



HLTH316

Principles in Health and Disease 2

S1 Day 2016

Dept of Chiropractic

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Disclaimer

Macquarie University has taken all reasonable measures to ensure the information in this publication is accurate and up-to-date. However, the information may change or become out-dated as a result of change in University policies, procedures or rules. The University reserves the right to make changes to any information in this publication without notice. Users of this publication are advised to check the website version of this publication [or the relevant faculty or department] before acting on any information in this publication.

General Information

Unit convenor and teaching staff

Lecturer and Tutor

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Tutor

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Unit Convenor

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C5C-341

Monday 1.30pm-2.30pm (Before or after your Monday Tutorial)

Tutor

Tori Page

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Credit points

3

Prerequisites

39cp including HLTH215

Corequisites

Co-badged status

Unit description

This unit provides students with further opportunity to explore the relationship between health and disease, from both the biological and psychological perspective. The common pathologies of each body system are studied, and their causes, mechanisms and effects are explored. The links between these disease mechanisms and their clinical manifestations is highlighted. By the completion of the unit, students will have a good knowledge of the major diseases of the body, and how they manifest in the patient. By studying a large number of human disease states, students will deepen their understanding of the complex relationship between ourselves and our environment.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

Name the range of pathologies that can occur in each of the following systems:

Cardiovascular, Respiratory, Lymphatic, Haematopoietic, Endocrine, Immune, Digestive, Urinary and Reproductive.

Name and define the common symptoms and signs that are associated with diseases of the body systems named above.

Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.

For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.

Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.

Explain the pathophysiological processes which can alter an individual's health status.

Explain the multifactorial nature in the development of disease states.

Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

General Assessment Information

ASSESSMENT IN THIS UNIT

Task	Weight	Due Date	Linked Learning Outcomes
1. On-line Quiz x 5	10%	Ongoing. Wks 4, 6, 8, 10 & 12.	1-8

2. Assignment	20%	8th April (Friday before Mid-Sem break)	4, 8
3. Mid-Semester examination	20%	28th April 8am (First lecture after Mid-Sem break)	1-8
4. Final examination	50%	University Exam Period	1-8

Assessment Tasks Description

In-class tests

The on-line quizzes will be made available for a 48 hour window at the end of the week, during weeks 4, 6, 8, 10 & 12. Each quiz will be of 10 minutes duration, and cover material that has been delivered in lectures and/or tutorials.

Assignment

See iLearn for details.

Requirements for your assignment:

- a) It must be done individually
- b) It must be fully referenced, with a minimum of 10 peer-reviewed journal articles or textbooks.
- c) As a rough guideline, a length of approximately 1,500 words is expected.
- d) The assignment needs to be submitted by midnight on the due date, electronically via Turnitin. A hard copy is NOT required.

Final examination

This will cover the content of the entire semester. Questions will include multiple choice and short answer questions. A minimum of 50% in the examination is required to satisfy the requirements of the unit. If a student earns less than 50% in the final exam then they will fail the unit.

Attendance Requirements

A minimum 80% attendance is required at tutorials.

Examination(s)

The University Examination period in for First Half Year 2016 is from Tuesday 14th June to Friday 1st July.

You are expected to present yourself for examination at the time and place designated in the University Examination Timetable. The timetable will be available in Draft form approximately eight weeks before the commencement of the examinations and in Final form approximately four weeks before the commencement of the examinations. <https://iexams.mq.edu.au/timetable>

The only exception to not sitting an examination at the designated time is because of documented illness or unavoidable disruption. In these circumstances you may wish to submit a 'Notification of disruption to studies'. Information about unavoidable disruption and the notification

process is available at **Policy Central**: <http://www.mq.edu.au/policy/>

If a Supplementary Examination is granted as a result of the 'Notification of disruption to studies' the examination will be scheduled after the conclusion of the official examination period. Supplementary examination dates will not be negotiated. If you are granted a supplementary examination you must ensure that you are available for the exam. The university cannot accommodate holidays you may have booked.

You are advised that it is Macquarie University policy not to set early examinations for individuals or groups of students. All students are expected to ensure that they are available until the end of the teaching semester, that is, the final day of the official examination period.

Extensions and penalties

Extensions to assignments is at the discretion of the unit convenor. It is the responsibility of the student to prove to the convenor that there has been unavoidable disruption. Please submit a 'Notification of disruption to studies' and request an extension. The online form will ask you to provide evidence of the disruption.

Marks will be deducted for late submissions in the absence of an approved extension. Marks will be deducted at the rate of 10% of the available marks per day.

Returning Assessment Tasks

1. On-line quizzes: The quiz marks will be released on-line once the quiz closes. The tutors will discuss the correct responses during the following class.
2. Assignment: This will be returned within 3 weeks of submission (only for on-time assignments BEFORE the mid-semester break. General feedback will be given during class time.
3. Examination: Papers will not be returned. Marks will be incorporated into the final unit grade.

