



PSYC8995

Clinical Psychology Therapy 4

Session 2, Special circumstances, North Ryde 2021

Archive (Pre-2022) - Department of Psychology

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Disclaimer

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Session 2 Learning and Teaching Update

The decision has been made to conduct study online for the remainder of Session 2 for all units WITHOUT mandatory on-campus learning activities. Exams for Session 2 will also be online where possible to do so.

This is due to the extension of the lockdown orders and to provide certainty around arrangements for the remainder of Session 2. We hope to return to campus beyond Session 2 as soon as it is safe and appropriate to do so.

Some classes/teaching activities cannot be moved online and must be taught on campus. You should already know if you are in one of these classes/teaching activities and your unit convenor will provide you with more information via iLearn. If you want to confirm, see the list of [units with mandatory on-campus classes/teaching activities](#).

Visit the [MQ COVID-19 information page](#) for more detail.

General Information

Unit convenor and teaching staff

Unit Convenor

Lauren McLellan

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Guest Lecturer

Viviana Wuthrich

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Guest Lecturer

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Guest Lecturer

Amanda Gamble

Credit points

10

Prerequisites

(PSYC993 or PSYC8993) and (PSYC994 or PSYC8994)

Corequisites

(PSYC981 or PSYC8981)

Co-badged status

Unit description

This unit covers evidence-based practice in the understanding and management of psychological disorders, at an advanced level. The focus will be on assessment and advanced therapy skills in the selection, tailoring and implementation of appropriate evidence-based and case-formulated interventions for sleep disorders and sexuality issues, including monitoring of outcomes and modifications required, based on evolving case formulations. Material will also cover considerations for applying evidence based psychotherapies to aging and carer populations and using e-health applications including telemedicine, taking into account ethical considerations and practices when working with e-health applications and clients across the lifespan.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

ULO1: Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, ageing populations, and integration with e-health.

ULO2: Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.

ULO3: Understand ethical principles and risk issues in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.

ULO4: Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

ULO5: Demonstrate effective clinical skills in the context of e-health applications.

General Assessment Information

Late Submissions Late submissions, without an approved extension, will receive a 5% per day penalty including weekends and public holidays. If you submit the assessment task 10 days or more beyond the due date, you will be awarded a maximum of 50% of the overall assessment marks. No further submissions will be accepted after the marked assignments are returned and feedback is released to students. All extensions need to be formally requested via ask.mq.edu.au in line with the special consideration policy.

Word Count Penalty 5% of the possible mark will be deducted per 100 words over the word limit for written assessment tasks. An additional 99 words beyond the limit can be written without penalty.

Grades for Written Assessment Tasks It is Psychology policy that letter grades, not numeric marks, are released for written assessment tasks.

Final Exam The final exam for this unit is currently scheduled to occur on Macquarie University campus. Students are expected to make themselves available for the exam, at the date and time set by the University, in line with the Assessment Policy and Procedure.

Sitting the final exam is compulsory in order to be eligible to pass the unit. Any student who does not attempt the final exam will be granted a Fail Absent grade.

Supplementary Assessment Tasks Supplementary assessment tasks will only be provided following an approved Special Consideration application, and only when appropriate. Supplementary assessment tasks, including supplementary exams, can be in a different format to the original assessment task.

Assessment Tasks

Name	Weighting	Hurdle	Due
Video role play	35%	Yes	Week 5
Clinical Case Report	35%	Yes	Week 9
Final Examination	30%	No	Week 13

Video role play

Assessment Type ¹: Simulation/role play

Indicative Time on Task ²: 30 hours

Due: **Week 5**

Weighting: **35%**

This is a hurdle assessment task (see [assessment policy](#) for more information on hurdle assessment tasks)

Students submit a 15 minute video demonstrating clinical skills in the context of e-health applications.

On successful completion you will be able to:

- Understand ethical principles and risk issues in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.
- Demonstrate effective clinical skills in the context of e-health applications.

