



PHTY8203

Reflective Practice and Professional Development

Session 2, Special circumstance, North Ryde 2020

Department of Health Professions

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Disclaimer

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Notice

As part of [Phase 3 of our return to campus plan](#), most units will now run tutorials, seminars and other small group learning activities on campus for the second half-year, while keeping an online version available for those students unable to return or those who choose to continue their studies online.

To check the availability of face-to-face and online activities for your unit, please go to [timetable viewer](#). To check detailed information on unit assessments visit your unit's iLearn space or consult your unit convenor.

General Information

Unit convenor and teaching staff

Unit convenor

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Credit points

10

Prerequisites

(PHTY805 or PHTY8105) and (PHTY806 or PHTY8106) and (PHTY807 or PHTY8107) and (MEDI912 or MEDI8102 or PHTY804 or PHTY8104)

Corequisites

(PHTY808 or PHTY8200) and (PHTY809 or PHTY8201) and (PHTY810 or PHTY8202)

Co-badged status

Unit description

This unit further develops the role of reflective practice in the delivery of person-centred interprofessional health care. Using experiences from clinical physiotherapy placements and exploration of written accounts of personal experiences of health care, you will examine and reflect on interprofessional practice in Australian health care. You will also develop strategies for self-management and lifelong development within the physiotherapy profession. You will be required to draft professional development plans based on your experience and emerging interests.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

- ULO1:** Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- ULO2:** Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- ULO3:** Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- ULO4:** Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
- ULO5:** Identify and discuss emerging professional interests, and strategies for optimising

performance and achieving professional goals. (Professional)

ULO6: Apply strategies for optimising professional performance and provide evidence of clinical and professional skill development

General Assessment Information

Information concerning Macquarie University's assessment policy is available at http://mq.edu.au/policy/docs/assessment/policy_2016.html. Grade descriptors and other information concerning grading requirements are contained in Schedule 1 of the Macquarie University Assessment Policy.

To pass this unit, you must demonstrate sufficient evidence of achievement of the learning outcomes. Further details for each assessment task will be available on iLearn, including marking rubrics.

All final grades in the Faculty of Medicine and Health Sciences are determined by the Faculty of Medicine and Health Sciences Assessment Committee, and are approved by the Faculty Board. They are not the sole responsibility of the Unit Convenor. Students will be awarded an Assessment Grade plus a Standardised Numerical Grade (SNG). The SNG is not necessarily a summation of the individual assessment components. The final grade and SNG that are awarded reflect the corresponding grade descriptor in Schedule 1 of the Assessment Policy.

You will be awarded one of these grades plus a Standardised Numerical Grade (SNG). The SNG is not necessarily a summation of the individual assessment components. The final grade and SNG that are awarded reflect the corresponding grade descriptor in Schedule 1 of the Assessment Policy. If there is a lack of sufficient evidence demonstrating that a student has met the required level of achievement in all learning outcomes they will be awarded a Fail grading with an assigned mark of 49 or less.

Extensions for Assessment Tasks

Applications for assessment task extensions must be submitted via www.ask.mq.edu.au. For further details please refer to the Special Considerations Policy available at <https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policies/special-consideration>

Late Submission of Work

All assignments which are officially received after the due date, and where no extension has been granted by the unit convenor or course director, will incur a deduction of 10% for the first day, and 10% for each subsequent day including the actual day on which the work is received. Assessments received 5 days or more beyond the due date, without an approved extension, will be awarded a maximum of 50% of the overall assessment marks. Weekends and public holidays are included. For example:

Due Date	Received	Days Late	Deduction	Raw Mark	Final Mark
Friday, 14th	Monday, 17th	3	30%	75%	45%

Hurdle Assessment

A hurdle requirement is an activity for which a minimum level of performance or participation is a condition of passing the unit in which it occurs. A student who has obtained a SNG over 50, yet failed the hurdle assessment, fails the unit. Please see Macquarie University's assessment policy for more information about hurdle assessment tasks. Within this unit, the clinical placement logbook is a hurdle task, requiring you to log 20 hours of clinical placement as a minimum requirement for passing this assessment task.

Assessment Tasks

Name	Weighting	Hurdle	Due
Clinical skills mastery register	0%	Yes	31/07/2020
Professional Development Blog - Stage 1	10%	No	10/08/2020
Professional Development Plan 1	15%	No	17/08/2020
Professional Development Plan 2	15%	No	Monday after CPP1
Professional Development Plan 3	15%	No	Monday after CPP2
Professional Development Blog	30%	No	Monday after CPP2
Online discussion forum	15%	No	Continuous throughout CPP1 and CPP2

Clinical skills mastery register

Assessment Type ¹: Clinical performance evaluation

Indicative Time on Task ²: 10 hours

Due: **31/07/2020**

Weighting: **0%**

This is a hurdle assessment task (see [assessment policy](#) for more information on hurdle assessment tasks)

The mastery register for PHTY8203 is a list of key skills in which competence is considered to be a requirement for the assurance of quality physiotherapy practice for registration. You must demonstrate a minimum level of competence in these skills as a condition of passing this unit by achieving 60% completion of the mastery register for each of the four specific modules, i.e. neurological, cardiorespiratory, peripheral musculoskeletal and musculoskeletal spinal modules, in order to successfully complete this unit and prior to commencing any clinical placement unit.

