

# **HLTH316**

# **Principles in Health and Disease 2**

S1 Day 2019

Dept of Chiropractic

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#### Disclaimer

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# **General Information**

Unit convenor and teaching staff

Lecturer and Tutor

Dr Suzanne Saks

suzanne.saks@mq.edu.au

Contact via suzanne.saks@mq.edu.au

Tutor

**Amy Melamet** 

amy.melamet@mq.edu.au

Contact via amy.melamet@mq.edu.au

**Unit Convenor** 

**Christopher Burrell** 

christopher.burrell@mq.edu.au

Contact via christopher.burrell@mq.edu.au

C5C-341

By appointment

Tutor

Josh Fitzgerald

josh.fitzgerald@mq.edu.au

Contact via josh.fitzgerald@mq.edu.au

Anneliese Hulme

anneliese.hulme@mq.edu.au

Credit points

3

Prerequisites

(39cp at 100 level or above) including HLTH215

Corequisites

Co-badged status

CHIR604

#### Unit description

This unit provides students with further opportunity to explore the relationship between health and disease, from both the biological and psychological perspective. The common pathologies of each body system are studied, and their causes, mechanisms and effects are explored. The links between these disease mechanisms and their clinical manifestations is highlighted. By the completion of the unit, students will have a good knowledge of the major diseases of the body, and how they manifest in the patient. By studying a large number of human disease states, students will deepen their understanding of the complex relationship between ourselves and our environment.

### Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at https://www.mq.edu.au/study/calendar-of-dates

# **Learning Outcomes**

On successful completion of this unit, you will be able to:

Name the range of pathologies that can occur in each of the following systems:

Cardiovascular, Respiratory, Lymphatic, Haematopoietic, Endocrine, Immune, Digestive, Urinary and Reproductive.

Name and define the common symptoms and signs that are associated with diseases of the body systems named above.

Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.

For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.

Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.

Explain the pathophysiological processes which can alter an individual's health status.

Explain the multifactorial nature in the development of disease states.

Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

### **General Assessment Information**

#### **ASSESSMENT IN THIS UNIT**

Task	Weight	Due Date	Linked Learning Outcomes
1. Online Quiz x 5 (4% each)	20%	Ongoing. Wks 4, 6, 9, 11 & 13.	1-8

2. Mid-Semester examination	30%	2nd May 9am (First lecture after Mid-Sem break)	1-8
4. Final examination	50%	University Exam Period	1-8

#### **Assessment Tasks Description**

#### Online quizzes

The online quizzes will be made available for a 48 hour window at the end of the week, during weeks 4, 6, 9, 11 & 13. Each quiz will be of 10 minutes duration, and cover material that has been delivered in lectures and/or tutorials.

#### **Mid-Semester examination**

This will cover the content of the first half of the semester, Weeks 1-7 (everything before the break). Questions will be in short answer format. The Mid-semester examination will be conducted in Week 8 at the start of the lecture on Thursday 2nd May at 9am.

#### Final examination

This will cover the content of the entire semester. Questions will include multiple choice and short answer questions. A minimum of 50% in the examination is required to satisfy the requirements of the unit. If a student earns less than 50% in the final exam then they will fail the unit.

#### **Attendance Requirements**

A minimum 80% attendance is required at tutorials.

#### Examination(s)

The University Examination period in for First Half Year 2019 is from Tuesday 11th June to Friday 28th June.

