



PHTY813

Physiotherapy in Workplace and Recreation

S1 Day 2018

Department of Health Professions

Contents

<u>General Information</u>	2
<u>Learning Outcomes</u>	3
<u>General Assessment Information</u>	3
<u>Assessment Tasks</u>	4
<u>Delivery and Resources</u>	8
<u>Unit Schedule</u>	9
<u>Policies and Procedures</u>	9
<u>Graduate Capabilities</u>	11
<u>Changes from Previous Offering</u>	17

Disclaimer

Macquarie University has taken all reasonable measures to ensure the information in this publication is accurate and up-to-date. However, the information may change or become out-dated as a result of change in University policies, procedures or rules. The University reserves the right to make changes to any information in this publication without notice. Users of this publication are advised to check the website version of this publication [or the relevant faculty or department] before acting on any information in this publication.

General Information

Unit convenor and teaching staff

Unit Convenor

Kathryn Mills

kathryn.mills@mq.edu.au

Contact via kathryn.mills@mq.edu.au

Tutor

Chris Wynne

chris.wynne@mq.edu.au

Contact via chris.wynne@mq.edu.au

Clinical Education Support

Tim Foulcher

tim.foulcher@mq.edu.au

Contact via tim.foulcher@mq.edu.au

Clinical Education Support

Angela Stark

angela.stark@mq.edu.au

Contact via angela.stark@mq.edu.au

Taryn Jones

taryn.jones@mq.edu.au

Credit points

4

Prerequisites

PHTY808 and PHTY809 and PHTY810 and PHTY811

Corequisites

Co-badged status

Unit description

This unit has an integrated clinical component and will focus on the delivery of physiotherapy services in the areas of occupational health and sport and recreation. Students will build on and integrate material from their clinical placements and the core areas of cardiorespiratory, musculoskeletal and neurological physiotherapy as well as foundation sciences.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury

Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury

Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities

Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent injury from sport, recreation and in the workplace

Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program

Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace

Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory framework, medico-legal issues, risk management and the role of consultant physiotherapists in occupational health treatment, prevention and return to work

General Assessment Information

Information concerning Macquarie University's assessment policy is available at http://mq.edu.au/policy/docs/assessment/policy_2016.html. Grade descriptors and other information concerning grading requirements are contained in Schedule 1 of the Macquarie University Assessment Policy, which is available at: http://www.mq.edu.au/policy/docs/assessment/schedule_1.html

To pass this unit, students must demonstrate sufficient evidence of achievement of the learning outcomes and attempt all assessment tasks

Further details for each assessment task will be available on iLearn, including marking rubrics.

All final grades in the Department of Health Professions are determined by a grading committee and are not the sole responsibility of the Unit Convenor. Students will be awarded one of these

grades plus a Standardised Numerical Grade (SNG). The SNG is not necessarily a summation of the individual assessment components. The final grade and SNG that are awarded reflect the corresponding grade descriptor in Schedule 1 of the Assessment Policy.

Extension for Assessment Tasks

Applications for assessment task extensions must be submitted via www.ask.mq.edu.au. For further details please refer to the Disruption to Studies Policy available at <http://mq.edu.au/policy/docs/disruption-studies/policy.html>

Late Submission of Work

Due dates of Clinical Performance and Self Reflections will vary due to different starting times for each placement. It is the student's responsibility to ensure their self-reflections are completed and submitted on their final day of placement.

Assessment Tasks

Name	Weighting	Hurdle	Due
Written Exam	40%	No	Week 8
Clinical Performance (Sports)	30%	No	Final day of Sports Placement
Self Reflection (Sport)	0%	No	Final day of Sports Placement
Clinical Performance (WHS)	30%	No	Final day of WHS placement
Self Reflection (WHS)	0%	No	Final day of WHS placement
Student Placement Log Books	0%	No	On completion of placement

Written Exam

Due: **Week 8**

Weighting: **40%**

A 1 hour written exam consisting of short answer and case-study based questions

On successful completion you will be able to:

- Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury
- Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent

injury from sport, recreation and in the workplace

- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace
- Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory framework, medico-legal issues, risk management and the role of consultant physiotherapists in occupational health treatment, prevention and return to work

Clinical Performance (Sports)

Due: **Final day of Sports Placement**

Weighting: **30%**

Assessment of student's performance and professional behaviour during the sport/recreation aspect of the clinical component of this course. Assessment will be conducted on the APP by the clinical educator

On successful completion you will be able to:

- Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury
- Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent injury from sport, recreation and in the workplace
- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace

Self Reflection (Sport)

Due: **Final day of Sports Placement**

Weighting: **0%**

Assessment of student's performance and professional behaviour during the sports and recreation aspect of the clinical component of this course. This assessment will be conducted via the online APP by the student. There are no marks assigned to this task but submission of the self reflection task is part of the assessment requirements of this unit of study. If you fail to submit your reflection document, your results will be withheld from release.

