
8 27 April	Nervous system	Nervous system	Endocrine system	Nervous system anatomy and histology (Quiz 4)
9 4 May	Nervous system	Endocrine system	Respiratory system	Respiratory system Anatomy and histology
10 11 May	Digestive system	Respiratory system	Digestive system	Digestive system anatomy and histology (Quiz 5)
11 18 May	Surface anatomy	Digestive system	Urinary system	Urinary system anatomy Digestive system histology

12 25 May	Special senses	Surface anatomy	Reproductive system	Reproductive system anatomy Reproductive and Urinary systems histology (Quiz 6)
13 1 June	Somatic senses and motor control	Special senses	Revision	Practical Test 2

Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central](#). Students should be aware of the following policies in particular with regard to Learning and Teaching:

Academic Honesty Policy http://mq.edu.au/policy/docs/academic_honesty/policy.html

Assessment Policy <http://mq.edu.au/policy/docs/assessment/policy.html>

Grading Policy <http://mq.edu.au/policy/docs/grading/policy.html>

Grade Appeal Policy <http://mq.edu.au/policy/docs/gradeappeal/policy.html>

Grievance Management Policy http://mq.edu.au/policy/docs/grievance_management/policy.html

Disruption to Studies Policy http://www.mq.edu.au/policy/docs/disruption_studies/policy.html *The Disruption to Studies Policy is effective from March 3 2014 and replaces the Special Consideration Policy.*

In addition, a number of other policies can be found in the [Learning and Teaching Category](#) of Policy Central.

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/support/student_conduct/

Results

Results shown in *iLearn*, or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit ask.mq.edu.au.

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to improve your marks and take control of your study.

- [Workshops](#)

- [StudyWise](#)
- [Academic Integrity Module for Students](#)
- [Ask a Learning Adviser](#)

Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

IT Help

For help with University computer systems and technology, visit <http://informatics.mq.edu.au/help/>.

When using the University's IT, you must adhere to the [Acceptable Use Policy](#). The policy applies to all who connect to the MQ network including students.

Graduate Capabilities

Creative and Innovative

Our graduates will also be capable of creative thinking and of creating knowledge. They will be imaginative and open to experience and capable of innovation at work and in the community. We want them to be engaged in applying their critical, creative thinking.

This graduate capability is supported by:

Learning outcome

- Apply the knowledge of anatomy within the clinical and research contexts and in the interpretation of medical imaging.

Assessment tasks

- Quiz
- Practical test 2
- Final Examination

Capable of Professional and Personal Judgement and Initiative

We want our graduates to have emotional intelligence and sound interpersonal skills and to demonstrate discernment and common sense in their professional and personal judgement. They will exercise initiative as needed. They will be capable of risk assessment, and be able to handle ambiguity and complexity, enabling them to be adaptable in diverse and changing environments.

This graduate capability is supported by:

Learning outcome

- Apply the knowledge of anatomy within the clinical and research contexts and in the interpretation of medical imaging.

Assessment tasks

- Quiz
- Practical test 1
- Practical test 2
- Final Examination

Commitment to Continuous Learning

Our graduates will have enquiring minds and a literate curiosity which will lead them to pursue knowledge for its own sake. They will continue to pursue learning in their careers and as they participate in the world. They will be capable of reflecting on their experiences and relationships with others and the environment, learning from them, and growing - personally, professionally and socially.

This graduate capability is supported by:

Learning outcomes

- Adopt and be able to use anatomical terminology: define and understand the anatomical position, anatomical planes, sections and directional terms.
- Describe different levels of structural organisation of the human body.
- Name and identify the four basic tissues and describe the major characteristics of each.
- Describe the major developmental events that occur during the embryonic and fetal periods.
- Describe and identify the microscopic and macroscopic anatomy of all systems of the human body and explain their function and integration: Integumentary, Skeletal, Muscular, Cardiovascular, Lymphatic, Nervous, Endocrine, Respiratory, Digestive, Urinary, Reproductive.

