

# HLTH201 Clinical Epidemiology and Biostatistics for Health Sciences

S2 Day 2017

Dept of Chiropractic

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#### Disclaimer

Macquarie University has taken all reasonable measures to ensure the information in this publication is accurate and up-to-date. However, the information may change or become out-dated as a result of change in University policies, procedures or rules. The University reserves the right to make changes to any information in this publication without notice. Users of this publication are advised to check the website version of this publication [or the relevant faculty or department] before acting on any information in this publication.

## **General Information**

Unit convenor and teaching staff Unit Convenor Subramanyam Vemulpad subramanyam.vemulpad@mq.edu.au Contact via subramanyam.vemulpad@mq.edu.au C5C West 351 Tuesday 10 am -12 noon

Lecturer Kenneth Beath ken.beath@mg.edu.au

Contact via ken.beath@mq.edu.au 6.34 12 Wally's Walk by appointment

Credit points

3

Prerequisites (12cp at 100 level or above) and admission to BChiroSc

Corequisites

Co-badged status

Unit description

An introductory unit on the principles of evidence based health practice. This unit covers a range of issues in research including: subjectivity and objectivity, different research strategies, evaluation and interpretation of data and ethical issues. Concepts of efficacy, effectiveness, clinical and statistical significance and critical appraisal of published work are introduced.

### Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <a href="https://www.mq.edu.au/study/calendar-of-dates">https://www.mq.edu.au/study/calendar-of-dates</a>

# **Learning Outcomes**

On successful completion of this unit, you will be able to:

Explain the role of research and scientific enquiry in health sciences

Compare relative merits of different levels of 'evidence'

Explain the importance of evidence based health care

Critically appraise available information including published work related to health sciences

Explain ethics, confidentiality, conflict of interest and related issues in the context of research and clinical practice

Use spread sheets and a software such as Minitab for basic statistical analyses of data Interpret basic epidemiological and statistical terms such as confidence intervals, effectiveness, efficacy, error, incidence, mean, median, mode, prevalence, probability, reproducibility, risk, sample size, sampling, standard deviation, sensitivity, significance, specificity and validity

Demonstrate skills for self-directed learning and inquiry

# **General Assessment Information**

#### 1. Assignment

Specific details of the Assignment will be provided in your first practical class. The assignment must be submitted by the due date.

**Extension to due date** may be granted under extenuating circumstances. Application for extensions must be made under the disruption to studies policy

(http://students.mq.edu.au/student\_admin/exams/disruption\_to\_studies/), applied for through ww w.ask.mq.edu.au within 5 days of the disruption and prior to the submission date of the assignment. Resubmission of assignments will not be considered under usual circumstances. Late submissions without this approval will incur a penalty of 10% of the score for each day of delay. Submissions later than a week after the deadline will not be marked.

#### 2. Practicals

The practical exercises will be marked each week. The final mark for Practical component will be calculated using marks from all practicals.

#### 3. Examination

The University Examination period for Second Half Year 2017 is from 13 Nov.

You are advised that it is Macquarie University policy not to set early examinations for individuals or groups of students. You are expected to ensure that you are available until the end of the teaching semester that is the final day of the official examination period.

The raw marks resulting from assessment of your work will be used as an initial indicator of the quality of your learning and understanding. Note that the mark ranges mentioned for different grades in the Macquarie University Undergraduate Handbook are not the raw marks. To obtain a grade you must satisfy the qualitative definition of that grade. Once your grade has been determined, you are allocated a mark in the appropriate range indicating your approximate position amongst students assigned that grade.

You are expected to present yourself for examination at the time and place designated in the University Examination Timetable. The timetable will be available in draft form approximately eight weeks before the commencement of the examinations and in final form approximately four weeks before the commencement of the examinations. http://www.timetables.mq.edu.au/exam

The only exception to not sitting an examination at the designated time is because of documented illness or unavoidable disruption. In these circumstances you may wish to consider applying for disruption to studies. Information about the disruption to studies process is available at

#### http://students.mq.edu.au/student\_admin/exams/disruption\_to\_studies/

In particular, pay attention to the following information on the Disruption to Studies:

The <u>disruption to studies policy</u> applies only to serious and unavoidable disruptions that arise after a study period has commenced.

