



PSYC995

Clinical Psychology Therapy 4

S2 Day 2019

Department of Psychology

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General Information

Unit convenor and teaching staff

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Credit points

4

Prerequisites

PSYC993 and PSYC994

Corequisites

Co-badged status

Unit description

This unit covers evidence-based practice in the understanding and management of psychological disorders, at an advanced level. The focus will be on assessment and advanced therapy skills in the selection, tailoring and implementation of appropriate evidence-based and case-formulated interventions for sleep disorders and sexuality issues, including monitoring of outcomes and modifications required, based on evolving case formulations. Material will also cover considerations for applying evidence based psychotherapies to aging and carer populations and using e-health applications including telemedicine, taking into account ethical considerations and practices when working with e-health applications and clients across the lifespan.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.

Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.

Understand ethical principles in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.

Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

Communicate appropriately and professionally about potential clients and therapeutic approaches guided by ethics, evidence and case formulation.

General Assessment Information

ASSESSMENT COMPLETION

Students must attempt all assessment tasks to achieve a grade of pass or higher in this unit.

SPECIAL CONSIDERATION/EXTENSION

Students who experience serious and unavoidable disruption, must apply for special consideration no later than five (5) working days after the assessment task due date, examination or test date via ask.mq.edu.au. All requests will be considered on a case by case basis, and appropriate documentary evidence will need to be provided to substantiate your claim (such as medical certificate, counsellor note, or similar). If an extension/special consideration is granted, the time-frame will also be determined on an individual basis. If you have enquiries, lodge this online or visit the Student Centre (ground floor, 4 First Walk).

Assessment Tasks

Name	Weighting	Hurdle	Due
<u>Clinical Case Report</u>	35%	Yes	Week 7
<u>Presentation & Tool Kit</u>	35%	No	Week 9
<u>Exam</u>	30%	No	Week 13

Clinical Case Report

Due: **Week 7**

Weighting: **35%**

This is a hurdle assessment task (see [assessment policy](#) for more information on hurdle assessment tasks)

You will submit a clinical case report for a hypothetical client provided to you in class. This is an individual task.

On successful completion you will be able to:

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Understand ethical principles in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.
- Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

Presentation & Tool Kit

Due: **Week 9**

Weighting: **35%**

Based on the same hypothetical client you select for the Clinical Case Report, you will, together with a small group of peers, present a clinical case review to the class as if conducting a clinical case review in the context of group, peer supervision. You will also submit, as a group, a clinical resource 'tool kit' that will be marked and also distributed to the class.

On successful completion you will be able to:

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.

- Understand ethical principles in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.
- Communicate appropriately and professionally about potential clients and therapeutic approaches guided by ethics, evidence and case formulation.

Exam

Due: **Week 13**

Weighting: **30%**

This closed book in-class examination will assess content and set readings across the entire unit.

On successful completion you will be able to:

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Understand ethical principles in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.
- Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

Delivery and Resources

One 2-hour seminar per week Wednesday 3-5pm (11 Wallys Walk 180 Tutorial Room).

Unit Schedule

The schedule of lectures/seminars is listed below. There may be slight variation in the schedule due to staff availability.

Week	Date	Topic	Lecturer
1	Wed 31 July	Introduction to Unit & Scope of e-health applications	Lauren McLellan
2	Wed 7 Aug	Internet and Online Therapy 1	Lauren McLellan

