



CHIR8503

Physical and Functional Assessment

Session 1, Weekday attendance, North Ryde 2020

Department of Chiropractic

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General Information

Unit convenor and teaching staff

Unit Convenor & Lecturer

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By appointment

Unit Convenor & Lecturer

Matt Fernandez

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By appointment

Credit points

10

Prerequisites

Admission to MChiroprac and (CHIR3106 or CHIR316) or (CHIR6110 or CHIR602) and (CHIR6111 or CHIR603) and (CHIR6302 or CHIR604) and (CHIR6303 or CHIR605) and (CHIR6410 or CHIR606) and (CHIR6510 or CHIR608)

Corequisites

CHIR8501 or CHIR873

Co-badged status

Unit description

This unit concerns itself with gathering clinically relevant information about a patient through interview, observation, and palpation. The students will gain theoretical knowledge and practical skills for history taking, physical examination, and functional analysis. Clinical reasoning will be facilitated through integration and interpretation of the diagnostic findings.

The students are exposed to paradigms related to active care, the biopsychosocial model, and the use of outcome measures. Skills in manual resistance techniques are also gained within this unit.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

ULO1: Conduct an efficient and meaningful patient history

ULO2: Define functional rehabilitation and explain the importance of active care

ULO3: Explain the rationale, perform and interpret the physical and functional examination procedures for each region and system of the body.

ULO4: Describe the underlying pathological and functional condition as related to each examination procedure

ULO5: Describe the biopsychosocial model and explain its impact on patient management

ULO6: Describe the proposed neurophysiology underpinning manual resistance technique; outline its indications and demonstrate competent execution of the procedures

ULO7: Illustrate clinical reasoning and differential diagnostic skills

ULO8: Explain the role of outcome measures in practice; describe their use and interpretation.

Assessment Tasks

Coronavirus (COVID-19) Update

Assessment details are no longer provided here as a result of changes due to the Coronavirus (COVID-19) pandemic.

Students should consult [iLearn](#) for revised unit information.

[Find out more about the Coronavirus \(COVID-19\) and potential impacts on staff and students](#)

Delivery and Resources

Coronavirus (COVID-19) Update

Any references to on-campus delivery below may no longer be relevant due to COVID-19.

Please check here for updated delivery information: https://ask.mq.edu.au/account/pub/display/unit_status

Delivery mode

Will be comprised of a combination of face-to-face lectures, pre-recorded lectures, self-directed learning, and hands-on tutorials:

1. 1 two hour functional assessment lecture per week
2. 1 one hour physical assessment lecture per week
3. 2 two hour tutorials/practical's per week; 1 tutorial for physical assessment, 1 tutorial for functional assessment
4. 2-3 hours per week self-instructional learning

Required and recommended resources

Required texts:

Liebenson. Rehabilitation of the Spine: A patient Centered Approach 3rd ed. LWW

Liebenson. Rehabilitation of the Spine: a practitioner's manual 2nd ed. Raven Press

Kendall F, McCreary E, Provance P. Muscle testing and function, 5th ed. Williams & Wilkins, Baltimore

Bickley. Bates' Guide to Physical Examination and History Taking 11th ed. Lippincott Williams & Wilkins

Recommended text:

Morris. Low Back Pain: Integrated. McGraw-hill

Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central\)](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#) (**Note:** *The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.*)

Students seeking more policy resources can visit the [Student Policy Gateway \(https://students.mq.edu.au/support/study/student-policy-gateway\)](https://students.mq.edu.au/support/study/student-policy-gateway). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit [Policy Central \(https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central\)](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/study/getting-started/student-conduct>

Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#).

The policy applies to all who connect to the MQ network including students.