On successful completion you will be able to:

- Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury
- Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent injury from sport, recreation and in the workplace
- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace

Clinical Performance (WHS)

Due: **Final day of WHS placement**

Weighting: **30%**

Educator assessment of student's professional behaviour and clinical performance in a work, health and safety setting. Assessment is conducted with the online Interprofessional Capabilities Assessment Tool by the clinical educator

On successful completion you will be able to:

- Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury
- Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent

injury from sport, recreation and in the workplace

- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace
- Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory framework, medico-legal issues, risk management and the role of consultant physiotherapists in occupational health treatment, prevention and return to work

Self Reflection (WHS)

Due: **Final day of WHS placement**

Weighting: **0%**

Educator assessment of student's professional behaviour and clinical performance in a work, health and safety setting. Assessment is conducted with the online Interprofessional Capabilities Assessment Tool by the student, in the middle and at the end of the WHS placement. There are no marks assigned to this task but submission of the self reflection task is part of the assessment requirements of this unit of study. If you fail to submit your reflection document, your results will be withheld from release.

On successful completion you will be able to:

- Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury
- Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent injury from sport, recreation and in the workplace
- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace
- Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory

framework, medico-legal issues, risk management and the role of consultant physiotherapists in occupational health treatment, prevention and return to work

Student Placement Log Books

Due: **On completion of placement**

Weighting: **0%**

The clinical placement log books are completed by the student throughout their WHS and Sport/ Recreation placements. They reflect on their experiences, time spent at each placement as well as skills practiced. Completion of the Logbooks are a compulsory component of the unit. If you fail to submit your log book, your results will be withheld from release.

On successful completion you will be able to:

- Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury
- Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace

Delivery and Resources

Assumed knowledge

This unit assumes that you have successfully completed PHTY800-PHTY811. Your clinical placements during this unit will draw heavily on your skills developed in PHTY805, PHTY806 and PHTY807. It is advised that you revise these units prior to the commencement of the course. You will also need a comprehensive knowledge of anatomy and movement analysis.

Textbooks and Readings

The following texts will be useful resources and available in the library reserve.

Recommendations about specific readings from these and other resources (such as research papers, books, websites and videos) will be listed on iLearn.

- **Clinical Sports Medicine.** 4th or 5th Editions. Brukner P and Khan K. McGraw Hill 2012 or 2016
- **Ergonomics for Therapists.** 3rd Edition. Karen Jacobs. Elsevier 2008

Technology and equipment used and required

Teaching rooms are equipped with state of art audio-visual and ICT equipment including, iPads, internet connection, high quality video cameras and multiple LCD screens. Students will use a range of physiotherapy specific equipment typically used in the assessment and management of people with sport and work-related injuries and to improve performance.

Teaching and Learning Strategy

This unit will alternate between one 2 hour lecture and one 2 hour tutorial every week for 6 weeks. It will also involve 20 days of clinical placement consisting of 1-2 days a week in a sport/recreation setting (10 days/70 hours) and a work, health and safety setting (10 days/70 hours). Lectures will provide foundation knowledge and also use large group demonstrations and discussion, enabling students to use tutorial time efficiently to practice fundamental skills in risk identification, injury prevention, injury management, recovery at work, return to work and topical issue. Clinical placement will then be used to further enhance practical skills in specific sporting and workplace settings that are focused on returning the worker/athlete to a specific task(s).

Attendance

In the Faculty of Medicine and Health Sciences professionalism is a key capability embedded in all our programs. As part of developing professionalism, Faculty of Medicine and Health Sciences students are expected to attend all small group interactive sessions including tutorials, clinical and laboratory practical sessions. In most cases lectures are recorded; however, lecture recordings cannot be guaranteed and some discussion or content may not be available via the recording system.

All lectures and tutorials are scheduled in your individual timetable. The timetable for classes can be found on the University web site at: <http://www.timetables.mq.edu.au/>. You may make a request to your tutor to attend a different tutorial on a one-off basis for extenuating circumstances.

Failure to attend any learning and teaching activities, including lectures and tutorials, may impact your final results. It is the responsibility of the student to contact their tutor or the unit convenor by email to inform tutors if they are going to be absent.

Unit Schedule

Please see iLearn site for detailed weekly schedule and concept map

Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central) (<https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central>). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)

- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#) (**Note:** The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.)

Undergraduate students seeking more policy resources can visit the [Student Policy Gateway](https://students.mq.edu.au/support/study/student-policy-gateway) (<https://students.mq.edu.au/support/study/student-policy-gateway>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit [Policy Central](http://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central) (<http://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central>).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/study/getting-started/student-conduct>

Results

Results shown in *iLearn*, or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit ask.mq.edu.au.

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to improve your marks and take control of your study.

- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module for Students](#)
- [Ask a Learning Adviser](#)

Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.

Graduate Capabilities

PG - Capable of Professional and Personal Judgment and Initiative

Our postgraduates will demonstrate a high standard of discernment and common sense in their professional and personal judgment. They will have the ability to make informed choices and decisions that reflect both the nature of their professional work and their personal perspectives.