Serious and unavoidable disruption: The University classifies a disruption as serious and unavoidable if it:

- could not have reasonably been anticipated, avoided or guarded against by the student; and
- was beyond the student's control; and
- caused substantial disruption to the student's capacity for effective study and/or completion of required work; and
- occurred during an event critical study period and was at least three (3) consecutive days duration, and/or
- prevented completion of a final examination.

Students with a pre-existing disability/health condition or prolonged adverse circumstances may be eligible for ongoing assistance and support. Such support is governed by other policies and may be sought and coordinated through Campus Wellbeing and Support Services.

Supplementary examination: If you are granted a supplementary exam via the Disruption to Studies process, you will have to write a supplementary exam in the supplementary exam period. The supplementary exam may be in a different format to the original exam (for e.g. oral examination) and you will be notified of this when you are granted a supplementary exam. Only your supplementary exam mark will be counted towards your final exam mark.

If you apply for Disruption to Study for your final examination, you <u>must</u> make yourself available for the Supplementary Examination period, as advised by the Faculty. If you are not available at that time, there is no guarantee an additional examination time will be offered. Specific examination dates and times will be determined at a later date.

# Assessment Tasks

Name	Weighting	Hurdle	Due
Practical work	20%	No	Weekly
Assignment 1	20%	No	14 Sep (9 am)
Final Examination	60%	No	University Exam period

### Practical work

#### Due: Weekly

#### Weighting: 20%

Exercises based on Practical sessions. These will be short answer questions based on that week's practical content, to be completed in practical class.

On successful completion you will be able to:

- · Explain the role of research and scientific enquiry in health sciences
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- · Explain the importance of evidence based health care
- Critically appraise available information including published work related to health sciences
- Explain ethics, confidentiality, conflict of interest and related issues in the context of research and clinical practice
- Use spread sheets and a software such as Minitab for basic statistical analyses of data
- Interpret basic epidemiological and statistical terms such as confidence intervals, effectiveness, efficacy, error, incidence, mean, median, mode, prevalence, probability, reproducibility, risk, sample size, sampling, standard deviation, sensitivity, significance, specificity and validity
- · Demonstrate skills for self-directed learning and inquiry

# Assignment 1

#### Due: 14 Sep (9 am) Weighting: 20%

Assignment would include data analysis and interpretaion as well as critical appraisal of published articles.

On successful completion you will be able to:

- Explain the role of research and scientific enquiry in health sciences
- · Compare relative merits of different levels of 'evidence'
- · Explain the importance of evidence based health care
- Critically appraise available information including published work related to health sciences
- Explain ethics, confidentiality, conflict of interest and related issues in the context of research and clinical practice
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- Demonstrate skills for self-directed learning and inquiry

## **Final Examination**

#### Due: University Exam period Weighting: 60%

This will be a 2 hour written examination with questions (MCQ, true/false, filling in the blank and short answers) related to all lecture and practical material.

On successful completion you will be able to:

- Explain the role of research and scientific enquiry in health sciences
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- Explain the importance of evidence based health care
- Critically appraise available information including published work related to health sciences
- Explain ethics, confidentiality, conflict of interest and related issues in the context of research and clinical practice
- Interpret basic epidemiological and statistical terms such as confidence intervals, effectiveness, efficacy, error, incidence, mean, median, mode, prevalence, probability, reproducibility, risk, sample size, sampling, standard deviation, sensitivity, significance, specificity and validity
- Demonstrate skills for self-directed learning and inquiry

# **Delivery and Resources**

**Delivery mode** 

1. 2 hour lectures per week, weeks 1-13. iLectures are available for this unit.

2. Eleven x2 hour practicals per student, starting from week 2.

3. Four to five hours per week self-instructional learning, readings from the text and exercises on lecture topics

#### **Class times and locations**

Lecture times: 2 hrs each week starting from 31 July.

Monday 10-12 AM; E7BT4

*Practicals* : 2 hrs each week, starting week 2 of the semester (7 Aug). All prac classes will be in E4B306.

You are advised to bring a USB memory stick for practical classes. Practical group allocations will be finalized in Week 1. Students allocated to one group cannot turn up for practicals meant for another group without prior approval from the Unit convenor.