You are expected to present yourself for examination at the time and place designated in the University Examination Timetable. The timetable will be available in Draft form approximately eight weeks before the commencement of the examinations and in Final form approximately four weeks before the commencement of the examinations. https://iexams.mq.edu.au/timetable

The only exception to not sitting an examination at the designated time is because of documented illness or unavoidable disruption. In these circumstances you may wish to submit a application for 'Special consideration'. Information about the special consideration process is available at **Policy Central**: <a href="http://www.mq.edu.au/policy/">http://www.mq.edu.au/policy/</a>

If you receive <u>special consideration</u> for the final exam, a supplementary exam will be scheduled in the interval between the regular exam period and the start of the next session (15th July - 26th July 2019). By making a special consideration application for the final exam you are declaring yourself available for a resit during the supplementary examination period and will not be eligible for a second special consideration approval based on pre-existing commitments. Please ensure you are familiar with the <u>policy</u> prior to submitting an application. You can check the

supplementary exam information page on FSE101 in iLearn (bit.ly/FSESupp) for dates, and approved applicants will receive an individual notification one week prior to the exam with the exact date and time of their supplementary examination.

#### **Returning Assessment Tasks**

- 1. Online quizzes: The quiz marks will be released online once the quiz closes. The tutors will discuss the correct responses during the following class.
- 2. Mid-Semester Examination: Papers will be returned in tutorials once marked. (Generally 3 weeks after the exam)
- 3. Final Examination: Papers will not be returned. Marks will be incorporated into the final unit grade.

#### **Hurdle Requirements and Serious Attempt Defined**

A hurdle is a passing requirement for the unit. A serious attempt is a threshold when a second chance will be provided as an opportunity to meet the hurdle requirement.

HLTH316 has 1 hurdle. The hurdle, the serious attempt threshold, and the method of the second attempt are described below.

Hurdle - Final examination: must obtain 50% of the combined available marks

- Serious attempt: defined as gaining 40-49% in the final examination.
- Second chance: a supplementary final examination

Second-chance hurdle examinations will be offered during the FSE supplementary examination period. Results will be released on July 11. You will be notified shortly after that date of your eligibility for a hurdle retry and you <u>must make yourself available during 15th July - 26th July to take advantage of this opportunity.</u>

# **Assessment Tasks**

Name	Weighting	Hurdle	Due
Online Quizzes	20%	No	Ongoing
Mid-semester examination	30%	No	2nd May 2019 9am
Final examination	50%	Yes	University examination period

### Online Quizzes

Due: **Ongoing** Weighting: **20%** 

The online quizzes will be made available for a 48 hour window at the end of the week, during weeks 4, 6, 9, 11 & 13. Each quiz will be of 10 minutes duration, and cover material that has been delivered in lectures and/or tutorials.

On successful completion you will be able to:

- Name the range of pathologies that can occur in each of the following systems:
   Cardiovascular, Respiratory, Lymphatic, Haematopoietic, Endocrine, Immune, Digestive,
   Urinary and Reproductive.
- Name and define the common symptoms and signs that are associated with diseases of the body systems named above.
- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

### Mid-semester examination

Due: 2nd May 2019 9am

Weighting: 30%

This will cover the content of the first half of the semester, Weeks 1-7 (Everything before the break). Questions will be in short answer format. The Mid-semester examination will be conducted in Week 8 at the start of the lecture on Thursday 2nd May at 9am.

On successful completion you will be able to:

- Name the range of pathologies that can occur in each of the following systems:
   Cardiovascular, Respiratory, Lymphatic, Haematopoietic, Endocrine, Immune, Digestive,
   Urinary and Reproductive.
- Name and define the common symptoms and signs that are associated with diseases of

the body systems named above.

- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

### Final examination

Due: University examination period

Weighting: 50%

This is a hurdle assessment task (see <u>assessment policy</u> for more information on hurdle assessment tasks)

This will cover the content of the entire semester. Questions will include Multiple choice and short answer questions. A minimum of 50% in the examination is required to satisfy the requirements of the unit.

