



# HLTH109

## Anatomy of Limbs and Back

S2 Day 2015

*Dept of Chiropractic*

### Contents

---

<a href="#"><u>General Information</u></a>	2
<a href="#"><u>Learning Outcomes</u></a>	2
<a href="#"><u>General Assessment Information</u></a>	3
<a href="#"><u>Assessment Tasks</u></a>	4
<a href="#"><u>Delivery and Resources</u></a>	8
<a href="#"><u>Unit Schedule</u></a>	9
<a href="#"><u>Policies and Procedures</u></a>	10
<a href="#"><u>Graduate Capabilities</u></a>	11

---

#### **Disclaimer**

Macquarie University has taken all reasonable measures to ensure the information in this publication is accurate and up-to-date. However, the information may change or become out-dated as a result of change in University policies, procedures or rules. The University reserves the right to make changes to any information in this publication without notice. Users of this publication are advised to check the website version of this publication [or the relevant faculty or department] before acting on any information in this publication.

## General Information

Unit convenor and teaching staff

Other staff

Goran Strkalj

[goran.strkalj@mq.edu.au](mailto:goran.strkalj@mq.edu.au)

Contact via [goran.strkalj@mq.edu.au](mailto:goran.strkalj@mq.edu.au)

Credit points

3

Prerequisites

HLTH108(P)

Corequisites

Co-badged status

Unit description

This unit builds on the basic anatomy taught in HLTH108 Anatomical Sciences 1. It focuses on the anatomy of the upper and lower limbs. The unit utilises an integrated approach within which relevant gross anatomy, histology and embryology, as well as clinical and applied anatomy are incorporated. Reference is made to locomotion, posture and the structural specialisations for chiropractic manipulative and tactile functions of the limbs.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

## Learning Outcomes

On successful completion of this unit, you will be able to:

Describe and identify the structural and functional features of the musculoskeletal components of the limbs and back and their anatomical relations.

Describe and identify the arterial supply, venous and lymphatic drainage of the musculoskeletal components of the limbs and back.

Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.

Identify bony landmarks of the limbs and back and identify major structures on selected

radiographs, CT and MRI images.

Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.

Show an appreciation and respect for those who have bequeathed their bodies to research.

## General Assessment Information

### Examination(s)

The University Examination period in for Second Half Year 2014 is from Monday 17th November to Friday 5th December 2014.

You are expected to present yourself for examination at the time and place designated in the University Examination Timetable. The timetable will be available in Draft form approximately eight weeks before the commencement of the examinations and in Final form approximately four weeks before the commencement of the examinations.

The only exception to not sitting an examination at the designated time is because of documented illness or unavoidable disruption. In these circumstances you may wish to consider applying for *Disruption to Studies*. Information about is available at Policy Central: <http://www.mq.edu.au/policy/>

If a Supplementary Examination is granted as a result of your application, the examination will be scheduled after the conclusion of the official examination period.

You are advised that it is Macquarie University policy not to set early examinations for individuals or groups of students. All students are expected to ensure that they are available until the end of the teaching semester, that is, the final day of the official examination period.

### Grades

Achievement of grades will be based on the following criteria:

**High Distinction (85-100):** provides consistent evidence of deep and critical understanding in relation to the learning outcomes. There is substantial originality and insight in identifying, generating and communicating competing arguments, perspectives or problem solving approaches; critical evaluation of problems, their solutions and their implications; creativity in application.

**Distinction (75-84):** provides evidence of integration and evaluation of critical ideas, principles and theories, distinctive insight and ability in applying relevant skills and concepts in relation to learning outcomes. There is demonstration of frequent originality in defining and analysing issues or problems and providing solutions; and the use of means of communication appropriate to the discipline and the audience.

**Credit (65-74):** provides evidence of learning that goes beyond replication of content knowledge or skills relevant to the learning outcomes. There is demonstration of substantial understanding of fundamental concepts in the field of study and the ability to apply these concepts in a variety

of contexts; plus communication of ideas fluently and clearly in terms of the conventions of the discipline.