Assessment tasks

- Quiz
- Practical test 1
- Practical test 2
- Final Examination

Discipline Specific Knowledge and Skills

Our graduates will take with them the intellectual development, depth and breadth of knowledge, scholarly understanding, and specific subject content in their chosen fields to make them competent and confident in their subject or profession. They will be able to demonstrate, where relevant, professional technical competence and meet professional standards. They will be able to articulate the structure of knowledge of their discipline, be able to adapt discipline-specific knowledge to novel situations, and be able to contribute from their discipline to inter-disciplinary solutions to problems.

This graduate capability is supported by:

Learning outcomes

- Adopt and be able to use anatomical terminology: define and understand the anatomical position, anatomical planes, sections and directional terms.
- Describe different levels of structural organisation of the human body.
- Name and identify the four basic tissues and describe the major characteristics of each.
- Describe the major developmental events that occur during the embryonic and fetal periods.
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Assessment tasks

- Quiz
- Practical test 1
- Practical test 2
- Final Examination

Critical, Analytical and Integrative Thinking

We want our graduates to be capable of reasoning, questioning and analysing, and to integrate and synthesise learning and knowledge from a range of sources and environments; to be able to critique constraints, assumptions and limitations; to be able to think independently and systemically in relation to scholarly activity, in the workplace, and in the world. We want them to have a level of scientific and information technology literacy.

This graduate capability is supported by:

Learning outcome

- Describe and identify the microscopic and macroscopic anatomy of all systems of the human body and explain their function and integration: Integumentary, Skeletal,

Muscular, Cardiovascular,
Lymphatic, Nervous, Endocrine, Respiratory, Digestive, Urinary, Reproductive.

Assessment tasks

- Quiz
- Practical test 1
- Practical test 2
- Final Examination

Problem Solving and Research Capability

Our graduates should be capable of researching; of analysing, and interpreting and assessing data and information in various forms; of drawing connections across fields of knowledge; and they should be able to relate their knowledge to complex situations at work or in the world, in order to diagnose and solve problems. We want them to have the confidence to take the initiative in doing so, within an awareness of their own limitations.

This graduate capability is supported by:

Learning outcome

- Apply the knowledge of anatomy within the clinical and research contexts and in the interpretation of medical imaging.

Assessment tasks

- Quiz
- Final Examination

Effective Communication

We want to develop in our students the ability to communicate and convey their views in forms effective with different audiences. We want our graduates to take with them the capability to read, listen, question, gather and evaluate information resources in a variety of formats, assess, write clearly, speak effectively, and to use visual communication and communication technologies as appropriate.

This graduate capability is supported by:

Learning outcome

- Adopt and be able to use anatomical terminology: define and understand the anatomical position, anatomical planes, sections and directional terms.

Assessment tasks

- Quiz
- Practical test 1

- Practical test 2
- Final Examination

Engaged and Ethical Local and Global citizens

As local citizens our graduates will be aware of indigenous perspectives and of the nation's historical context. They will be engaged with the challenges of contemporary society and with knowledge and ideas. We want our graduates to have respect for diversity, to be open-minded, sensitive to others and inclusive, and to be open to other cultures and perspectives: they should have a level of cultural literacy. Our graduates should be aware of disadvantage and social justice, and be willing to participate to help create a wiser and better society.

This graduate capability is supported by:

Learning outcome

- Apply the knowledge of anatomy within the clinical and research contexts and in the interpretation of medical imaging.

Assessment tasks

- Quiz
- Final Examination

Socially and Environmentally Active and Responsible

We want our graduates to be aware of and have respect for self and others; to be able to work with others as a leader and a team player; to have a sense of connectedness with others and country; and to have a sense of mutual obligation. Our graduates should be informed and active participants in moving society towards sustainability.

This graduate capability is supported by:

Learning outcome

- Apply the knowledge of anatomy within the clinical and research contexts and in the interpretation of medical imaging.

Assessment tasks

- Quiz
- Practical test 1
- Practical test 2
- Final Examination