On successful completion you will be able to:

- Name the range of pathologies that can occur in each of the following systems:
   Cardiovascular, Respiratory, Lymphatic, Haematopoietic, Endocrine, Immune, Digestive,
   Urinary and Reproductive.
- Name and define the common symptoms and signs that are associated with diseases of the body systems named above.
- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
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- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

# **Delivery and Resources**

### Classes

Delivery mode

It will comprise:

- 1. A 2 hour lecture per week, weeks 1-13
- 2. A 2 hour tutorial per week, weeks 2-13
- 3. 4-5 hours per week self instructional learning, set readings from the text and exercises on lecture topics

# Required and Recommended Texts and/or Materials

Core:

- 1. Unit workbook for HLTH316 in .pdf format available on iLearn unit page,
- 2. J Craft et al. (2011) Understanding Pathophysiology, Mosby OR K L McCance & S E Heuther. (2010) Pathophysiology. The Biological Basis for Disease in Adults and Children. Mosby

Highly recommended: A medical dictionary (This will be useful for all health science units)

# **Technology Used and Required**

Unit web page:

The URL of the HLTH316 iLearn site is: https://ilearn.mg.edu.au/

You will be asked for a username and password. Your username is your student MQID. Your MQID and password have been mailed to you by the University. If you have lost them go to the student portal: http://students.mg.edu.au/home/

Recommended web sites:

See ilearn

# Changes made since last offering

Due to consideration of students workloads and questions as to its learning utility an assignment has been removed from the unit in 2019 and the total value of the online quizzes raised from 10% to 20%.

In 2017, the final written exam was designated as a hurdle assessment, this continues in 2019. Previously these assessments were deemed as 'must pass' assessments.

The mid-semester examination was added in 2016, this continues in 2019. The mid-semester examination exposes students to the style of short-answer questions that are used in the final exam. The value of the mid-semester examination has been raised from 20% to 30% in 2019.

# **Unit Schedule**

Week	Date (week commencing)	Topic	Assessment
1	25th February	Lecture 1 Introduction to course Disorders of the Cardiovascular System 1	
2	4th March	Tutorial 1  Disorders of the Cardiovascular System 1  Lecture 2  Disorders of the Cardiovascular System 2	
3	11th March	Tutorial 2  Disorders of the Cardiovascular System 2  Lecture 3  Disorders of the Lymphoid and Haematopoietic System 1	
4	18th March	Tutorial 3  Disorders of the Lymphoid and Haematopoietic System 1  Lecture 4  Disorders of the Lymphoid and Haematopoietic System 2	Online quiz 1 (Cardiovascular system disorders) (4%)
5	25th March	Tutorial 4  Disorders of the Lymphoid and Haematopoietic System 2  Lecture 5  Disorders of the Endocrine System 1	

6	1st April	Tutorial 5  Disorders of the Endocrine System 1  Lecture 6  Disorders of the Endocrine System 2	Online quiz 2 (Lymphoid and Haematopoietic System disorders) (4%)
7	8th April	Tutorial 6  Disorders of the Endocrine System 2  Lecture 7  Disorders of the Digestive System 1	
Recess		Recess Monday 15th April until Friday 26th April	
8	29th April	Tutorial 7  Disorders of the Digestive System 1  Lecture 8  Disorders of the Digestive System 2	Mid-semester examination (30%) - Thursday 2nd May in the lecture theatre at 9am, The content that will be in the exam is everything in Weeks 1-7 (Everything before the break)
9	6th May	Tutorial 8  Disorders of the Digestive System 2  Lecture 9  Disorders of the Digestive System 3	Online quiz 3 (Endocrine disorders) (4%)
10	13th May	Tutorial 9  Disorders of the Digestive System 3  Lecture 10  Disorders of the Respiratory System 1	
11	20th May	Tutorial 10  Disorders of the Respiratory System 1  Lecture 11  Disorders of the Respiratory System 2	Online quiz 4 (Digestive system disorders) (4%)

12	27th May	Tutorial 11  Disorders of the Respiratory System 2  Lecture 12  Disorders of the Urinary and Reproductive Systems	
13	3rd June	Tutorial 12 Disorders of the Urinary and Reproductive Systems  Lecture 13 Disorders of the Female Reproductive System Revision	Online quiz 5 (Respiratory system disorders, Urinary system disorders) (4%)
Examination period		11th June - 28th June	Final examination (50%)

### **Policies and Procedures**

Macquarie University policies and procedures are accessible from Policy Central (https://staff.m.g.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- Fitness to Practice Procedure
- Grade Appeal Policy
- Complaint Management Procedure for Students and Members of the Public
- Special Consideration Policy (Note: The Special Consideration Policy is effective from 4

  December 2017 and replaces the Disruption to Studies Policy.)