3	Wed 14 Aug	Internet and Online Therapy 2	Lauren McLellan
4	Wed 21 Aug	Aps, Telephone and Video Conferencing, Psychoeducation websites.	Lauren McLellan
5	Wed 28 Aug	Additional technology mediums	Lauren McLellan
6	Wed 4 Sept	Assessment and Treatment of Sexuality Disorders	Lauren McLellan
7	Wed 11Sept	Assessment and Treatment of Sleep Disorders 1	Ella Oar
MID SEMESTER BREAK			
8	Wed 2 Oct	Assessment and Treatment of Sleep Disorders 2	Ella Oar
9	Wed 9 Oct	ASSESSMENT: Group Presentation and Clinical Tool Kit	Lauren McLellan
10	Wed 16 Oct	Assessment and Treatment – Ageing/Carer issues 1	Viv Wuthrich
11	Wed 23 Oct	Assessment and Treatment – Ageing/Carer issues 2	Viv Wuthrich
12	Wed 30 Oct	Assessment and Treatment – Ageing/Carer issues 3	Viv Wuthrich
13	Wed 6 Nov	EXAM	Lauren McLellan

Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central\)](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#) (**Note:** *The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.*)

Undergraduate students seeking more policy resources can visit the [Student Policy Gateway \(https://students.mq.edu.au/support/study/student-policy-gateway\)](https://students.mq.edu.au/support/study/student-policy-gateway). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit [Policy Central \(http://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central\)](http://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/study/getting-started/student-conduct>

Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to improve your marks and take control of your study.

- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module for Students](#)
- [Ask a Learning Adviser](#)

Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.

Graduate Capabilities

PG - Capable of Professional and Personal Judgment and Initiative

Our postgraduates will demonstrate a high standard of discernment and common sense in their professional and personal judgment. They will have the ability to make informed choices and decisions that reflect both the nature of their professional work and their personal perspectives.

This graduate capability is supported by:

Learning outcomes

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.
- Communicate appropriately and professionally about potential clients and therapeutic approaches guided by ethics, evidence and case formulation.

Assessment tasks

- Clinical Case Report
- Presentation & Tool Kit
- Exam

PG - Discipline Knowledge and Skills

Our postgraduates will be able to demonstrate a significantly enhanced depth and breadth of knowledge, scholarly understanding, and specific subject content knowledge in their chosen fields.

This graduate capability is supported by:

Learning outcomes

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in

integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.

- Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

Assessment tasks

- Clinical Case Report
- Presentation & Tool Kit
- Exam

PG - Critical, Analytical and Integrative Thinking

Our postgraduates will be capable of utilising and reflecting on prior knowledge and experience, of applying higher level critical thinking skills, and of integrating and synthesising learning and knowledge from a range of sources and environments. A characteristic of this form of thinking is the generation of new, professionally oriented knowledge through personal or group-based critique of practice and theory.

This graduate capability is supported by:

Learning outcomes

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

Assessment tasks

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- Presentation & Tool Kit
- Exam

PG - Research and Problem Solving Capability

Our postgraduates will be capable of systematic enquiry; able to use research skills to create new knowledge that can be applied to real world issues, or contribute to a field of study or practice to enhance society. They will be capable of creative questioning, problem finding and

problem solving.

This graduate capability is supported by:

Learning outcomes

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

Assessment tasks

- Clinical Case Report
- Presentation & Tool Kit
- Exam

PG - Effective Communication

Our postgraduates will be able to communicate effectively and convey their views to different social, cultural, and professional audiences. They will be able to use a variety of technologically supported media to communicate with empathy using a range of written, spoken or visual formats.

This graduate capability is supported by:

Learning outcomes

- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Communicate appropriately and professionally about potential clients and therapeutic approaches guided by ethics, evidence and case formulation.

Assessment tasks

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PG - Engaged and Responsible, Active and Ethical Citizens

Our postgraduates will be ethically aware and capable of confident transformative action in relation to their professional responsibilities and the wider community. They will have a sense of connectedness with others and country and have a sense of mutual obligation. They will be able to appreciate the impact of their professional roles for social justice and inclusion related to national and global issues

This graduate capability is supported by:

Learning outcomes

- Understand ethical principles in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.
- Communicate appropriately and professionally about potential clients and therapeutic approaches guided by ethics, evidence and case formulation.

Assessment tasks

- Clinical Case Report
- Presentation & Tool Kit
- Exam