# Participation in practicals is compulsory. Attendance at lectures is strongly recommended.

#### **Required and recommended resources**

#### Recommended texts

An introduction to medical statistics by Martin Bland (4th edition, 2015; earlier editions should be fine)

Statistics at square one / T.D.V. Swinscow and M.J. Campbell. 10th ed., London : BMJ Books, 2002 (In addition to library copy, this book is available on line *via* http://www.bmj.com/thebmj)

Hoffmann et al. Evidence-Based Practice Across the Health Professions. 2 Edn. ISBN: 9780729541350, Elsevier Australia.

Minichiello et al. Research Methods for nursing and health science. 2 Edn; ISBN: 9781740095969; Pearson Education Australia.

#### Further reading

Straus, S.E et al. 2005. Evidence Based Medicine; 4 Edn; Churchill Livingstone

#### Useful web-resources:

http://www.mq.edu.au/library (Macquarie University library site; list and links to many databases and Journals)

http://www.cochrane.org (Cochrane Collaboration, the most reliable source of evidence in health care)

http://www.pedro.org.au/ (Physiotherapy Evidence Database)

Unit web page

The URL of the HLTH201 iLearn site is: https://ilearn.mq.edu.au/

You will be asked for a username and password. Your username is your student MQID. Your MQID and password have been mailed to you by the University. If you have lost them go to the student portal: http://students.mq.edu.au/home/

# **Unit Schedule**

HLTH 201 List of topics by week

#### The topic titles are given as a guide only.

Week	Date (Lecture)	Lecture Topic	Prac Class
1	31 Jul	Unit overview, importance of research and biostatistics; summarising and graphing categorical data	No
2	7 Aug	Graphing Continuous Data; populations and samples	Yes
3	14 Aug	Confidence Intervals	Yes
4	21 Aug	Research Planning and Research Designs I - Observational studies*	Yes
5	28 Aug	Research Designs II - Trial design*	Yes
6	4 Sep	Systematic reviews*	Yes
7	11 Sep	Hypothesis Testing - one and two groups	Yes
Break	18 Sep - 1 Oct		
8	2 Oct	Public Holiday	No
9	9 Oct	Hypothesis Testing - regression	Yes
10	16 Oct	Hypothesis Testing - association	Yes
11	23 Oct	Research in Clinical Practice (outcome measures): Dr Roger Engel	Yes

12	30 Oct	Ethics, Conflict of Interest and Confidentiality in Health Research: Chris Burrell	Yes
13	6 Nov	Revision if required	Yes

Weeks 1, 2, 3, 7, 9 and 10: Dr Ken Beath; Other weeks: as noted; \*To be advised

Participation in practicals is compulsory. Attendance at lectures is strongly recommended.

# **Policies and Procedures**

Macquarie University policies and procedures are accessible from <u>Policy Central</u>. Students should be aware of the following policies in particular with regard to Learning and Teaching:

Academic Honesty Policy http://mq.edu.au/policy/docs/academic\_honesty/policy.html

Assessment Policy http://mq.edu.au/policy/docs/assessment/policy\_2016.html

Grade Appeal Policy http://mq.edu.au/policy/docs/gradeappeal/policy.html

Complaint Management Procedure for Students and Members of the Public <u>http://www.mq.edu.a</u> u/policy/docs/complaint\_management/procedure.html

Disruption to Studies Policy (in effect until Dec 4th, 2017): <u>http://www.mq.edu.au/policy/docs/disr</u>uption\_studies/policy.html

Special Consideration Policy (in effect from Dec 4th, 2017): <u>https://staff.mq.edu.au/work/strategy-</u>planning-and-governance/university-policies-and-procedures/policies/special-consideration

In addition, a number of other policies can be found in the <u>Learning and Teaching Category</u> of Policy Central.

### **Student Code of Conduct**

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/support/student\_conduct/

### Results

Results shown in *iLearn*, or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in <u>eStudent</u>. For more information visit <u>ask.m</u> <u>q.edu.au</u>.

### Student Support

Macquarie University provides a range of support services for students. For details, visit <u>http://stu</u> dents.mq.edu.au/support/

### Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study

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strategies to improve your marks and take control of your study.

