



PSYC8995

Clinical Psychology Therapy 4

Session 2, Special circumstance, North Ryde 2020

Department of Psychology

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Notice

As part of [Phase 3 of our return to campus plan](#), most units will now run tutorials, seminars and other small group learning activities on campus for the second half-year, while keeping an online version available for those students unable to return or those who choose to continue their studies online.

To check the availability of face-to-face and online activities for your unit, please go to [timetable viewer](#). To check detailed information on unit assessments visit your unit's iLearn space or consult your unit convenor.

General Information

Unit convenor and teaching staff

Unit convenor and lecturer

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Credit points

10

Prerequisites

(PSYC993 or PSYC8993) and (PSYC994 or PSYC8994)

Corequisites

(PSYC981 or PSYC8981)

Co-badged status

Unit description

This unit covers evidence-based practice in the understanding and management of psychological disorders, at an advanced level. The focus will be on assessment and advanced therapy skills in the selection, tailoring and implementation of appropriate evidence-based and case-formulated interventions for sleep disorders and sexuality issues, including monitoring of outcomes and modifications required, based on evolving case formulations. Material will also cover considerations for applying evidence based psychotherapies to aging and carer populations and using e-health applications including telemedicine, taking into account ethical considerations and practices when working with e-health applications and clients across the lifespan.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

ULO1: Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.

ULO2: Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.

ULO3: Understand ethical principles in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.

ULO4: Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

ULO5: Communicate appropriately and professionally about potential clients and therapeutic approaches guided by ethics, evidence and case formulation.

General Assessment Information

ASSESSMENT COMPLETION

Students must attempt all assessment tasks to achieve a grade of pass or higher in this unit.

SPECIAL CONSIDERATION/EXTENSION

Students who experience serious and unavoidable disruption, must apply for special consideration no later than five (5) working days after the assessment task due date, examination or test date via ask.mq.edu.au. All requests will be considered on a case by case basis, and appropriate documentary evidence will need to be provided to substantiate your claim (such as medical certificate, counsellor note, or similar). If an extension/special consideration is granted, the time-frame will also be determined on an individual basis. If you have enquiries, lodge this online or visit the Student Centre (ground floor, 4 First Walk).

Assessment Tasks

Name	Weighting	Hurdle	Due
<u>Clinical Case Report</u>	35%	Yes	Week 7
<u>Group presentation and tool kit submission</u>	35%	No	Week 9
<u>Final Examination</u>	30%	No	Week 13

Clinical Case Report

Assessment Type ¹: Report

Indicative Time on Task ²: 30 hours

Due: **Week 7**

Weighting: **35%**

This is a hurdle assessment task (see [assessment policy](#) for more information on hurdle assessment tasks)

Students will submit a clinical case report of 2000 words on a hypothetical client.

On successful completion you will be able to:

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Understand ethical principles in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.
- Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

Group presentation and tool kit submission

Assessment Type ¹: Presentation

Indicative Time on Task ²: 30 hours

Due: **Week 9**

Weighting: **35%**

Based on the same hypothetical client the student selected for the Clinical Case Report, in a small group of peers, students are required to present 10 minute clinical case review to the class. As a group, a clinical resource tool kit is submitted and will be distributed to the class.

On successful completion you will be able to:

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Understand ethical principles in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.
- Communicate appropriately and professionally about potential clients and therapeutic approaches guided by ethics, evidence and case formulation.

Final Examination

Assessment Type ¹: Examination

Indicative Time on Task ²: 27 hours

Due: **Week 13**

Weighting: **30%**

Final examination held in scheduled class time, in accordance with relevant requirements.

On successful completion you will be able to:

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, aging populations (including the role of carers), and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Understand ethical principles in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.
- Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

¹ If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

² Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Delivery and Resources

One 3-hour seminar per week Wednesday 2-5pm.

Unit Schedule

The schedule of lectures/seminars is listed below. There may be slight variation in the schedule due to staff availability.

Week	Date	Topic	Lecturer
1	29/7/20	Introduction to Unit & Scope of e-health applications	SW
2	5/8/20	Internet and Online Therapy 1	SW
3	12/8/20	Internet and Online Therapy 2	SW
4	19/8/20	Internet and Online Therapy 3	SW
5	26/8/20	Internet and Online Therapy 4	SW
6	2/9/20	Assessment and Treatment of Sexuality Disorders	SW
7	9/9/20	Assessment and Treatment of Sleep Disorders 1 CLINICAL CASE REPORT DUE	AG
MID SEMESTER BREAK			
8	30/9/20	Assessment and Treatment of Sleep Disorders 2	AG
9	7/10/20	ASSESSMENT: Group Presentation and Clinical Tool Kit	SW
10	14/10/20	Assessment and Treatment – Ageing/Carer issues 1	VW
11	21/10/20	Assessment and Treatment – Ageing/Carer issues 2	VW
12	28/10/20	Assessment and Treatment – Ageing/Carer issues 3	VW

13	4/11/20	EXAM	SW
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Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central\)](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#) (**Note:** *The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.*)

Students seeking more policy resources can visit the [Student Policy Gateway \(https://students.mq.edu.au/support/study/student-policy-gateway\)](https://students.mq.edu.au/support/study/student-policy-gateway). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit [Policy Central \(https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central\)](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/study/getting-started/student-conduct>

Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study

strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.