



# PHTY8205

## Physiotherapy in Workplace and Recreation

Session 1, Weekday attendance, North Ryde 2020

*Department of Health Professions*

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## General Information

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Credit points

10

Prerequisites

(PHTY808 or PHTY8200) and (PHTY809 or PHTY8201) and (PHTY810 or PHTY8202) and (PHTY811 or PHTY8203)

Corequisites

## Co-badged status

### Unit description

This unit will focus on the delivery of physiotherapy services in the areas of occupational health, sport and recreation, within the context of the governance frameworks of these settings. You will become adept at identifying risk factors for injury, managing recovery and optimising performance in a workplace and sports setting. You will also engage in discussion of contemporary topical issues and the impact of these to physiotherapists working in these areas. An integrated clinical component is incorporated within the unit allowing you an opportunity to apply your knowledge and skills to real world scenarios.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

## Learning Outcomes

On successful completion of this unit, you will be able to:

**ULO1:** Demonstrate sound knowledge of the Work, Health and Safety (WHS) regulatory framework, medico-legal issues, and the role of consultant physiotherapists in occupational health and return to work. (Professional)

**ULO2:** Plan, conduct and analyse assessments of people participating in sporting or workplace activities using evidence-led screening tools and movement analysis technology. (Clinical Practitioner)

**ULO3:** Plan and conduct risk assessments of environments where sporting or work activities occur in order to prioritise risk avoidance, minimisation, or acceptance strategies. (Clinical Practitioner)

**ULO4:** Build and implement surveillance tools to identify internal and external risk factors for injury in sporting and workplace contexts. (Scientist & Scholar)

**ULO5:** Plan and implement a patient-centred management strategy, including on-field emergency management, that addresses the individual's goals and requirements of the sporting or workplace tasks, and supports the individual to recover at work or return to sport. (Clinical Practitioner)

**ULO6:** Discuss the implications of improving or enhancing sporting or workplace performance through physical training, dietary supplementation and external aids. (Scientist & Scholar)

**ULO7:** Discuss topical issues affecting workplace or sporting cultural diversity, performance and safety, including their implications for physiotherapy practice (Engaged)

Global Citizen)

## Assessment Tasks

### Coronavirus (COVID-19) Update

Assessment details are no longer provided here as a result of changes due to the Coronavirus (COVID-19) pandemic.

Students should consult [iLearn](#) for revised unit information.

[Find out more about the Coronavirus \(COVID-19\) and potential impacts on staff and students](#)

## General Assessment Information

Information concerning Macquarie University's assessment policy is available at [http://mq.edu.au/policy/docs/assessment/policy\\_2016.html](http://mq.edu.au/policy/docs/assessment/policy_2016.html). Grade descriptors and other information concerning grading requirements are contained in Schedule 1 of the Macquarie University Assessment Policy.

To pass this unit, students must demonstrate sufficient evidence of achievement of the learning outcomes. Further details for each assessment task will be available on iLearn, including marking rubrics.

All final grades in the Faculty of Medicine and Health Sciences are determined by the Faculty of Medicine and Health Sciences Assessment Committee, and are approved by the Faculty Board. They are not the sole responsibility of the Unit Convenor. Students will be awarded an Assessment Grade plus a Standardised Numerical Grade (SNG). The SNG is not necessarily a summation of the individual assessment components. The final grade and SNG that are awarded reflect the corresponding grade descriptor in Schedule 1 of the Assessment Policy.

Students will be awarded one of these grades plus a Standardised Numerical Grade (SNG). The SNG is not necessarily a summation of the individual assessment components. The final grade and SNG that are awarded reflect the corresponding grade descriptor in Schedule 1 of the Assessment Policy. If there is a lack of sufficient evidence demonstrating that a student has met the required level of achievement in all learning outcomes they will be awarded a Fail grading with an assigned mark of 49 or less.

### Extensions for Assessment Tasks

Applications for assessment task extensions must be submitted via [www.ask.mq.edu.au](http://www.ask.mq.edu.au). For further details please refer to the Special Considerations Policy available at <https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policies/special-consideration>

### Late Submission of Work

All assignments which are officially received after the due date, and where no extension has been granted by the unit convenor or course director, will incur a deduction of 10% for the first

day, and 10% for each subsequent day including the actual day on which the work is received. Assessments received 5 days or more beyond the due date, without an approved extension, will be awarded a maximum of 50% of the overall assessment marks. Weekends and public holidays are included. For example:

Due Date	Received	Days Late	Deduction	Raw Mark	Final Mark
Friday, 14th	Monday, 17th	3	30%	75%	45%

### Hurdle Assessment

A hurdle requirement is an activity for which a minimum level of performance or participation is a condition of passing the unit in which it occurs. A student who has obtained a SNG over 50, yet failed the hurdle assessment, fails the unit. Please see Macquarie University's assessment policy for more information about hurdle assessment tasks.