Assessment Tasks

Name	Weighting	Due
Online Quizzes	10%	Ongoing
Assignment	20%	8th April 2016
Mid-semester examination	20%	28th April 2016 8am
Final examination	50%	University examination period

Online Quizzes

Due: **Ongoing**

Weighting: **10%**

The online quizzes will be made available for a 48 hour window at the end of the week, during weeks 4, 6, 8, 10 & 12. Each quiz will be of 10 minutes duration, and cover material that has been delivered in lectures and/or tutorials.

On successful completion you will be able to:

- Name the range of pathologies that can occur in each of the following systems: Cardiovascular, Respiratory, Lymphatic, Haematopoietic, Endocrine, Immune, Digestive, Urinary and Reproductive.
- Name and define the common symptoms and signs that are associated with diseases of the body systems named above.
- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

Assignment

Due: **8th April 2016**

Weighting: **20%**

A mark of 50% is needed to satisfy the requirements of the unit. Students who do not achieve this mark will be required to resubmit their assignment.

On successful completion you will be able to:

- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

Mid-semester examination

Due: **28th April 2016 8am**

Weighting: **20%**

This will cover the content of the first half of the semester, Weeks 1-6. Questions will be in short answer format. The Mid-semester examination will be conducted in Week 7 at the start of the lecture on Thursday 28th April at 8am.

On successful completion you will be able to:

- Name the range of pathologies that can occur in each of the following systems: Cardiovascular, Respiratory, Lymphatic, Haematopoietic, Endocrine, Immune, Digestive, Urinary and Reproductive.
- Name and define the common symptoms and signs that are associated with diseases of the body systems named above.
- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

Final examination

Due: **University examination period**

Weighting: **50%**

This will cover the content of the entire semester. Questions will include Multiple choice and short answer questions. A minimum of 50% in the examination is required to satisfy the requirements of the unit.

On successful completion you will be able to:

- Name the range of pathologies that can occur in each of the following systems: Cardiovascular, Respiratory, Lymphatic, Haematopoietic, Endocrine, Immune, Digestive, Urinary and Reproductive.
- Name and define the common symptoms and signs that are associated with diseases of

the body systems named above.

- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

Delivery and Resources

Classes

Delivery mode

It will comprise:

1. A 2 hour lecture per week, weeks 1-13
2. A 2 hour tutorial per week, weeks 2-13
3. 4-5 hours per week self instructional learning, set readings from the text and exercises on lecture topics

Required and Recommended Texts and/or Materials

Core:

1. Unit workbook for HLTH316,
2. J Craft et al. (2011) Understanding Pathophysiology, Mosby OR K L McCance & S E Heuther. (2010) Pathophysiology. The Biological Basis for Disease in Adults and Children. Mosby

Highly recommended: A medical dictionary (This will be useful for all health science units)

Technology Used and Required

Unit web page:

The URL of the HLTH316 iLearn site is: <https://ilearn.mq.edu.au/>

You will be asked for a username and password. Your username is your student MQID. Your MQID and password have been mailed to you by the University. If you have lost them go to the student portal: <http://students.mq.edu.au/home/>

Recommended web sites:

See ilearn

Changes made since last offering

The mid-semester examination has been added since last offering. The mid-semester examination gives students exposure to the style of short-answer questions that are used in the final exam.

Unit Schedule

Week	Date (week commencing)	Topic	Assessment
1	29th February	Lecture 1 Introduction to course Disorders of the Cardiovascular System 1	
2	7th March	Tutorial 1 Disorders of the Cardiovascular System 1 <hr/> Lecture 2 Disorders of the Cardiovascular System 2	
3	14th March	Tutorial 2 Disorders of the Cardiovascular System 2 <hr/> Lecture 3 Disorders of the Lymphoid and Haematopoietic System 1	
4	21st March	Tutorial 3 Disorders of the Lymphoid and Haematopoietic System 1 <hr/> Lecture 4 Disorders of the Lymphoid and Haematopoietic System 2	Online quiz 1 (Cardiovascular system disorders) (2%)

