



# PSYU3352

## Appetite: The Psychology of Eating and Drinking

Session 2, Weekday attendance, North Ryde 2021

Archive (Pre-2022) - Department of Psychology

### Contents

---

<a href="#"><u>General Information</u></a>	3
<a href="#"><u>Learning Outcomes</u></a>	3
<a href="#"><u>General Assessment Information</u></a>	4
<a href="#"><u>Assessment Tasks</u></a>	4
<a href="#"><u>Delivery and Resources</u></a>	6
<a href="#"><u>Policies and Procedures</u></a>	6
<a href="#"><u>Changes since First Published</u></a>	8

#### Disclaimer

Macquarie University has taken all reasonable measures to ensure the information in this publication is accurate and up-to-date. However, the information may change or become out-dated as a result of change in University policies, procedures or rules. The University reserves the right to make changes to any information in this publication without notice. Users of this publication are advised to check the website version of this publication [or the relevant faculty or department] before acting on any information in this publication.

#### Session 2 Learning and Teaching Update

The decision has been made to conduct study online for the remainder of Session 2 for all units WITHOUT mandatory on-campus learning activities. Exams for Session 2 will also be online where possible to do so.

This is due to the extension of the lockdown orders and to provide certainty around arrangements for the remainder of Session 2. We hope to return to campus beyond Session 2 as soon as it is safe and appropriate to do so.

Some classes/teaching activities cannot be moved online and must be taught on campus. You should already know if you are in one of these classes/teaching activities and your unit convenor will provide you with more information via iLearn. If you want to confirm, see the list of [units with mandatory on-campus classes/teaching activities](#).

---

---

Visit the [MQ COVID-19 information page](#) for more detail.

## General Information

Unit convenor and teaching staff

Dick Stevenson

[dick.stevenson@mq.edu.au](mailto:dick.stevenson@mq.edu.au)

Administration

Novello Alday

[novello.alday@mq.edu.au](mailto:novello.alday@mq.edu.au)

PhD Student

Catie Lai

[catie.lai@mq.edu.au](mailto:catie.lai@mq.edu.au)

Credit points

10

Prerequisites

(PSY248 or PSYU2248 or PSYX248 or PSYX2248) and (PSY236 or PSYU2236 or PSYX236 or PSYX2236)

Corequisites

Co-badged status

Unit description

The need to eat and drink is essential to the survival of all animals. This unit examines the psychology of these activities, with a primarily human slant. In particular, the unit covers the anatomy and physiology of the whole ingestive system; what starts and stops eating; why we like and prefer some foods over others; and the psychobiology of dieting, starvation, obesity, and anorexia/bulimia. The unit adopts a broad perspective, so that the impact of human food choice on health, the economy and the environment, are constantly kept in focus.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

## Learning Outcomes

On successful completion of this unit, you will be able to:

**ULO1:** Demonstrate knowledge of the key concepts of the psychology of eating and drinking

**ULO2:** Critically analyse theories and research relating to the psychology of eating and drinking problem solving

**ULO3:** Demonstrate problem solving skills in relation to relevant research on the psychology of eating and drinking

**ULO4:** Demonstrate written and oral communication skills through written and class-based activities

## General Assessment Information

Late submissions, without an approved extension, will receive a 5% per day penalty including weekends and public holidays. If you submit the assessment task 10 days or more beyond the due date, you will be awarded a maximum of 50% of the overall assessment marks. No further submissions will be accepted after the marked assignments are returned and feedback is released to students.

All extensions need to be formally requested via [ask.mq.edu.au](http://ask.mq.edu.au) in line with the special consideration policy.

Any requests for remark need to follow the Psychology process and must be applied within 2 weeks of the assessment task being returned. Information will be provided on iLearn.

It is Psychology policy that letter grades, not numeric marks, are released for written assessment tasks.

The final exam for this unit is currently scheduled to occur on Macquarie University campus. Students are expected to make themselves available for the exam, at the date and time set by the University, in line with the Assessment Policy and Procedure.

