PSYC8989

Clinical Psychology Therapy 2

Session 2, Special circumstances, North Ryde 2021

Archive (Pre-2022) - Department of Psychology

Contents

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Session 2 Learning and Teaching Update

The decision has been made to conduct study online for the remainder of Session 2 for all units WITHOUT mandatory on-campus learning activities. Exams for Session 2 will also be online where possible to do so.

This is due to the extension of the lockdown orders and to provide certainty around arrangements for the remainder of Session 2. We hope to return to campus beyond Session 2 as soon as it is safe and appropriate to do so.

Some classes/teaching activities cannot be moved online and must be taught on campus. You should already know if you are in one of these classes/teaching activities and your unit convenor will provide you with more information via iLearn. If you want to confirm, see the list of units with mandatory on-campus classes/teaching activities.

Visit the MQ COVID-19 information page for more detail.

General Information

Unit convenor and teaching staff
Convenor
Carolyn Schniering
carolyn.schniering@mq.edu.au
Contact via Email
Psychology Clinic
By appointment

Credit points
10

Prerequisites
Admission to MClinPsych and (PSYC985 or PSYC8985) and (PSYC986 or PSYC8986) and (PSYC987 or PSYC8987)

Corequisites

Co-badged status

Unit description
This unit covers evidence-based practice in the understanding and management of psychological disorders at an advanced level. The focus will be on advanced therapy skills in the selection, tailoring and implementation of appropriate evidence-based case-formulated interventions for more severe and complex mental health populations. Material will cover the monitoring of outcomes and modifications required based on evolving case formulation for complex comorbidities, as well as a range of chronic mental health disorders across the lifespan. Related content on consultation and collaboration with other professionals regarding clinical planning and referrals around complex presentations will also be covered.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at https://www.mq.edu.au/study/calendar-of-dates

Learning Outcomes

On successful completion of this unit, you will be able to:

ULO1: Gather relevant information in the selection, tailoring and implementation of appropriate evidence-based interventions on the basis of an initial case formulation for complex presentations and/or with comorbidities.

ULO3: Report and demonstrate the principles and methods of empirically supported interventions across the lifespan for a range of complex clinical disorders

ULO4: Demonstrate advanced critical thinking and psychological knowledge to solve problems related to the treatment of complex comorbidities in the area of clinical psychology.

ULO2: Explain how to monitor outcomes and modifications based on evolving case formulation, in particular as required for complex comorbidities, personality disorders and psychotic processes.

ULO5: Report on the process of consultation and collaboration with other professionals regarding clinical planning and referrals around complex case presentations.

General Assessment Information

Late submissions, without an approved extension, will receive a 5% per day penalty including weekends and public holidays. If you submit the assessment task 10 days or more beyond the due date, you will be awarded a maximum of 50% of the overall assessment marks. No further submissions will be accepted after the marked assignments are returned and feedback is released to students.

All extensions need to be formally requested via ask.mq.edu.au in line with the special consideration policy.

It is Psychology policy that letter grades, not numeric marks, are released for written assessment tasks.

The final exam for this unit is currently scheduled to occur on Macquarie University campus. Students are expected to make themselves available for the exam, at the date and time set by the University, in line with the Assessment Policy and Procedure.

 Word count penalty: 5% of the possible mark will be deducted per 100 words over the word limit for the assessment task. An additional 99 words beyond the limit can be written without penalty.

Supplementary assessment tasks will only be provided following an approved Special Consideration application, and only when appropriate. Supplementary assessment tasks, including supplementary exams, can be in a different format to the original assessment task.

Sitting the final exam is compulsory in order to be eligible to pass the unit. Any student who does not attempt the final exam will be granted a Fail Absent grade.

Assessment Tasks

Name	Weighting	Hurdle	Due
Face-to face viva and reflective report	40%	Yes	Week 7

Name	Weighting	Hurdle	Due
Clinical case report	20%	No	Week 9
Final Examination	40%	No	Week 13

Face-to face viva and reflective report

Assessment Type [1]: Viva/oral examination
Indicative Time on Task [2]: 11 hours
Due: **Week 7**
Weighting: **40%**
This is a hurdle assessment task (see assessment policy for more information on hurdle assessment tasks)

Students will be required to conduct part of a treatment session in 20 minutes that demonstrates principles and methods of an empirically supported intervention for a case provided. Following the viva, a 600 word report will summarise key reflections upon the performance and will be submitted the following day.

On successful completion you will be able to:

- Report and demonstrate the principles and methods of empirically supported interventions across the lifespan for a range of complex clinical disorders

Clinical case report

Assessment Type [1]: Report
Indicative Time on Task [2]: 30 hours
Due: **Week 9**
Weighting: **20%**

Clinical case report of 1500 words covering case formulation and treatment plans from a vignette provided.