Undergraduate students seeking more policy resources can visit the Student Policy Gateway (htt ps://students.mq.edu.au/support/study/student-policy-gateway). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit Policy Central (https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central).

#### Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/study/getting-started/student-conduct

#### Results

Results published on platform other than <u>eStudent</u>, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in <u>eStudent</u>. For more information visit <u>ask.mq.edu.au</u> or if you are a Global MBA student contact globalmba.support@mq.edu.au

Assessment Policy 2017 http://www.mq.edu.au/policy/docs/assessment/schedule 2.html

# Student Support

Macquarie University provides a range of support services for students. For details, visit <a href="http://students.mq.edu.au/support/">http://students.mq.edu.au/support/</a>

### **Learning Skills**

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to improve your marks and take control of your study.

- Workshops
- StudyWise
- Academic Integrity Module for Students
- · Ask a Learning Adviser

### Student Services and Support

Students with a disability are encouraged to contact the <u>Disability Service</u> who can provide appropriate help with any issues that arise during their studies.

### Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

### IT Help

For help with University computer systems and technology, visit <a href="http://www.mq.edu.au/about\_us/">http://www.mq.edu.au/about\_us/</a> offices\_and\_units/information\_technology/help/.

When using the University's IT, you must adhere to the <u>Acceptable Use of IT Resources Policy</u>. The policy applies to all who connect to the MQ network including students.

# **Graduate Capabilities**

# Discipline Specific Knowledge and Skills

Our graduates will take with them the intellectual development, depth and breadth of knowledge, scholarly understanding, and specific subject content in their chosen fields to make them competent and confident in their subject or profession. They will be able to demonstrate, where relevant, professional technical competence and meet professional standards. They will be able to articulate the structure of knowledge of their discipline, be able to adapt discipline-specific knowledge to novel situations, and be able to contribute from their discipline to inter-disciplinary solutions to problems.

This graduate capability is supported by:

### Learning outcomes

- Name the range of pathologies that can occur in each of the following systems:
   Cardiovascular, Respiratory, Lymphatic, Haematopoietic, Endocrine, Immune, Digestive,
   Urinary and Reproductive.
- Name and define the common symptoms and signs that are associated with diseases of the body systems named above.
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- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

#### Assessment tasks

- · Online Quizzes
- · Mid-semester examination
- · Final examination

# Critical, Analytical and Integrative Thinking

We want our graduates to be capable of reasoning, questioning and analysing, and to integrate and synthesise learning and knowledge from a range of sources and environments; to be able to critique constraints, assumptions and limitations; to be able to think independently and systemically in relation to scholarly activity, in the workplace, and in the world. We want them to

have a level of scientific and information technology literacy.

This graduate capability is supported by:

### Learning outcomes

- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

#### Assessment tasks

- · Online Quizzes
- Mid-semester examination
- Final examination

# Problem Solving and Research Capability

Our graduates should be capable of researching; of analysing, and interpreting and assessing data and information in various forms; of drawing connections across fields of knowledge; and they should be able to relate their knowledge to complex situations at work or in the world, in order to diagnose and solve problems. We want them to have the confidence to take the initiative in doing so, within an awareness of their own limitations.

This graduate capability is supported by:

# Learning outcomes

- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop
  the likely mode of progression of the diseases studied in this unit.

#### Assessment tasks

- Online Quizzes
- Mid-semester examination
- · Final examination

### **Effective Communication**

We want to develop in our students the ability to communicate and convey their views in forms effective with different audiences. We want our graduates to take with them the capability to read, listen, question, gather and evaluate information resources in a variety of formats, assess, write clearly, speak effectively, and to use visual communication and communication technologies as appropriate.