Word count penalty: 5% of the possible mark will be deducted per 25 words over the word limit for the assessment task. An additional 24 words beyond the limit can be written without penalty.

Supplementary assessment tasks will only be provided following an approved Special Consideration application, and only when appropriate. Supplementary assessment tasks, including supplementary exams, can be in a different format to the original assessment task.

Sitting the final exam is compulsory in order to be eligible to pass the unit. Any student who does not attempt the final exam will be granted a Fail Absent grade.

## Assessment Tasks

Name	Weighting	Hurdle	Due
<a href="#"><u>Experimental report</u></a>	50%	No	Week 13
<a href="#"><u>Final Examination</u></a>	50%	No	Examination period

## Experimental report

Assessment Type <sup>1</sup>: Report

Indicative Time on Task <sup>2</sup>: 41 hours

Due: **Week 13**

Weighting: **50%**

An experimental report based on experiments conducted during tutorials.

On successful completion you will be able to:

- Demonstrate knowledge of the key concepts of the psychology of eating and drinking
- Critically analyse theories and research relating to the psychology of eating and drinking problem solving
- Demonstrate problem solving skills in relation to relevant research on the psychology of eating and drinking
- Demonstrate written and oral communication skills through written and class-based activities

## Final Examination

Assessment Type <sup>1</sup>: Examination

Indicative Time on Task <sup>2</sup>: 50 hours

Due: **Examination period**

Weighting: **50%**

Final examination held within the University's formal exam period, in accordance with relevant requirements.

On successful completion you will be able to:

- Demonstrate knowledge of the key concepts of the psychology of eating and drinking
- Critically analyse theories and research relating to the psychology of eating and drinking problem solving
- Demonstrate problem solving skills in relation to relevant research on the psychology of eating and drinking
- Demonstrate written and oral communication skills through written and class-based activities

<sup>1</sup> If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

<sup>2</sup> Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

## Delivery and Resources

Prior to the current lockdown in Sydney at the time of publishing this unit guide, this unit was planned to run with essential on-campus tutorials delivered in accordance with a COVID Safe plan. However, given the current COVID situation in NSW, tutorials will commence as online classes only (delivered via Zoom), with plans to reassess as the University and Government Health advice changes. Students should not enrol in this unit if they are offshore or otherwise unable to come on campus for essential classes if and when the situation changes. Please see iLearn for the most up-to-date information.

Lectures will also be on-line until further notice.

## Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#)

Students seeking more policy resources can visit [Student Policies \(https://students.mq.edu.au/support/study/policies\)](https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au) and use the [search tool](#).

## Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of

Conduct: <https://students.mq.edu.au/admin/other-resources/student-conduct>

## Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit [ask.mq.edu.au](http://ask.mq.edu.au) or if you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

Macquarie University, and Psychology undergraduate courses, follow standards-based assessment of student performance. All individual assessment tasks are subject to moderation, consistent with the Assessment Policy and Procedure. A student's final mark for this unit, and associated grade, must reflect their attainment of the unit learning outcomes, and isn't necessarily a simple summation of their individual assessment items.

## Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

## Learning Skills

Learning Skills ([mq.edu.au/learningskills](http://mq.edu.au/learningskills)) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

## Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

## Student Enquiries

For all student enquiries, visit Student Connect at [ask.mq.edu.au](http://ask.mq.edu.au)

If you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## IT Help

For help with University computer systems and technology, visit [http://www.mq.edu.au/about\\_us/](http://www.mq.edu.au/about_us/)

[offices\\_and\\_units/information\\_technology/help/](#).

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.

## Changes since First Published

Date	Description
23/ 07/ 2021	One of Simon's PhD students (Catie Lai) wanted to be added so she could listen to the lectures etc, as her PhD is on a related topic. Best Dick
21/ 07/ 2021	I've added Novy to the 'Staff' so he can access iLearn for the unit