- Workshops
- StudyWise
- Academic Integrity Module for Students
- Ask a Learning Adviser

# Student Services and Support

Students with a disability are encouraged to contact the **Disability Service** who can provide appropriate help with any issues that arise during their studies.

### **Student Enquiries**

For all student enquiries, visit Student Connect at ask.mq.edu.au

# IT Help

For help with University computer systems and technology, visit <u>http://www.mq.edu.au/about\_us/</u>offices\_and\_units/information\_technology/help/.

When using the University's IT, you must adhere to the <u>Acceptable Use of IT Resources Policy</u>. The policy applies to all who connect to the MQ network including students.

# **Graduate Capabilities**

### Creative and Innovative

Our graduates will also be capable of creative thinking and of creating knowledge. They will be imaginative and open to experience and capable of innovation at work and in the community. We want them to be engaged in applying their critical, creative thinking.

This graduate capability is supported by:

#### Learning outcome

· Explain the importance of evidence based health care

#### **Assessment tasks**

- Practical work
- Assignment 1
- Final Examination

### Capable of Professional and Personal Judgement and Initiative

We want our graduates to have emotional intelligence and sound interpersonal skills and to demonstrate discernment and common sense in their professional and personal judgement. They will exercise initiative as needed. They will be capable of risk assessment, and be able to handle ambiguity and complexity, enabling them to be adaptable in diverse and changing

environments.

This graduate capability is supported by:

#### Learning outcomes

- Explain the role of research and scientific enquiry in health sciences
- · Compare relative merits of different levels of 'evidence'
- · Explain the importance of evidence based health care
- Critically appraise available information including published work related to health sciences
- Explain ethics, confidentiality, conflict of interest and related issues in the context of research and clinical practice
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- · Demonstrate skills for self-directed learning and inquiry

### Assessment tasks

- Practical work
- Assignment 1
- Final Examination

### Commitment to Continuous Learning

Our graduates will have enquiring minds and a literate curiosity which will lead them to pursue knowledge for its own sake. They will continue to pursue learning in their careers and as they participate in the world. They will be capable of reflecting on their experiences and relationships with others and the environment, learning from them, and growing - personally, professionally and socially.

This graduate capability is supported by:

#### Learning outcomes

- · Explain the role of research and scientific enquiry in health sciences
- · Explain the importance of evidence based health care
- Use spread sheets and a software such as Minitab for basic statistical analyses of data
- Interpret basic epidemiological and statistical terms such as confidence intervals, effectiveness, efficacy, error, incidence, mean, median, mode, prevalence, probability, reproducibility, risk, sample size, sampling, standard deviation, sensitivity, significance,

specificity and validity

· Demonstrate skills for self-directed learning and inquiry

### Assessment tasks

- Practical work
- Assignment 1
- Final Examination

# Discipline Specific Knowledge and Skills

Our graduates will take with them the intellectual development, depth and breadth of knowledge, scholarly understanding, and specific subject content in their chosen fields to make them competent and confident in their subject or profession. They will be able to demonstrate, where relevant, professional technical competence and meet professional standards. They will be able to articulate the structure of knowledge of their discipline, be able to adapt discipline-specific knowledge to novel situations, and be able to contribute from their discipline to inter-disciplinary solutions to problems.

This graduate capability is supported by:

### Learning outcomes

- Explain the role of research and scientific enquiry in health sciences
- · Compare relative merits of different levels of 'evidence'
- · Explain the importance of evidence based health care
- Critically appraise available information including published work related to health sciences
- Explain ethics, confidentiality, conflict of interest and related issues in the context of research and clinical practice
- Use spread sheets and a software such as Minitab for basic statistical analyses of data
- Interpret basic epidemiological and statistical terms such as confidence intervals, effectiveness, efficacy, error, incidence, mean, median, mode, prevalence, probability, reproducibility, risk, sample size, sampling, standard deviation, sensitivity, significance, specificity and validity

### **Assessment tasks**

- Practical work
- Assignment 1
- Final Examination

# Critical, Analytical and Integrative Thinking

We want our graduates to be capable of reasoning, questioning and analysing, and to integrate

and synthesise learning and knowledge from a range of sources and environments; to be able to critique constraints, assumptions and limitations; to be able to think independently and systemically in relation to scholarly activity, in the workplace, and in the world. We want them to have a level of scientific and information technology literacy.