On successful completion you will be able to:

- Gather relevant information in the selection, tailoring and implementation of appropriate evidence-based interventions on the basis of an initial case formulation for complex presentations and/or with comorbidities.

- Report and demonstrate the principles and methods of empirically supported interventions across the lifespan for a range of complex clinical disorders

- Demonstrate advanced critical thinking and psychological knowledge to solve problems related to the treatment of complex comorbidities in the area of clinical psychology.

- Explain how to monitor outcomes and modifications based on evolving case formulation, in particular as required for complex comorbidities, personality disorders and psychotic processes.

Final Examination

Assessment Type [1]: Examination
Indicative Time on Task [2]: 40 hours
Due: **Week 13**
Weighting: **40%**

Final examination held in scheduled class time, in accordance with relevant requirements.

On successful completion you will be able to:

- Gather relevant information in the selection, tailoring and implementation of appropriate evidence-based interventions on the basis of an initial case formulation for complex presentations and/or with comorbidities.

- Report and demonstrate the principles and methods of empirically supported interventions across the lifespan for a range of complex clinical disorders

- Demonstrate advanced critical thinking and psychological knowledge to solve problems related to the treatment of complex comorbidities in the area of clinical psychology.

- Explain how to monitor outcomes and modifications based on evolving case formulation, in particular as required for complex comorbidities, personality disorders and psychotic processes.

- Report on the process of consultation and collaboration with other professionals regarding clinical planning and referrals around complex case presentations.

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[1] If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment

- the Writing Centre for academic skills support.

[2] Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Delivery and Resources

The unit will be taught using lectures, clinical skills training and readings.

Attendance to classes is compulsory in order to achieve a Pass grade or higher in this unit. At the time of writing this unit guide, on campus attendance is essential for completion of components of this unit. Class participation is essential to the learning outcomes. Live demonstrations and role-modelling will be used to teach the practical application of the clinical skills covered in this unit. Students are expected to be present for the entirety of the class session. The material covered in class may not be posted on iLearn. Thus it is the student's responsibility to attend class and to take notes on the material covered.

If students miss a class, it is University Policy that students MUST make a Request for Special Consideration through https://ask.mq.edu.au/ with appropriate documentation (e.g., medical certificates etc). To be eligible for Special Consideration, a student must notify the University of a serious and unavoidable disruption no later than 5 working days of the due date (see University Policy https://policies.mq.edu.au/document/view.php?id=136).

However, in line with Public Health guidelines, this approach will be revised if and when necessary due to the COVID pandemic, in alignment with University policy. Changes or updates will be communicated via iLearn and/or emails sent to student email accounts. Students should stay up to date with the latest University advice at the following website: https://www.mq.edu.au/about/coronavirus-faqs/information-for-students

Unit Schedule

Unit Schedule

Week 1. Introduction

Week 2. Treatment of Personality and Complex Comorbidity I

Week 3. Treatment of Personality and Complex Comorbidity II

Week 4. Treatment of Personality and Complex Comorbidity III

Week 5. Generic Treatment Skills with Children, Adolescents and Families

Week 6. Treatment of Child and Adolescent Anxiety

Week 7. Treatment of Child and Adolescent Depression

Recess

Week 8. Treatment of Child and Adolescent Externalising Disorders

Week 9. Treatment of Substance Use

Week 10. Treatment of Gambling Disorder and Impulse Control

Week 11. Treatment of Psychosis/Bipolar Disorder

Week 12. Treatment of Eating and Feeding Disorders

Week 13. Exam

Policies and Procedures

Macquarie University policies and procedures are accessible from Policy Central (https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- Fitness to Practice Procedure
- Grade Appeal Policy
- Complaint Management Procedure for Students and Members of the Public
- Special Consideration Policy

Students seeking more policy resources can visit Student Policies (https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit Policy Central (https://policies.mq.edu.au) and use the search tool.

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/admin/other-resources/student-conduct

Results

Results published on platform other than eStudent, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in eStudent. For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Macquarie University, and Psychology undergraduate courses, follow standards-based assessment of student performance. All individual assessment tasks are subject to moderation, consistent with the Assessment Policy and Procedure. A student's final mark for this unit, and associated grade, must reflect their attainment of the unit learning outcomes, and isn't necessarily a simple summation of their individual assessment items.

Student Support

Macquarie University provides a range of support services for students. For details, visit http://students.mq.edu.au/support/

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- Getting help with your assignment
- Workshops
- StudyWise
- Academic Integrity Module

The Library provides online and face to face support to help you find and use relevant information resources.

- Subject and Research Guides
- Ask a Librarian

Student Services and Support

Students with a disability are encouraged to contact the Disability Service who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the Acceptable Use of IT Resources Policy. The policy applies to all who connect to the MQ network including students.