Clinical Case Report

Assessment Type ¹: Report

Indicative Time on Task ²: 30 hours

Due: **Week 9**

Weighting: **35%**

This is a hurdle assessment task (see [assessment policy](#) for more information on hurdle assessment tasks)

Students will submit a clinical case report of 2000 words on a hypothetical client.

On successful completion you will be able to:

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, ageing populations, and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Understand ethical principles and risk issues in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.
- Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

Final Examination

Assessment Type ¹: Examination

Indicative Time on Task ²: 27 hours

Due: **Week 13**

Weighting: **30%**

Final examination held in scheduled class time, in accordance with relevant requirements.

On successful completion you will be able to:

- Effectively apply principles and methods of empirically supported therapeutic approaches for working with sleep disorders, sexuality issues, ageing populations, and integration with e-health.
- Demonstrate professional competency in reporting on the current evidence base in integrating technology into assessment and therapeutic approaches to treat a range of clinical presentations.
- Understand ethical principles and risk issues in the integration of technology into practice and when working with clients across the lifespan, including awareness of legislative and ethical policies with e-health in Australia.

- Understand and apply evidence-based approaches to the assessment of clinical cases based on evolving case formulation, in particular as required for sleep disorders, sexuality issues, aging populations and in the application e-health.

¹ If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

² Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Delivery and Resources

The unit will be taught using lectures, clinical skills training and readings. Attendance to classes is compulsory in order to achieve a Pass grade or higher in this unit. On campus attendance is essential for completion of components of this unit. Class participation is essential to the learning outcomes. Live demonstrations and role-modelling will be used to teach the practical application of the clinical skills covered in this unit. Students are expected to be present for the entirety of the class session. The material covered in class may not be posted on iLearn. Thus it is the student's responsibility to attend class and to take notes on the material covered.

If students miss a class, it is University Policy that students **MUST** make a Request for Special Consideration through <https://ask.mq.edu.au/> with appropriate documentation (e.g., medical certificates etc). To be eligible for Special Consideration, a student must notify the University of a serious and unavoidable disruption no later than 5 working days of the due date (see University Policy <https://policies.mq.edu.au/document/view.php?id=136>).

However, in line with Public Health guidelines, this approach will be revised if and when necessary due to the COVID pandemic, in alignment with University policy. Changes or updates will be communicated via iLearn and/or emails sent to student email accounts. Students should stay up to date with the latest University advice at the following website: <https://www.mq.edu.au/about/coronavirus-faqs/information-for-students>.

Unit Schedule

Week 1: Introduction o e-health Assessment and Treatment (Lauren)

Week 2: e-health in practice - ethical considerations (Lauren)

Week 3: e-assessment and e-interventions 1 (Lauren)

Week 4: e-assessment and e-interventions 2 (Lauren)

Week 5: Assessment and Treatment - Ageing/Carer Issues 1 (Anxiety and Depression) (Viv)

Week 6: Assessment and Treatment - Ageing/Carer Issues 2 (Dementia and Cognitive

Assessments) (Dino)

Week 7: Assessment and Treatment - Ageing/Carer Issues 3 (Adjustment Issues and Carers) (Jessamine)

Recess

Week 8: Assessment and Treatment of Sleep Disorders 1 (Amanda Gamble)

Week 9: Assessment and Treatment of Sleep Disorders 2 (Amanda Gamble)

Week 10: Assessment and Treatment of Sexual Dysfunction 1 (Lauren)

Week 11: Assessment and Treatment of Sexual Dysfunction 2 (Lauren)

Week 12: Considerations for working with Intellectual Disability and Learning Disorders (Lauren)

Week 13: In Class Exam

Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central](https://policies.mq.edu.au) (<https://policies.mq.edu.au>). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#)

Students seeking more policy resources can visit [Student Policies](https://students.mq.edu.au/support/study/policies) (<https://students.mq.edu.au/support/study/policies>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit [Policy Central](https://policies.mq.edu.au) (<https://policies.mq.edu.au>) and use the [search tool](#).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/admin/other-resources/student-conduct>

Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be

made available in [eStudent](#). For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.