This graduate capability is supported by:

Learning outcomes

- Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury
- Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury
- Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent injury from sport, recreation and in the workplace
- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace
- Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory framework, medico-legal issues, risk management and the role of consultant physiotherapists in occupational health treatment, prevention and return to work

Assessment tasks

- Written Exam
- Clinical Performance (Sports)
- Self Reflection (Sport)
- Clinical Performance (WHS)
- Self Reflection (WHS)
- Student Placement Log Books

PG - Discipline Knowledge and Skills

Our postgraduates will be able to demonstrate a significantly enhanced depth and breadth of knowledge, scholarly understanding, and specific subject content knowledge in their chosen fields.

This graduate capability is supported by:

Learning outcomes

- Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury
- Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury
- Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent injury from sport, recreation and in the workplace
- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace
- Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory framework, medico-legal issues, risk management and the role of consultant physiotherapists in occupational health treatment, prevention and return to work

Assessment tasks

- Written Exam

- Clinical Performance (Sports)
- Self Reflection (Sport)
- Clinical Performance (WHS)
- Self Reflection (WHS)
- Student Placement Log Books

PG - Critical, Analytical and Integrative Thinking

Our postgraduates will be capable of utilising and reflecting on prior knowledge and experience, of applying higher level critical thinking skills, and of integrating and synthesising learning and knowledge from a range of sources and environments. A characteristic of this form of thinking is the generation of new, professionally oriented knowledge through personal or group-based critique of practice and theory.

This graduate capability is supported by:

Learning outcomes

- Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury
- Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury
- Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent injury from sport, recreation and in the workplace
- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace
- Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory framework, medico-legal issues, risk management and the role of consultant physiotherapists in occupational health treatment, prevention and return to work

Assessment tasks

- Written Exam
- Clinical Performance (Sports)

- Self Reflection (Sport)
- Clinical Performance (WHS)
- Self Reflection (WHS)

PG - Research and Problem Solving Capability

Our postgraduates will be capable of systematic enquiry; able to use research skills to create new knowledge that can be applied to real world issues, or contribute to a field of study or practice to enhance society. They will be capable of creative questioning, problem finding and problem solving.

This graduate capability is supported by:

Learning outcomes

- Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury
- Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury
- Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent injury from sport, recreation and in the workplace
- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace
- Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory framework, medico-legal issues, risk management and the role of consultant physiotherapists in occupational health treatment, prevention and return to work

Assessment tasks

- Written Exam
- Clinical Performance (Sports)
- Self Reflection (Sport)
- Clinical Performance (WHS)

- Self Reflection (WHS)
- Student Placement Log Books

PG - Effective Communication

Our postgraduates will be able to communicate effectively and convey their views to different social, cultural, and professional audiences. They will be able to use a variety of technologically supported media to communicate with empathy using a range of written, spoken or visual formats.

This graduate capability is supported by:

Learning outcomes

- Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury
- Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury
- Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent injury from sport, recreation and in the workplace
- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace
- Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory framework, medico-legal issues, risk management and the role of consultant physiotherapists in occupational health treatment, prevention and return to work

Assessment tasks

- Written Exam
- Clinical Performance (Sports)
- Self Reflection (Sport)
- Clinical Performance (WHS)
- Self Reflection (WHS)

- Student Placement Log Books

PG - Engaged and Responsible, Active and Ethical Citizens

Our postgraduates will be ethically aware and capable of confident transformative action in relation to their professional responsibilities and the wider community. They will have a sense of connectedness with others and country and have a sense of mutual obligation. They will be able to appreciate the impact of their professional roles for social justice and inclusion related to national and global issues

This graduate capability is supported by:

Learning outcomes

- Plan and conduct an assessment of people participating in recreational or sporting activities for the purpose of treating and/or preventing musculoskeletal injury
- Plan and conduct an assessment of people in the workplace using a biopsychosocial framework, for the purpose of treating and/or preventing workplace injury
- Analyse assessment findings to form a diagnosis and a prioritised list of problems in impairments, activity limitations and participation restrictions, specific to the relevant sporting, recreational or workplace activities
- Develop a physiotherapy plan, in association with other professionals where relevant, that addresses the individual's goals and is based on best evidence to treat and prevent injury from sport, recreation and in the workplace
- Build on prior units to demonstrate safe and effective physiotherapy intervention in the treatment of injury sustained in sport, recreation or the workplace, and implement a prevention and wellness program
- Determine a plan of monitoring and evaluation that uses appropriate outcome measures during the assessment, treatment and prevention of injury from sport, recreation and in the workplace
- Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory framework, medico-legal issues, risk management and the role of consultant physiotherapists in occupational health treatment, prevention and return to work

Assessment tasks

- Written Exam
- Clinical Performance (Sports)
- Self Reflection (Sport)
- Clinical Performance (WHS)
- Self Reflection (WHS)

Changes from Previous Offering

Due to Easter falling in week 6, the lecture material for week 6 will be delivered online. It is expected that all students will have viewed the lecture material prior to their week 6 tutorial.