**Pass (50-64):** provides sufficient evidence of the achievement of learning outcomes. There is demonstration of understanding and application of fundamental concepts of the field of study; and communication of information and ideas adequately in terms of the conventions of the discipline. The learning attainment is considered satisfactory or adequate or competent or capable in relation to the specified outcomes.

**Fail (<50):** does not provide evidence of attainment of all learning outcomes.

There is missing or partial or superficial or faulty understanding and application of the fundamental concepts in the field of study; and incomplete, confusing or lacking communication of ideas in ways that give little attention to the conventions of the discipline.

## Assessment Tasks

Name	Weighting	Due
<a href="#">Online quiz 1</a>	7%	Week 5
<a href="#">Test 1</a>	13%	Week 5
<a href="#">Online quiz 2</a>	7%	Week 10
<a href="#">Test 2</a>	13%	Week 10
<a href="#">Online quiz 3</a>	7%	Week 13
<a href="#">Test 3</a>	13%	Week 13
<a href="#">Exam</a>	40%	University examination period

### Online quiz 1

Due: **Week 5**

Weighting: **7%**

Online quiz includes practical and theoretical questions related to the anatomy of the upper limb. It also contains questions in applied and clinical anatomy.

On successful completion you will be able to:

- Describe and identify the structural and functional features of the musculoskeletal components of the limbs and back and their anatomical relations.
- Describe and identify the arterial supply, venous and lymphatic drainage of the musculoskeletal components of the limbs and back.
- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the

limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.

- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.

## Test 1

Due: **Week 5**

Weighting: **13%**

Spot test in the anatomy laboratory focusing on the upper limb; utilising cadaveric specimens, bones, x-rays, surface anatomy photographs.

On successful completion you will be able to:

- Describe and identify the structural and functional features of the musculoskeletal components of the limbs and back and their anatomical relations.
- Describe and identify the arterial supply, venous and lymphatic drainage of the musculoskeletal components of the limbs and back.
- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.
- Show an appreciation and respect for those who have bequeathed their bodies to research.

## Online quiz 2

Due: **Week 10**

Weighting: **7%**

Online quiz includes practical and theoretical questions related to the anatomy of the lower limb. It also contains questions in applied and clinical anatomy.

On successful completion you will be able to:

- Describe and identify the structural and functional features of the musculoskeletal

components of the limbs and back and their anatomical relations.

- Describe and identify the arterial supply, venous and lymphatic drainage of the musculoskeletal components of the limbs and back.
- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.

## Test 2

Due: **Week 10**

Weighting: **13%**

Spot test in the anatomy laboratory, focusing on the lower limb; utilising cadaveric specimens, bones, x-rays, surface anatomy photographs.

On successful completion you will be able to:

- Describe and identify the structural and functional features of the musculoskeletal components of the limbs and back and their anatomical relations.
- Describe and identify the arterial supply, venous and lymphatic drainage of the musculoskeletal components of the limbs and back.
- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.
- Show an appreciation and respect for those who have bequeathed their bodies to research.

## Online quiz 3

Due: **Week 13**

Weighting: **7%**

Online quiz includes practical and theoretical questions related to the anatomy of the back. It also contains questions in applied and clinical anatomy.

On successful completion you will be able to:

- Describe and identify the structural and functional features of the musculoskeletal components of the limbs and back and their anatomical relations.
- Describe and identify the arterial supply, venous and lymphatic drainage of the musculoskeletal components of the limbs and back.
- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks of the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.

## Test 3

Due: **Week 13**

Weighting: **13%**

Spot test in the anatomy laboratory, focusing on the back; utilising cadaveric specimens, bones, x-rays, surface anatomy photographs.

