

PHTY8106

Physiotherapy Practice B

Session 1, Weekday attendance, North Ryde 2020

Department of Health Professions

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General Information

Co-badged status

Unit convenor and teaching staff **Unit Convenor** Joel Fuller joel.fuller@mq.edu.au Lecturer Prashant Jhala prashant.jhala@mq.edu.au Tutor Rebecca Vaughan rebecca.vaughan@mq.edu.au Tutor Tim Foulcher tim.foulcher@mq.edu.au Tutor Bridget Dean bridget.dean@mqhealth.org.au **Course Director** Taryn Jones taryn.jones@mq.edu.au Credit points 10 Prerequisites (PHTY800 or PHTY8100) and (PHTY801 or PHTY8101) and (PHTY802 or PHTY8102) and (MEDI915 or MEDI8105 or PHTY803 or PHTY8103) Corequisites

Unit description

Within this unit you will develop the knowledge and skills required by physiotherapists to assess and treat clients of all ages with common musculoskeletal conditions of the upper and lower limbs. Through the application of clinical reasoning, and the principles of evidence-based and person-centred care you will implement safe and effective physiotherapy management strategies specific to an individual presenting with musculoskeletal disorders of the upper and lower limbs.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at https://www.mq.edu.au/study/calendar-of-dates

Learning Outcomes

On successful completion of this unit, you will be able to:

ULO1: Describe common musculoskeletal conditions of the upper limb and lower limb and the principles of, and efficacy for, management of these conditions, including surgical and conservative management. (Scientist and Scholar)

ULO2: Apply the biopsychosocial model to effectively and efficiently assess individuals with musculoskeletal disorders of the upper and lower limbs including a comprehensive history and physical examination and screening for predictors of persistent pain and disability. (Clinical Practitioner)

ULO3: Analyse assessment findings to form a diagnosis and a prioritised list of impairments, activity limitations and participation restrictions. (Clinical Practitioner)

ULO4: Communicate effectively with people with disorders of the upper limb and lower limb to provide appropriate information about their diagnosis and prognosis, and to select a treatment which considers the individual's preferences, expectations, and social and cultural factors. (Clinical Practitioner)

ULO5: Competently develop and implement a safe and effective person-centred physiotherapy plan that addresses the individual's goals and preferences, utilises evidence-based practice, considers cultural and social factors, and is evaluated using appropriate outcome measures. (Clinical Practitioner)

Assessment Tasks

Coronavirus (COVID-19) Update

Assessment details are no longer provided here as a result of changes due to the Coronavirus (COVID-19) pandemic.

Students should consult iLearn for revised unit information.

Find out more about the Coronavirus (COVID-19) and potential impacts on staff and students

General Assessment Information

Information concerning Macquarie University's assessment policy is available at http://mq.edu.au/policy/docs/assessment/policy_2016.html. Grade descriptors and other information concerning grading requirements are contained in Schedule 1 of the Macquarie University Assessment Policy.

To pass this unit, students must demonstrate sufficient evidence of achievement of the learning outcomes. Further details for each assessment task will be available on iLearn, including marking rubrics.

All final grades in the Faculty of Medicine and Health Sciences are determined by the Faculty of Medicine and Health Sciences Assessment Committee, and are approved by the Faculty Board. They are not the sole responsibility of the Unit Convenor. Students will be awarded an Assessment Grade plus a Standardised Numerical Grade (SNG). The SNG is not necessarily a summation of the individual assessment components. The final grade and SNG that are awarded reflect the corresponding grade descriptor in Schedule 1 of the Assessment Policy.

Students will be awarded one of these grades plus a Standardised Numerical Grade (SNG). The SNG is not necessarily a summation of the individual assessment components. The final grade and SNG that are awarded reflect the corresponding grade descriptor in Schedule 1 of the Assessment Policy. If there is a lack of sufficient evidence demonstrating that a student has met the required level of achievement in all learning outcomes they will be awarded a Fail grading with an assigned mark of 49 or less.

