



# PSYU3352

## Appetite: The Psychology of Eating and Drinking

Session 2, Special circumstance 2020

*Department of Psychology*

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#### **Notice**

As part of [Phase 3 of our return to campus plan](#), most units will now run tutorials, seminars and other small group learning activities on campus for the second half-year, while keeping an online version available for those students unable to return or those who choose to continue their studies online.

To check the availability of face-to-face and online activities for your unit, please go to [timetable viewer](#). To check detailed information on unit assessments visit your unit's iLearn space or consult your unit convenor.

## General Information

Unit convenor and teaching staff

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Alissa Beath

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Credit points

10

Prerequisites

(PSY248 or PSYU2248 or PSYX248 or PSYX2248) and (PSY236 or PSYU2236 or PSYX236 or PSYX2236)

Corequisites

Co-badged status

Unit description

The need to eat and drink is essential to the survival of all animals. This unit examines the psychology of these activities, with a primarily human slant. In particular, the unit covers the anatomy and physiology of the whole ingestive system; what starts and stops eating; why we like and prefer some foods over others; and the psychobiology of dieting, starvation, obesity, and anorexia/bulimia. The unit adopts a broad perspective, so that the impact of human food choice on health, the economy and the environment, are constantly kept in focus.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

## Learning Outcomes

On successful completion of this unit, you will be able to:

**ULO1:** Demonstrate knowledge of the key concepts of the psychology of eating and drinking.

**ULO2:** Critically analyse theories and research relating to the psychology of eating and drinking problem solving

**ULO3:** Demonstrate problem solving skills in relation to relevant research on the psychology of eating and drinking.

**ULO4:** Demonstrate written and oral communication skills through written and class-based activities

## Assessment Tasks

| Name                                  | Weighting | Hurdle | Due                            |
|---------------------------------------|-----------|--------|--------------------------------|
| <a href="#">Final Examination</a>     | 50%       | No     | University Exam Period         |
| <a href="#">Experimental report 1</a> | 20%       | No     | Week 7, specific date TBA      |
| <a href="#">Experimental report 2</a> | 30%       | No     | Week 12/13 (Specific date TBA) |

### Final Examination

Assessment Type <sup>1</sup>: Examination

Indicative Time on Task <sup>2</sup>: 50 hours

Due: **University Exam Period**

Weighting: **50%**

Final examination held within the University's formal exam period, in accordance with relevant requirements.

On successful completion you will be able to:

- Demonstrate knowledge of the key concepts of the psychology of eating and drinking.
- Critically analyse theories and research relating to the psychology of eating and drinking problem solving
- Demonstrate problem solving skills in relation to relevant research on the psychology of eating and drinking.

### Experimental report 1

Assessment Type <sup>1</sup>: Report

Indicative Time on Task <sup>2</sup>: 21 hours

Due: **Week 7, specific date TBA**

Weighting: **20%**

Students submit two by 500 word reports on the experiments conducted during the tutorial classes. Students will be awarded one mark across the two parts of the assessment.

On successful completion you will be able to:

- Demonstrate knowledge of the key concepts of the psychology of eating and drinking.
- Critically analyse theories and research relating to the psychology of eating and drinking problem solving
- Demonstrate problem solving skills in relation to relevant research on the psychology of eating and drinking.
- Demonstrate written and oral communication skills through written and class-based activities

## Experimental report 2

Assessment Type <sup>1</sup>: Report

Indicative Time on Task <sup>2</sup>: 20 hours

Due: **Week 12/13 (Specific date TBA)**

Weighting: **30%**

Students submit two by 500 word reports on the experiments conducted during the tutorial classes. Students will be awarded one mark across the two parts of the assessment.

On successful completion you will be able to:

- Demonstrate knowledge of the key concepts of the psychology of eating and drinking.
- Critically analyse theories and research relating to the psychology of eating and drinking problem solving
- Demonstrate problem solving skills in relation to relevant research on the psychology of eating and drinking.
- Demonstrate written and oral communication skills through written and class-based activities

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<sup>1</sup> If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

<sup>2</sup> Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

## Delivery and Resources

At this stage all lectures will be online, and the experimental tutorials will be conducted by Zoom.

## Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central) (<https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central>). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#) (**Note:** *The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.*)

Students seeking more policy resources can visit the [Student Policy Gateway](https://students.mq.edu.au/support/study/student-policy-gateway) (<https://students.mq.edu.au/support/study/student-policy-gateway>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit [Policy Central](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central) (<https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central>).

## Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/study/getting-started/student-conduct>

## Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit [ask.mq.edu.au](https://ask.mq.edu.au) or if you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

## Learning Skills

Learning Skills ([mq.edu.au/learningskills](http://mq.edu.au/learningskills)) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

## Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

## Student Enquiries

For all student enquiries, visit Student Connect at [ask.mq.edu.au](http://ask.mq.edu.au)

If you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## IT Help

For help with University computer systems and technology, visit [http://www.mq.edu.au/about\\_us/offices\\_and\\_units/information\\_technology/help/](http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/).

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.