This graduate capability is supported by:

### Learning outcomes

- Describe the aetiology, epidemiology, pathogenesis and clinical manifestations for each disease studied.
- For each disease studied, explain the relationship between its aetiology, pathogenesis and clinical manifestations.
- Differentiate between diseases on the basis of aetiology, pathogenesis, epidemiology and clinical manifestations.
- Explain the pathophysiological processes which can alter an individual's health status.
- Explain the multifactorial nature in the development of disease states.
- Apply knowledge of anatomy, physiology, biochemistry and basic pathology, to develop the likely mode of progression of the diseases studied in this unit.

#### Assessment tasks

- Online Quizzes
- · Mid-semester examination
- · Final examination

# **Changes from Previous Offering**

Due to consideration of students workloads and questions as to its learning utility an assignment has been removed from the unit in 2019 and the total value of the online quizzes raised from 10% to 20%.

In 2017, the final written exam was designated as a hurdle assessment, this continues in 2019. Previously these assessments were deemed as 'must pass' assessments.

The mid-semester examination was added in 2016, this continues in 2019. The mid-semester examination exposes students to the style of short-answer questions that are used in the final

exam. The value of the mid-semester examination has been raised from 20% to 30% in 2019.

# **Grading**

#### Achievement of grades will be based on the following criteria:

Grade	
High Distinction (85-100)	A minimum of 60% achievement in the class tests, a minimum of 60% achievement in the examination, PLUS a minimum 85% total raw mark
Distinction (75-84)	A minimum of 60% achievement in the class tests, a minimum of 60% achievement in the examination, PLUS a minimum 75% total raw mark
Credit (65-74)	A minimum of 50% achievement in the class tests, a minimum of 50% achievement in the examination, PLUS a minimum 65% total raw mark
Pass (50-64)	A minimum of 50% achievement in the class tests, a minimum of 50% achievement in the examination, PLUS a minimum 50% total raw mark
Fail (< 50)	Less than 50% achievement in the examination, or less than 50% total raw mark.

#### NOTE: Raw mark vs SNG

"The Standard Numerical Grade (SNG) is the number that is associated with the grade (high distinction, distinction, credit and so on) that a student is awarded. It is called a grade as it does not represent the raw marks, it reflects where within the grading structure the student sits."

http://www.mq.edu.au/glossary/term/StandardisedNumericalGrade

It is NOT necessarily the same as your RAW mark, which represents the total of your marks for each assessment task.

*High Distinction:* provides consistent evidence of deep and critical understanding in relation to the learning outcomes. There is substantial originality and insight in identifying, generating and communicating competing arguments, perspectives or problem solving approaches; critical evaluation of problems, their solutions and their implications; creativity in application.

*Distinction:* provides evidence of integration and evaluation of critical ideas, principles and theories, distinctive insight and ability in applying relevant skills and concepts in relation to learning outcomes. There is demonstration of frequent originality in defining and analysing issues or problems and providing solutions; and the use of means of communication appropriate to the discipline and the audience.

Credit: provides evidence of learning that goes beyond replication of content knowledge or

skills relevant to the learning outcomes. There is demonstration of substantial understanding of fundamental concepts in the field of study and the ability to apply these concepts in a variety of contexts; plus communication of ideas fluently and clearly in terms of the conventions of the discipline.

*Pass:* provides sufficient evidence of the achievement of learning outcomes. There is demonstration of understanding and application of fundamental concepts of the field of study; and communication of information and ideas adequately in terms of the conventions of the discipline. The learning attainment is considered satisfactory or adequate or competent or capable in relation to the specified outcomes.

Fail: does not provide evidence of attainment of all learning outcomes.

There is missing or partial or superficial or faulty understanding and application of the fundamental concepts in the field of study; and incomplete, confusing or lacking communication of ideas in ways that give little attention to the conventions of the discipline.