On successful completion you will be able to:

- Describe and identify the structural and functional features of the musculoskeletal components of the limbs and back and their anatomical relations.
- Describe and identify the arterial supply, venous and lymphatic drainage of the musculoskeletal components of the limbs and back.
- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks of the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.
- Show an appreciation and respect for those who have bequeathed their bodies to research.

## Exam

Due: **University examination period**

Weighting: **40%**

Theory exam covering the anatomy of the limbs and back. It consist of multiple choice questions, short answer questions and clinical cases.

On successful completion you will be able to:

- Describe and identify the structural an functional features of the musculoskeletal components of the limbs and back and their anatomical relations.
- Describe and identify the arterial supply, venous and lymphatic drainage of the musculoskeletal components of the limbs and back.
- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.

## Delivery and Resources

This unit is characterised by a moderate degree of flexibility. It incorporates a variety of learning tools and media. It will comprise:

1. 3 x 1 hour lectures per week, weeks 1 - 13
2. 1 x 2 hours laboratory session, weeks 1 - 13
3. 1 x 1 hour tutorials per week, weeks 1 - 13

Prescribed textbooks and leraning materials:

- Drake RL & Lowrie (2014) *Gray's Anatomy for Students*.3<sup>rd</sup> ed. Elsevier.

or

- Moore KL, Agur AMR, & Dalley AF. (2013) *Clinically Oriented Anatomy* 7<sup>th</sup> ed. Lippincott Williams & Wilkins. Baltimore.
- HLTH109 Unit Guide – available at Co-op bookshop. Macquarie University Printery.
- Abrahams PH, Boon J & Spratt JD (2009) *McMinn's Clinical Atlas of Human Anatomy*. 6<sup>th</sup> ed. Mosby/Saunder Elsevier.
- Anatomy TV - available through the university library.



## Unit Schedule

WEEK	LECTURE (Monday)	LECTURE (Tuesday)	LAB PRACTICAL (Tuesday)	TUTORIAL (Wednesday/ Friday)
1 27 July	Introduction to unit Overview of the upper limb Shoulder	Shoulder	Introduction to laboratory classes Shoulder	Shoulder
2 3 August	Arm Elbow	Forearm	Arm and elbow	Arm and elbow
3 10 August	Wrist Hand	Vessels and lymphatics of upper limb	Forearm and wrist	Forearm and wrist
4 17 August	Nerves of the upper limb Embryological development of limbs	Revision of upper limb	Hand Vessels and nerves of the upper limb	Vessels and nerves of the upper limb
5 24 August	Overview of the lower limb Pelvis and hip	Gluteal region	Test 1	Test 1 (results and discussion)
6 31 August	Thigh Thigh	Knee	Hip and thigh	Hip and thigh
7 7 September	Leg Leg	Ankle and foot	Knee and leg	Knee and leg
	<b>MID-SEMESTER</b>	<b>BREAK</b>		
8 28 September	Public holiday	Foot	Ankle and foot	Ankle and foot
9 5 October	Nerves of the lower limbs Vessels of the lower limb	Gait and locomotion	Vessels and nerves of the lower limb	Vessels and nerves of the lower limb

10 12 October	Overview of the vertebral column Bones	Ligaments	Test 2	Test 2 (results and discussion)
11 19 October	Muscles of the back	Development of the vertebral column	Bones and ligaments	Bones and ligaments
12 26 November	Trunk wall	Revision	Muscles of the back Trunk wall	Muscles of the back trunk wall
13 30 October	Revision	Revision	Test 3	Test 3 (results and discussion)

## Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central](#). Students should be aware of the following policies in particular with regard to Learning and Teaching:

Academic Honesty Policy [http://mq.edu.au/policy/docs/academic\\_honesty/policy.html](http://mq.edu.au/policy/docs/academic_honesty/policy.html)