## Delivery and Resources

### Coronavirus (COVID-19) Update

Any references to on-campus delivery below may no longer be relevant due to COVID-19.

Please check here for updated delivery information: [https://ask.mq.edu.au/account/pub/display/unit\\_status](https://ask.mq.edu.au/account/pub/display/unit_status)

### Assumed knowledge

This unit assumes that you have successfully completed PHTY800-PHTY811. Your clinical placements during this unit will draw heavily on your skills developed in PHTY805, PHTY806 and PHTY807. It is advised that you revise these units prior to the commencement of the course. You will also need a comprehensive knowledge of anatomy and movement analysis.

### Textbooks and Readings

The following texts will be useful resources and available in the library reserve.

Recommendations about specific readings from these and other resources (such as research papers, books, websites and videos) will be listed within lecture material and on iLearn.

- **Clinical Sports Medicine.** 4th or 5th Editions. Brukner P and Khan K. McGraw Hill. (1st volume of the 5th edition is sufficient)
- **Ergonomics for Therapists.** 3rd Edition. Karen Jacobs. Elsevier 2008 - available as an e-text.

### Technology and equipment used and required

Teaching rooms are equipped with state of art audio-visual and ICT equipment including, iPads, internet connection, high quality video cameras and multiple LCD screens. Students will use a range of physiotherapy specific equipment typically used in the assessment and management of people with sport and work-related injuries and to improve performance.

## Teaching and Learning Strategy

This unit consists of one 2 hour lecture and one 2 hour tutorial every week for 6 weeks. It will also involve 70 hours of clinical placement in a sport/recreation setting and a work, health and safety setting. Time arrangements (e.g. 1-day per week or intensive placement) vary depending on the placement in order to provide a high fidelity experience. Weekend work and travel will be required for sports placements. Lectures will provide foundation knowledge and also use large group demonstrations and discussion, enabling you to use tutorial time efficiently to practice fundamental skills in risk identification, injury prevention, injury management, recovery at work, return to work and topical issue. Clinical placement will then be used to further enhance practical skills in specific sporting and workplace settings.

## Attendance

In the Faculty of Medicine and Health Sciences professionalism is a key capability embedded in all our programs. As part of developing professionalism, students from the Faculty of Medicine and Health Sciences are expected to attend all small group interactive sessions including tutorials, clinical and laboratory practical sessions. In most cases lectures are recorded; however, lecture recordings cannot be guaranteed and some discussion or content may not be available via the recording system.

All lectures and tutorials are scheduled in your individual timetable. The timetable for classes can be found on the University web site at: <http://www.timetables.mq.edu.au/>. You may make a request to your tutor to attend a different tutorial on a one-off basis for extenuating circumstances.

Failure to attend any learning and teaching activities, including lectures and tutorials, may impact your final results. It is the responsibility of the student to contact their tutor or the unit convenor by email to inform tutors if they are going to be absent.

## Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central\)](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)

- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#) (**Note:** *The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.*)

Students seeking more policy resources can visit the [Student Policy Gateway](https://students.mq.edu.au/support/study/student-policy-gateway) (<https://students.mq.edu.au/support/study/student-policy-gateway>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit [Policy Central](http://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central) (<http://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central>).

## Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/study/getting-started/student-conduct>

## Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit [ask.mq.edu.au](http://ask.mq.edu.au) or if you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

## Learning Skills

Learning Skills ([mq.edu.au/learningskills](http://mq.edu.au/learningskills)) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

## Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

## Student Enquiries

For all student enquiries, visit Student Connect at [ask.mq.edu.au](http://ask.mq.edu.au)

If you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## IT Help

For help with University computer systems and technology, visit [http://www.mq.edu.au/about\\_us/offices\\_and\\_units/information\\_technology/help/](http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/).

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.

## Changes from Previous Offering

This unit was previously offered as PHTY813 – Physiotherapy in Workplace and Recreation. All previous unit guides can be accessed using the former unit code. As of Semester 1, 2020. Assessment Task 4 - Placement Log Book, is now a hurdle assessment task.