



PSYP8908

Working with Groups

Session 2, Special circumstance 2020

Department of Psychology

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Notice

As part of [Phase 3 of our return to campus plan](#), most units will now run tutorials, seminars and other small group learning activities on campus for the second half-year, while keeping an online version available for those students unable to return or those who choose to continue their studies online.

To check the availability of face-to-face and online activities for your unit, please go to [timetable viewer](#). To check detailed information on unit assessments visit your unit's iLearn space or consult your unit convenor.

General Information

Unit convenor and teaching staff

Julie Boulis

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Joanne Earl

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Credit points

10

Prerequisites

Admission to MProfPsych

Corequisites

Co-badged status

Unit description

This unit provides theory and skills training in group processes and group leadership. As with other Units, this Unit is run in an experiential fashion to teach student to analyse group processes of both external and in-class groups. The unit teaches strategies to lead and facilitate group therapy in a variety of contexts and with a variety of clinical client populations (e.g. anxiety, depression, agoraphobia, psychosis). The application group modes for skills training, such as problem solving skills, social skills training and stress management, is taught. Knowledge of and development of skills for self-care practice are presented. Practical considerations inherent in the application of group-treatment approaches, such as the integration of individuals differing with respect to age, sex, diagnosis and religion, are also addressed.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

ULO1: Design, implement and evaluate psychological group intervention programs within the context of a multi-disciplinary team.

ULO2: Review and evaluate the current research and theory in the field of clinical group work, and create group interventions and treatments to test hypotheses generated from

a client's presenting issues, particularly with Indigenous Australians.

ULO3: Apply communication skills effectively in writing and through verbal communication.

ULO4: Evaluate behaviour consistent with the legal requirements, regulatory frameworks, guidelines and code of conduct relevant to psychologists.

ULO5: Analyse the issues and obstacles for delivering effective group interventions, particularly with Indigenous Australians, diverse, and vulnerable populations.

General Assessment Information

Please see iLearn for detailed descriptions of assessment requirements and the rubrics used to provide feedback. Students must attempt all assessment tasks to achieve a grade of pass or higher in this unit.

Assessment Tasks

Name	Weighting	Hurdle	Due
<u>Live Skills demonstration</u>	50%	No	14th October 2020
<u>Group intervention report</u>	50%	No	2nd October 2020

Live Skills demonstration

Assessment Type ¹: Presentation

Indicative Time on Task ²: 50 hours

Due: **14th October 2020**

Weighting: **50%**

Students will submit a student led discussion of 25 minutes in groups of 4-5 students, recorded via zoom and submitted online.

On successful completion you will be able to:

- Evaluate behaviour consistent with the legal requirements, regulatory frameworks, guidelines and code of conduct relevant to psychologists.
- Analyse the issues and obstacles for delivering effective group interventions, particularly with Indigenous Australians, diverse, and vulnerable populations.

Group intervention report

Assessment Type ¹: Report

Indicative Time on Task ²: 51 hours

Due: **2nd October 2020**

Weighting: **50%**

In 2500 words, students will evaluate an appropriate intervention for group therapy.

On successful completion you will be able to:

- Design, implement and evaluate psychological group intervention programs within the context of a multi-disciplinary team.
- Review and evaluate the current research and theory in the field of clinical group work, and create group interventions and treatments to test hypotheses generated from a client's presenting issues, particularly with Indigenous Australians.
- Apply communication skills effectively in writing and through verbal communication.

¹ If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

² Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Delivery and Resources

The unit is comprised of lectures.

Lectures: 2 x 6 hour lecture on Wednesday

3 x 6 hour lecture on Saturday

If more than one workshop per unit is missed, then the student is at risk of being excluded and university rules may apply.

Unit Schedule

Workshop 1 (Wednesday July 29th) Group Processes

Workshop 2 (Wednesday August 26th) Planning a Group

Workshop 3 (Wednesday September 9th) Running a Group

Workshop 4 (Wednesday September 16th) Live Skills Practice

Wednesday October 14th Live Skills Assessment

Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central) (<https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central>). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#) (**Note:** *The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.*)

Students seeking more policy resources can visit the [Student Policy Gateway](https://students.mq.edu.au/support/study/student-policy-gateway) (<https://students.mq.edu.au/support/study/student-policy-gateway>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit [Policy Central](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central) (<https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central>).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/study/getting-started/student-conduct>

Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.