Assessment Policy <http://mq.edu.au/policy/docs/assessment/policy.html>

Grading Policy <http://mq.edu.au/policy/docs/grading/policy.html>

Grade Appeal Policy <http://mq.edu.au/policy/docs/gradeappeal/policy.html>

Grievance Management Policy [http://mq.edu.au/policy/docs/grievance\\_management/policy.html](http://mq.edu.au/policy/docs/grievance_management/policy.html)

Disruption to Studies Policy [http://www.mq.edu.au/policy/docs/disruption\\_studies/policy.html](http://www.mq.edu.au/policy/docs/disruption_studies/policy.html) *The Disruption to Studies Policy is effective from March 3 2014 and replaces the Special Consideration Policy.*

In addition, a number of other policies can be found in the [Learning and Teaching Category](#) of Policy Central.

## Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: [https://students.mq.edu.au/support/student\\_conduct/](https://students.mq.edu.au/support/student_conduct/)

## Results

Results shown in *iLearn*, or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit [ask.mq.edu.au](http://ask.mq.edu.au).

## Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

### Learning Skills

Learning Skills ([mq.edu.au/learningskills](http://mq.edu.au/learningskills)) provides academic writing resources and study strategies to improve your marks and take control of your study.

- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module for Students](#)
- [Ask a Learning Adviser](#)

## Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

## Student Enquiries

For all student enquiries, visit Student Connect at [ask.mq.edu.au](http://ask.mq.edu.au)

## IT Help

For help with University computer systems and technology, visit <http://informatics.mq.edu.au/help/>.

When using the University's IT, you must adhere to the [Acceptable Use Policy](#). The policy applies to all who connect to the MQ network including students.

## Graduate Capabilities

### Creative and Innovative

Our graduates will also be capable of creative thinking and of creating knowledge. They will be imaginative and open to experience and capable of innovation at work and in the community. We want them to be engaged in applying their critical, creative thinking.

This graduate capability is supported by:

### Learning outcomes

- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.

- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.
- Show an appreciation and respect for those who have bequeathed their bodies to research.

## **Assessment tasks**

- Online quiz 1
- Online quiz 2
- Online quiz 3
- Exam

## **Capable of Professional and Personal Judgement and Initiative**

We want our graduates to have emotional intelligence and sound interpersonal skills and to demonstrate discernment and common sense in their professional and personal judgement. They will exercise initiative as needed. They will be capable of risk assessment, and be able to handle ambiguity and complexity, enabling them to be adaptable in diverse and changing environments.

This graduate capability is supported by:

## **Learning outcomes**

- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.
- Show an appreciation and respect for those who have bequeathed their bodies to research.

## **Assessment tasks**

- Online quiz 1
- Test 1
- Online quiz 2
- Test 2
- Online quiz 3
- Test 3
- Exam

## Commitment to Continuous Learning

Our graduates will have enquiring minds and a literate curiosity which will lead them to pursue knowledge for its own sake. They will continue to pursue learning in their careers and as they participate in the world. They will be capable of reflecting on their experiences and relationships with others and the environment, learning from them, and growing - personally, professionally and socially.

This graduate capability is supported by:

### Learning outcomes

- Describe and identify the structural and functional features of the musculoskeletal components of the limbs and back and their anatomical relations.
- Describe and identify the arterial supply, venous and lymphatic drainage of the musculoskeletal components of the limbs and back.
- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.

### Assessment tasks

- Online quiz 1
- Test 1
- Online quiz 2
- Test 2
- Online quiz 3
- Test 3
- Exam

## Discipline Specific Knowledge and Skills

Our graduates will take with them the intellectual development, depth and breadth of knowledge, scholarly understanding, and specific subject content in their chosen fields to make them competent and confident in their subject or profession. They will be able to demonstrate, where relevant, professional technical competence and meet professional standards. They will be able to articulate the structure of knowledge of their discipline, be able to adapt discipline-specific knowledge to novel situations, and be able to contribute from their discipline to inter-disciplinary solutions to problems.