5	28th March	<p>Tutorial 4</p> <p>Disorders of the Lymphoid and Haematopoietic System 2</p> <hr/> <p>Lecture 5</p> <p>Disorders of the Endocrine System 1</p>	
6	4th April	<p>Tutorial 5</p> <p>Disorders of the Endocrine System 1</p> <hr/> <p>Lecture 6</p> <p>Disorders of the Endocrine System 2</p>	<p>Online quiz 2 (Lymphoid and Haematopoietic System disorders) (2%)</p> <p>Assignment (20%) Due Friday 8th April by midnight - Through iLearn - turnitin</p>
		RECESS 11th April - 22nd April	
7	25th April	<p>Tutorial 6</p> <p>Disorders of the Endocrine System 2</p> <hr/> <p>Lecture 7</p> <p>Disorders of the Digestive System 1</p>	<p>Monday 25th April - Public Holiday - ANZAC day</p> <p>Monday tutorial students please attend a Wednesday tutorial</p> <p>Mid-semester examination (20%) - Thursday 28th April in the lecture theatre W5A T1 at 8am, The content that will be in the exam is everything in Weeks 1-6 (Everything before the break)</p>
8	2nd May	<p>Tutorial 7</p> <p>Disorders of the Digestive System 1</p> <hr/> <p>Lecture 8</p> <p>Disorders of the Digestive System 2</p>	<p>Online quiz 3 (Endocrine disorders) (2%)</p>
9	9th May	<p>Tutorial 8</p> <p>Disorders of the Digestive System 2</p> <hr/> <p>Lecture 9</p> <p>Disorders of the Digestive System 3</p>	
10	16th May	<p>Tutorial 9</p> <p>Disorders of the Digestive System 3</p> <hr/> <p>Lecture 10</p> <p>Disorders of the Respiratory System 1</p>	<p>Online quiz 4 (Digestive system disorders) (2%)</p>

11	23rd May	Tutorial 10 Disorders of the Respiratory System 1 <hr/> Lecture 11 Disorders of the Respiratory System 2	
12	30th May	Tutorial 11 Disorders of the Respiratory System 2 <hr/> Lecture 12 Disorders of the Urinary and Reproductive Systems	Online quiz 5 (Respiratory system disorders) (2%)
13	6th June	Tutorial 12 Disorders of the Urinary and Reproductive Systems <hr/> Lecture 13 Disorders of the Female Reproductive System Revision	
Examination period		14th June - 1st July	Final examination (50%)

Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central](#). Students should be aware of the following policies in particular with regard to Learning and Teaching:

Academic Honesty Policy http://mq.edu.au/policy/docs/academic_honesty/policy.html

New Assessment Policy in effect from Session 2 2016 http://mq.edu.au/policy/docs/assessment/policy_2016.html. For more information visit http://students.mq.edu.au/events/2016/07/19/new_assessment_policy_in_place_from_session_2/

Assessment Policy prior to Session 2 2016 <http://mq.edu.au/policy/docs/assessment/policy.html>

Grading Policy prior to Session 2 2016 <http://mq.edu.au/policy/docs/grading/policy.html>

Grade Appeal Policy <http://mq.edu.au/policy/docs/gradeappeal/policy.html>

Complaint Management Procedure for Students and Members of the Public http://www.mq.edu.au/policy/docs/complaint_management/procedure.html

Disruption to Studies Policy http://www.mq.edu.au/policy/docs/disruption_studies/policy.html *The*

Disruption to Studies Policy is effective from March 3 2014 and replaces the Special Consideration Policy.

In addition, a number of other policies can be found in the [Learning and Teaching Category](#) of Policy Central.

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/support/student_conduct/

Results

Results shown in *iLearn*, or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit ask.mq.edu.au.

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to improve your marks and take control of your study.

- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module for Students](#)
- [Ask a Learning Adviser](#)

Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.

Graduate Capabilities

Discipline Specific Knowledge and Skills

Our graduates will take with them the intellectual development, depth and breadth of knowledge, scholarly understanding, and specific subject content in their chosen fields to make them competent and confident in their subject or profession. They will be able to demonstrate, where relevant, professional technical competence and meet professional standards. They will be able to articulate the structure of knowledge of their discipline, be able to adapt discipline-specific knowledge to novel situations, and be able to contribute from their discipline to inter-disciplinary solutions to problems.

This graduate capability is supported by:

Learning outcomes

- Name the range of pathologies that can occur in each of the following systems: Cardiovascular, Respiratory, Lymphatic, Haematopoietic, Endocrine, Immune, Digestive, Urinary and Reproductive.
- Name and define the common symptoms and signs that are associated with diseases of the body systems named above.
- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

Assessment tasks

- Online Quizzes
- Assignment
- Mid-semester examination
- Final examination

Critical, Analytical and Integrative Thinking

We want our graduates to be capable of reasoning, questioning and analysing, and to integrate and synthesise learning and knowledge from a range of sources and environments; to be able to

critique constraints, assumptions and limitations; to be able to think independently and systemically in relation to scholarly activity, in the workplace, and in the world. We want them to have a level of scientific and information technology literacy.

This graduate capability is supported by:

Learning outcomes

- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

Assessment tasks

- Online Quizzes
- Assignment
- Mid-semester examination
- Final examination

Problem Solving and Research Capability

Our graduates should be capable of researching; of analysing, and interpreting and assessing data and information in various forms; of drawing connections across fields of knowledge; and they should be able to relate their knowledge to complex situations at work or in the world, in order to diagnose and solve problems. We want them to have the confidence to take the initiative in doing so, within an awareness of their own limitations.

