

# **PSYC8993**

# **Clinical Psychology Therapy 3**

Session 1, Weekday attendance, North Ryde 2020

Department of Psychology

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#### Disclaimer

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### **General Information**

Unit convenor and teaching staff

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Credit points

10

Prerequisites

(PSYC985 or PSYC8985) and (PSYC988 or PSYC8988) and (PSYC989 or PSYC8989)

Corequisites

PSYC8994 or PSYC994

Co-badged status

Unit description

This unit covers evidence-based practice in the understanding and management of psychological disorders, at an advanced level. The focus will be on advanced therapy skills in the selection, tailoring and implementation of appropriate evidence-based and case-formulated interventions for specialised and complex mental health, neurological, health, and illness populations. Material will cover the monitoring of outcomes, and modifications required, based on evolving case formulations for the following across the lifespan: stress and trauma-related disorders including adjustment disorder and complex trauma, somatization disorders, autism spectrum disorder, chronic pain, blood-injection-injury (BII) phobia, cardiovascular disease, cancer, and HIV.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at https://www.mq.edu.au/study/calendar-of-dates

# **Learning Outcomes**

On successful completion of this unit, you will be able to:

**ULO1:** Gather relevant information and report on updated evidence-based interventions using case formulation for working with stressed/trauma-related, neurological and health-

related populations across the life-span.

**ULO2:** Demonstrate understanding and effective application of principles and methods of empirically supported therapeutic approaches for working with stressed, traumatized, neurological and health related populations across the lifespan.

**ULO3:** Describe how to monitor therapeutic progress for working with stress/traumarelated disorders, health-related populations including neurological conditions across the lifespan, informed by evolving case formulations.

**ULO4:** Demonstrate understanding of appropriate collaboration with relevant health service professionals regarding case formulation and treatment plans for working with individuals and families with complex mental health problems, medical conditions, and/or comorbidities.

**ULO5:** Demonstrate professional competency in applying appropriate evidence-based interventions using case formulation for: 1) somatic disorders, 2), health-related disorders, 3) autism spectrum disorder, 4) stress and trauma-related disorders, and 5) more complex comorbid presentations.

### **Assessment Tasks**

#### Coronavirus (COVID-19) Update

Assessment details are no longer provided here as a result of changes due to the Coronavirus (COVID-19) pandemic.

Students should consult iLearn for revised unit information.

Find out more about the Coronavirus (COVID-19) and potential impacts on staff and students

# **General Assessment Information**

Please see links to the Assessment Policy and the Special Consideration Policy in the Policies and Procedures section of this Unit Guide.

#### Late submissions

All assessment tasks have a strict due date. Ordinarily, no extensions of time for submission of assessment tasks will be granted. If students experience unexpected, unavoidable, and serious circumstances affecting submission of assessable work they may lodge an application for Special Consideration via ask.mq.edu.au with supporting documentary evidence. All requests for special consideration must be made no later than five working days after the due date of the assessment task. Where special consideration has not been granted, late submissions will not be accepted.

#### Hurdle requirements

All of the assessment tasks are hurdle requirements - they require a minimum level of performance in order for students to pass the Unit. The assessment tasks allow demonstration of 'fitness to practice' as a clinical psychologist. Consistent with the Assessment Policy of the University, students who make a serious attempt at the task but fail to meet the required standards, will be provided with one additional opportunity to complete the task to a satisfactory standard. Failure of the second attempt will result in a Fail (FH) grade for the entire unit (even if the raw mark for the Unit is over 50) and this, in turn, will result in a delay in starting the Clinic placement or further placements. The required standards for the hurdle tasks will be provided via iLearn prior to completion of the task.

# **Delivery and Resources**

#### Coronavirus (COVID-19) Update

Any references to on-campus delivery below may no longer be relevant due to COVID-19. Please check here for updated delivery information: <a href="https://ask.mq.edu.au/account/pub/display/unit\_status">https://ask.mq.edu.au/account/pub/display/unit\_status</a>

There will be one 3-hour seminar per week (Wednesdays 12-3pm) each week of session.

Teaching will include weekly seminars, role-plays, practical skills training, class discussions, and video and/or audio clips. There will be weekly required readings. Additional resources and reading material will be provided throughout the course during the relevant sections.

# **Unit Schedule**

#### Coronavirus (COVID-19) Update

The unit schedule/topics and any references to on-campus delivery below may no longer be relevant due to COVID-19. Please consult <u>iLearn</u> for latest details, and check here for updated delivery information: https://ask.mq.edu.au/account/pub/display/unit\_status

Week	Date	Topic	Lecturer
1	26 Feb	NO CLASS -Class in morning only (*see PSYC8994)	PG/MK
2	4 March	Intro to somatization disorders (assessment and theories)	МК
3	11 March	Somatization disorders	МК
4	18 March	Stress and Trauma-related disorders –Working with children/families	МК
5	25 March	Stress and Trauma-related disorders –Comorbid and complex presentations (1)	МК

6	1 April	Stress and Trauma-related disorders –Comorbid and complex presentations (2)	МК		
7	8 April	Cardiovascular disease & cardiac psychology	PG		
	MID-SEMESTER BREAK				
8	29 April	Psycho-oncology	PG		
9	6 May	Chronic pain - part 1	PG		
10	13 May	Chronic pain - part 2	PG		
11	20 May	Autism spectrum disorder	PG		
12	27 May	Additional topics in clinical health psychology	PG		
13	2 & 3 June	Full day Vivas (no class)	PG		

Timetables for seminars can be found on the University website at: <a href="https://timetables.mq.edu.au/">https://timetables.mq.edu.au/</a>
2020/

### **Policies and Procedures**

Macquarie University policies and procedures are accessible from Policy Central (https://staff.m.q.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- · Fitness to Practice Procedure
- Grade Appeal Policy
- Complaint Management Procedure for Students and Members of the Public
- Special Consideration Policy (Note: The Special Consideration Policy is effective from 4

  December 2017 and replaces the Disruption to Studies Policy.)

Students seeking more policy resources can visit the <u>Student Policy Gateway</u> (https://students.m <u>q.edu.au/support/study/student-policy-gateway</u>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit Policy Central (https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/p

olicy-central).

#### **Student Code of Conduct**

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/study/getting-started/student-conduct

#### Results

Results published on platform other than <u>eStudent</u>, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in <u>eStudent</u>. For more information visit <u>ask.mq.edu.au</u> or if you are a Global MBA student contact <u>globalmba.support@mq.edu.au</u>

## Student Support

Macquarie University provides a range of support services for students. For details, visit <a href="http://students.mq.edu.au/support/">http://students.mq.edu.au/support/</a>

### **Learning Skills**

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- Getting help with your assignment
- Workshops
- StudyWise
- Academic Integrity Module

The Library provides online and face to face support to help you find and use relevant information resources.

- Subject and Research Guides
- Ask a Librarian

## Student Services and Support

Students with a disability are encouraged to contact the <u>Disability Service</u> who can provide appropriate help with any issues that arise during their studies.

# Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

# IT Help

For help with University computer systems and technology, visit <a href="http://www.mq.edu.au/about\_us/">http://www.mq.edu.au/about\_us/</a> offices\_and\_units/information\_technology/help/.

When using the University's IT, you must adhere to the <u>Acceptable Use of IT Resources Policy</u>. The policy applies to all who connect to the MQ network including students.

# **Changes since First Published**

Date	Description
16/02/2020	All assessments are hurdles.