This graduate capability is supported by:

## **Learning outcomes**

- Describe and identify the structural and functional features of the musculoskeletal components of the limbs and back and their anatomical relations.
- Describe and identify the arterial supply, venous and lymphatic drainage of the musculoskeletal components of the limbs and back.
- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks of the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.
- Show an appreciation and respect for those who have bequeathed their bodies to research.

## **Assessment tasks**

- Online quiz 1
- Test 1
- Online quiz 2
- Test 2
- Online quiz 3
- Test 3
- Exam

## **Critical, Analytical and Integrative Thinking**

We want our graduates to be capable of reasoning, questioning and analysing, and to integrate and synthesise learning and knowledge from a range of sources and environments; to be able to critique constraints, assumptions and limitations; to be able to think independently and systemically in relation to scholarly activity, in the workplace, and in the world. We want them to have a level of scientific and information technology literacy.

This graduate capability is supported by:

## **Learning outcomes**

- Describe and identify the structural and functional features of the musculoskeletal components of the limbs and back and their anatomical relations.
- Describe and identify the arterial supply, venous and lymphatic drainage of the

musculoskeletal components of the limbs and back.

- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.

## **Assessment tasks**

- Online quiz 1
- Test 1
- Online quiz 2
- Test 2
- Online quiz 3
- Test 3
- Exam

## **Problem Solving and Research Capability**

Our graduates should be capable of researching; of analysing, and interpreting and assessing data and information in various forms; of drawing connections across fields of knowledge; and they should be able to relate their knowledge to complex situations at work or in the world, in order to diagnose and solve problems. We want them to have the confidence to take the initiative in doing so, within an awareness of their own limitations.

This graduate capability is supported by:

## **Learning outcomes**

- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.

## **Assessment tasks**

- Online quiz 1
- Online quiz 2

- Online quiz 3
- Exam

## Effective Communication

We want to develop in our students the ability to communicate and convey their views in forms effective with different audiences. We want our graduates to take with them the capability to read, listen, question, gather and evaluate information resources in a variety of formats, assess, write clearly, speak effectively, and to use visual communication and communication technologies as appropriate.

This graduate capability is supported by:

### Learning outcomes

- Demonstrate, where appropriate, on a living subject: a. musculoskeletal landmarks of the limbs and back b. the route of nerves and blood vessels of the limbs and back c. movements at joints d. muscle actions.
- Identify bony landmarks the limbs and back and identify major structures on selected radiographs, CT and MRI images.
- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.
- Show an appreciation and respect for those who have bequeathed their bodies to research.

### Assessment tasks

- Online quiz 1
- Online quiz 2
- Online quiz 3
- Exam

## Engaged and Ethical Local and Global citizens

As local citizens our graduates will be aware of indigenous perspectives and of the nation's historical context. They will be engaged with the challenges of contemporary society and with knowledge and ideas. We want our graduates to have respect for diversity, to be open-minded, sensitive to others and inclusive, and to be open to other cultures and perspectives: they should have a level of cultural literacy. Our graduates should be aware of disadvantage and social justice, and be willing to participate to help create a wiser and better society.

This graduate capability is supported by:

### Learning outcomes

- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical



case studies.

- Show an appreciation and respect for those who have bequeathed their bodies to research.

## **Assessment tasks**

- Test 1
- Test 2
- Test 3
- Exam

## **Socially and Environmentally Active and Responsible**

We want our graduates to be aware of and have respect for self and others; to be able to work with others as a leader and a team player; to have a sense of connectedness with others and country; and to have a sense of mutual obligation. Our graduates should be informed and active participants in moving society towards sustainability.

This graduate capability is supported by:

## **Learning outcomes**

- Use acquired knowledge of the anatomy of the limbs and back to investigate clinical case studies.
- Show an appreciation and respect for those who have bequeathed their bodies to research.

## **Assessment tasks**

- Test 1
- Test 2
- Test 3
- Exam