This graduate capability is supported by:

Learning outcomes

- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop

the likely mode of progression of the diseases studied in this unit.

Assessment tasks

- Online Quizzes
- Assignment
- Mid-semester examination
- Final examination

Effective Communication

We want to develop in our students the ability to communicate and convey their views in forms effective with different audiences. We want our graduates to take with them the capability to read, listen, question, gather and evaluate information resources in a variety of formats, assess, write clearly, speak effectively, and to use visual communication and communication technologies as appropriate.

This graduate capability is supported by:

Learning outcomes

- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

Assessment tasks

- Online Quizzes
- Assignment
- Mid-semester examination
- Final examination

Disruption to Studies

Disruption to Studies Notification

Serious and unavoidable disruption: The University classifies a disruption as **serious and unavoidable** if it:

- could not have reasonably been anticipated, avoided or guarded against by the student; and
- was beyond the student's control; and
- caused substantial disruption to the student's capacity for effective study and/or completion of required work; and
- occurred during an event critical study period and was at least three (3) consecutive days duration, and/or
- prevented completion of a final examination.

Students with a pre-existing disability/health condition or prolonged adverse circumstances may be eligible for ongoing assistance and support. Such support is governed by other policies and may be sought and coordinated through [Campus Wellbeing and Support Services](#).

If a supplementary examination is granted as a result of the disruption to studies process the examination will be scheduled after the conclusion of the official examination period.

If you are granted a supplementary exam via the Disruption to Studies process, you will have to write a supplementary exam in the supplementary exam period. In this scenario, only your supplementary exam mark will count towards your final exam mark, irrespective of whether or not you attended the final exam in the normal examination period. The submission of a Disruption to Studies form should not be used as a 'just in case' strategy.

You are advised that it is Macquarie University policy not to set early examinations for individuals or groups of students. You are expected to ensure that you are available until the end of the teaching semester that is the final day of the official examination period.

Grading

Achievement of grades will be based on the following criteria:

Grade	
High Distinction (85-100)	A minimum of 60% achievement in the class tests, a minimum of 60% achievement in the examination, PLUS a minimum 85% total raw mark
Distinction (75-84)	A minimum of 60% achievement in the class tests, a minimum of 60% achievement in the examination, PLUS a minimum 75% total raw mark
Credit (65-74)	A minimum of 50% achievement in the class tests, a minimum of 50% achievement in the examination, PLUS a minimum 65% total raw mark

Pass (50-64)	A minimum of 50% achievement in the class tests, a minimum of 50% achievement in the examination, PLUS a minimum 50% total raw mark
Fail (< 50)	Less than 50% achievement in the examination, or less than 50% total raw mark.

NOTE: Raw mark vs SNG

"The Standard Numerical Grade (SNG) is the number that is associated with the grade (high distinction, distinction, credit and so on) that a student is awarded. It is called a grade as it does not represent the raw marks, it reflects where within the grading structure the student sits."

<http://www.mq.edu.au/glossary/term/StandardisedNumericalGrade>

It is NOT necessarily the same as your RAW mark, which represents the total of your marks for each assessment task.

High Distinction: provides consistent evidence of deep and critical understanding in relation to the learning outcomes. There is substantial originality and insight in identifying, generating and communicating competing arguments, perspectives or problem solving approaches; critical evaluation of problems, their solutions and their implications; creativity in application.

Distinction: provides evidence of integration and evaluation of critical ideas, principles and theories, distinctive insight and ability in applying relevant skills and concepts in relation to learning outcomes. There is demonstration of frequent originality in defining and analysing issues or problems and providing solutions; and the use of means of communication appropriate to the discipline and the audience.

Credit: provides evidence of learning that goes beyond replication of content knowledge or skills relevant to the learning outcomes. There is demonstration of substantial understanding of fundamental concepts in the field of study and the ability to apply these concepts in a variety of contexts; plus communication of ideas fluently and clearly in terms of the conventions of the discipline.

Pass: provides sufficient evidence of the achievement of learning outcomes. There is demonstration of understanding and application of fundamental concepts of the field of study; and communication of information and ideas adequately in terms of the conventions of the discipline. The learning attainment is considered satisfactory or adequate or competent or capable in relation to the specified outcomes.

Fail: does not provide evidence of attainment of all learning outcomes.

There is missing or partial or superficial or faulty understanding and application of the fundamental concepts in the field of study; and incomplete, confusing or lacking communication of ideas in ways that give little attention to the conventions of the discipline.

Changes since First Published

Date	Description
03/03/2016	Fixed some dates that I had wrong
26/02/2016	Added Tori Page to Staff