On successful completion you will be able to:

- Apply strategies for optimising professional performance and provide evidence of clinical and professional skill development

Professional Development Blog - Stage 1

Assessment Type ¹: Reflective Writing

Indicative Time on Task ²: 5 hours

Due: **10/08/2020**

Weighting: **10%**

You will present a reflective blog that will form part of your Professional Development Blog, allowing an opportunity for early feedback upon your reflective writing skills

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)

Professional Development Plan 1

Assessment Type ¹: Learning plan

Indicative Time on Task ²: 10 hours

Due: **17/08/2020**

Weighting: **15%**

You will present a professional development plan that identifies strengths, as well as areas for improvement and strategies to enhance future performance.

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
- Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)

Professional Development Plan 2

Assessment Type ¹: Learning plan

Indicative Time on Task ²: 10 hours

Due: **Monday after CPP1**

Weighting: **15%**

You will present a professional development plan that includes a review of Professional Development Plan 1, as well as areas for improvement and strategies to enhance future performance.

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an

independent practitioner and as a member of a multidisciplinary team. (Professional)

- Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)
- Apply strategies for optimising professional performance and provide evidence of clinical and professional skill development

Professional Development Plan 3

Assessment Type ¹: Learning plan

Indicative Time on Task ²: 10 hours

Due: **Monday after CPP2**

Weighting: **15%**

You will present a professional development plan that includes a review of Professional Development Plan 1, as well as areas for improvement and strategies to enhance future performance.

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
- Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)
- Apply strategies for optimising professional performance and provide evidence of clinical and professional skill development

Professional Development Blog

Assessment Type ¹: Portfolio

Indicative Time on Task ²: 20 hours

Due: **Monday after CPP2**

Weighting: **30%**

You will compile a portfolio of blog posts outlining your process of clinical and professional skill development, including evidence of your attainment of skill or process of skill development.

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
- Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)
- Apply strategies for optimising professional performance and provide evidence of clinical and professional skill development

Online discussion forum

Assessment Type ¹: Reflective Writing

Indicative Time on Task ²: 12 hours

Due: **Continuous throughout CPP1 and CPP2**

Weighting: **15%**

You will be required to participate in online discussion forums related to your observations and experiences while on clinical placement, displaying engagement and critical thinking, whilst also upholding standards of ethical and professional behaviour, as well as privacy and confidentiality requirements.

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
 - Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
 - Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
 - Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
 - Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)
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¹ If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

² Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Delivery and Resources

Unit Organisation

This is a 10 credit point unit run over 20 weeks alongside PHTY8200-8201 Clinical Physiotherapy Placement I,II. After the completion of the clinical skills workshop PHTY8203 is an online unit with no weekly lectures or tutorials. You will need to have access to a reliable internet connection in order to retrieve unit information & to submit assessment tasks via iLearn. Further information is available via the PHTY8203 online Learning Management System (LMS) iLearn <http://ilearn.mq.edu.au>

Teaching and Learning Strategy

This unit uses an iLearn site to promote discussion and peer learning regarding experiences on clinical physiotherapy placements. Contributions to the online learning environment are to be constructive to enhance self and peer learning and must adhere to the University's, ethical, professional, privacy and confidentiality requirements. It is a breach of policy to discuss clinical placements in forums (ie social media) and non-professional settings. Breaches of this policy are seen as professional misconduct and may result in disciplinary action.

Textbooks and Readings

There is no essential textbook for this unit, however recommendations about helpful readings and other resources are listed on iLearn.

Technology and Equipment

On-campus

Teaching rooms are equipped with state of art audio-visual and ICT equipment including iPads, internet connection, high quality video cameras and multiple LCD screens.

Off-campus

As this is an online unit of study conducted off campus you will need to have access to a reliable internet connection in order to retrieve unit information & at times to submit assessment tasks via iLearn.

Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central\)](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#) (**Note:** *The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.*)

Students seeking more policy resources can visit the [Student Policy Gateway \(https://students.mq.edu.au/support/study/student-policy-gateway\)](https://students.mq.edu.au/support/study/student-policy-gateway). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit [Policy Central \(https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central\)](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/study/getting-started/student-conduct>

Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the

University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit [ask.mq.edu.au](#) or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at [ask.mq.edu.au](#)

If you are a Global MBA student contact globalmba.support@mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.

Changes from Previous Offering

This is the first instance of a special circumstance offering that has been created in response to the COVID-19 pandemic.