Extensions for Assessment Tasks

Applications for assessment task extensions may be considered for short-term, unexpected, serious, and unavoidable circumstances affecting assessment. Applications must be submitted via www.ask.mq.edu.au. For further details please refer to the Disruption to Studies Policy available at https://students.mq.edu.au/study/my-study-program/special-consideration/disruption-to-studies

Late Submission of Work

All assignments which are officially received after the due date, and where no extension has been granted by the Unit Convenor, will incur a deduction of 10% of the overall assessment weighting for the first day, and 10% for each subsequent day, including the actual day on which the work is received. Assessments received 5 days or more beyond the due date, without an approved extension, will be awarded a maximum of 50% of the overall assessment marks. Weekends and public holidays are included. For example:

| Due Date | Received | Days Late | Deduction | Raw Mark | Final Mark |
|----------|----------|-----------|-----------|----------|------------|
| | | | | | |

| Friday, 14th | Monday 17th | 3 | 30% | 75 | 45 |
|--------------|-------------|---|-----|----|----|
| | | | | | |

Hurdle Assessment

The PHTY8106 Mastery Register is a hurdle assessment task. A hurdle requirement is an activity for which a minimum level of performance or participation is a condition of passing the unit in which it occurs. Students are required to achieve 60% completion of the Mastery Register for both the 5 upper and 5 lower limb items (i.e. 3/5 items completed for upper and lower limb content) by the due date to successfully complete the unit. A student who has obtained a SNG over 50, yet failed the hurdle assessment, fails the unit. Please see Macquarie University's assessment policy for more information about hurdle assessment tasks.

Delivery and Resources

Coronavirus (COVID-19) Update

Any references to on-campus delivery below may no longer be relevant due to COVID-19. Please check here for updated delivery information: https://ask.mq.edu.au/account/pub/display/unit_status

In the Faculty of Medicine and Health Sciences professionalism is a key capability embedded in all our programs. As part of developing professionalism, Faculty of Medicine and Health Sciences students are expected to attend all small group interactive sessions including tutorials, clinical and laboratory practical sessions. In most cases lectures are recorded; however, lecture recordings cannot be guaranteed and some discussion or content may not be available via the recording system.

All lectures and tutorials are scheduled in your individual timetable. The timetable for classes can be found on the University web site at: http://www.timetables.mq.edu.au/. You may make a request to your unit convener to attend a different tutorial on a one-off basis for extenuating circumstances.

Failure to attend any learning and teaching activities, including lectures and tutorials, may impact your final results. It is the responsibility of the student to contact their unit convenor and tutor by email to inform them if they are going to be absent.

Teaching and Learning Strategy

Lectures will provide foundation knowledge and also incorporate large group discussions and demonstrations.

Tutorials will focus on the development of technical skills and clinical reasoning. Tutorial content will be based on case studies and situated in authentic learning environments to optimally prepare students for their clinical placements the following semester.

iLearn: This unit's iLearn site will provide weekly resources for students, including:

lecture notes

- · tutorial worksheets
- preparation and consolidation material
- videos
- · assessment details

Textbooks

It is recommended that you purchase the following textbook for this unit:

Brukner P, Khan K, Clarsen B, Cook J, Cools A, Crossley K, Hutchinson M, McCrory P, Bahr R, eds. Brukner & Khan's clinical sports medicine. Volume 1: injuries. 5th ed. Sydney: McGraw-Hill; 2017.

Copies are available in the MQ library and in the Co-op bookshop.

Other books that may be useful references for this unit are:

Magee DJ. Orthopedic Physical Assessment. 6th ed. London: Elsevier Health Sciences; 2014.

Cook CE, Hegedus EJ. Orthopedic physical examination tests: an evidence-based approach. 2nd ed. Boston: Pearson; 2013.

Reichert B. Palpation techniques: surface anatomy for physical therapists. 2nd ed. Stuttgart: Thieme: 2011

Policies and Procedures

Macquarie University policies and procedures are accessible from Policy Central (https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- · Fitness to Practice Procedure
- Grade Appeal Policy
- Complaint Management Procedure for Students and Members of the Public
- Special Consideration Policy (Note: The Special Consideration Policy is effective from 4
 December 2017 and replaces the Disruption to Studies Policy.)

Students seeking more policy resources can visit the <u>Student Policy Gateway</u> (<u>https://students.m.g.edu.au/support/study/student-policy-gateway</u>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit Policy Central (https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/p

olicy-central).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/study/getting-started/student-conduct

Results

Results published on platform other than eStudent, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in eStudent. For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit http://students.mq.edu.au/support/

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- · Getting help with your assignment
- Workshops
- StudyWise
- · Academic Integrity Module

The Library provides online and face to face support to help you find and use relevant information resources.

- Subject and Research Guides
- Ask a Librarian

Student Services and Support

Students with a disability are encouraged to contact the <u>Disability Service</u> who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/ offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the <u>Acceptable Use of IT Resources Policy</u>. The policy applies to all who connect to the MQ network including students.

Changes from Previous Offering

The unit code has been changed to PHTY8106 from PHTY806 so please consider this when searching for past examination papers etc. There are no other substantial changes to the unit from 2019.