This graduate capability is supported by:

### Learning outcomes

- · Explain the role of research and scientific enquiry in health sciences
- · Compare relative merits of different levels of 'evidence'
- Explain the importance of evidence based health care
- Critically appraise available information including published work related to health sciences
- Explain ethics, confidentiality, conflict of interest and related issues in the context of research and clinical practice
- Use spread sheets and a software such as Minitab for basic statistical analyses of data
- Interpret basic epidemiological and statistical terms such as confidence intervals, effectiveness, efficacy, error, incidence, mean, median, mode, prevalence, probability, reproducibility, risk, sample size, sampling, standard deviation, sensitivity, significance, specificity and validity
- Demonstrate skills for self-directed learning and inquiry

#### Assessment tasks

- Practical work
- Assignment 1
- Final Examination

### Problem Solving and Research Capability

Our graduates should be capable of researching; of analysing, and interpreting and assessing data and information in various forms; of drawing connections across fields of knowledge; and they should be able to relate their knowledge to complex situations at work or in the world, in order to diagnose and solve problems. We want them to have the confidence to take the initiative in doing so, within an awareness of their own limitations.

This graduate capability is supported by:

#### Learning outcomes

- · Explain the role of research and scientific enquiry in health sciences
- · Compare relative merits of different levels of 'evidence'
- Explain the importance of evidence based health care
- Critically appraise available information including published work related to health

sciences

- · Use spread sheets and a software such as Minitab for basic statistical analyses of data
- Interpret basic epidemiological and statistical terms such as confidence intervals, effectiveness, efficacy, error, incidence, mean, median, mode, prevalence, probability, reproducibility, risk, sample size, sampling, standard deviation, sensitivity, significance, specificity and validity

#### Assessment tasks

- · Practical work
- Assignment 1
- Final Examination

### Effective Communication

We want to develop in our students the ability to communicate and convey their views in forms effective with different audiences. We want our graduates to take with them the capability to read, listen, question, gather and evaluate information resources in a variety of formats, assess, write clearly, speak effectively, and to use visual communication and communication technologies as appropriate.

This graduate capability is supported by:

### Learning outcomes

- · Compare relative merits of different levels of 'evidence'
- · Explain the importance of evidence based health care
- Critically appraise available information including published work related to health sciences
- Explain ethics, confidentiality, conflict of interest and related issues in the context of research and clinical practice
- Use spread sheets and a software such as Minitab for basic statistical analyses of data
- · Demonstrate skills for self-directed learning and inquiry

### Assessment tasks

- · Practical work
- Assignment 1
- Final Examination

### Engaged and Ethical Local and Global citizens

As local citizens our graduates will be aware of indigenous perspectives and of the nation's historical context. They will be engaged with the challenges of contemporary society and with knowledge and ideas. We want our graduates to have respect for diversity, to be open-minded,

sensitive to others and inclusive, and to be open to other cultures and perspectives: they should have a level of cultural literacy. Our graduates should be aware of disadvantage and social justice, and be willing to participate to help create a wiser and better society.

This graduate capability is supported by:

#### Learning outcomes

- · Explain the role of research and scientific enquiry in health sciences
- · Explain the importance of evidence based health care
- Critically appraise available information including published work related to health sciences
- Explain ethics, confidentiality, conflict of interest and related issues in the context of research and clinical practice
- · Demonstrate skills for self-directed learning and inquiry

#### Assessment tasks

- · Practical work
- Assignment 1
- Final Examination

### Socially and Environmentally Active and Responsible

We want our graduates to be aware of and have respect for self and others; to be able to work with others as a leader and a team player; to have a sense of connectedness with others and country; and to have a sense of mutual obligation. Our graduates should be informed and active participants in moving society towards sustainability.

This graduate capability is supported by:

#### Learning outcomes

- · Explain the importance of evidence based health care
- Critically appraise available information including published work related to health sciences
- Explain ethics, confidentiality, conflict of interest and related issues in the context of research and clinical practice
- · Demonstrate skills for self-directed learning and inquiry

#### Assessment tasks

- Practical work
- Assignment 1
- Final Examination

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# **Changes from Previous Offering**

Not applicable as this is the first offering of this unit.