



PHTY8203

Reflective Practice and Professional Development

Session 2, Weekday attendance, On location at placement 2021

Department of Health Professions

Contents

<u>General Information</u>	3
<u>Learning Outcomes</u>	4
<u>General Assessment Information</u>	4
<u>Assessment Tasks</u>	5
<u>Delivery and Resources</u>	10
<u>Policies and Procedures</u>	10
<u>Changes from Previous Offering</u>	12
<u>Changes since First Published</u>	12

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Session 2 Learning and Teaching Update

The decision has been made to conduct study online for the remainder of Session 2 for all units WITHOUT mandatory on-campus learning activities. Exams for Session 2 will also be online where possible to do so.

This is due to the extension of the lockdown orders and to provide certainty around arrangements for the remainder of Session 2. We hope to return to campus beyond Session 2 as soon as it is safe and appropriate to do so.

Some classes/teaching activities cannot be moved online and must be taught on campus. You should already know if you are in one of these classes/teaching activities and your unit convenor will provide you with more information via iLearn. If you want to confirm, see the list of [units with mandatory on-campus classes/teaching activities](#).

Visit the [MQ COVID-19 information page](#) for more detail.

General Information

Unit convenor and teaching staff

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Credit points

10

Prerequisites

(PHTY805 or PHTY8105) and (PHTY806 or PHTY8106) and (PHTY807 or PHTY8107) and (MEDI912 or MEDI8102 or PHTY804 or PHTY8104)

Corequisites

(PHTY808 or PHTY8200) and (PHTY809 or PHTY8201) and (PHTY810 or PHTY8202)

Co-badged status

Unit description

This unit further develops the role of reflective practice in the delivery of person-centred interprofessional health care. Using experiences from clinical physiotherapy placements and exploration of written accounts of personal experiences of health care, you will examine and reflect on interprofessional practice in Australian health care. You will also develop strategies for self-management and lifelong development within the physiotherapy profession. You will be required to draft professional development plans based on your experience and emerging interests.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://students.mq.edu.au/important-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

- ULO1:** Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- ULO2:** Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- ULO3:** Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- ULO4:** Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
- ULO5:** Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)
- ULO6:** Apply strategies for optimising professional performance and provide evidence of clinical and professional skill development

General Assessment Information

General Assessment Information

Information concerning Macquarie University's [Assessment Policy](#) is available at policies.mq.edu.au. Grade descriptors and other information concerning grading requirements are contained in [Schedule 1](#) of the Macquarie University Assessment Policy.

To pass this unit, you must have demonstrated sufficient evidence of achievement of the unit learning outcomes.

Grading of Assessments

You will receive a grade for each assessment within this unit. The grades awarded will reflect a holistic evaluation of the work against the criteria outlined within the corresponding assessment rubric. Numerical marks will be calculated for each assessment based on the following percentages, and rounded to the nearest full mark:

- High distinction (HD) – 95%
- Distinction (D) – 80%
- Credit (C) – 70%
- Pass (P) – 60%
- Pass threshold (P-) – 50%
- Fail (F) – 40%

Further details for each assessment task will be available on iLearn, including marking rubrics.

All final grades in the Department of Health Professions are determined by the Faculty of Medicine, Health and Human Sciences Assessment Committee, and are approved by the Faculty Board. They are not the sole responsibility of the Unit Convenors. You will be awarded an Assessment Grade plus a Standardised Numerical Grade (SNG). The SNG is not necessarily a summation of the individual assessment components. The final grade and SNG that are awarded reflect the corresponding grade descriptor in Schedule 1 of the Assessment Policy.

Extensions for Assessment Tasks

Applications for assessment task extensions may be considered for short-term, unexpected, serious, and unavoidable circumstances affecting assessment. Applications must be submitted via www.ask.mq.edu.au. For further details please refer to the [Special Considerations Policy](#). You can also find out more on the MQ Student Portal at the following link: <https://students.mq.edu.au/study/assessment-exams/special-consideration>

Should you encounter any personal issues or concerns in regard to health and wellbeing during your studies you can also gain personal support and advice on campus. Please see the following link for further information: <https://students.mq.edu.au/support/personal>

Late Submission of Work

All assignments which are officially received after the due date, and where no extension has been granted by the Unit Convenor, will incur a deduction of 5% of the overall assessment weighting for the first day, and 5% for each subsequent day, including the actual day on which the work is received. Assessments received 5 days or more beyond the due date, without an approved extension, will be awarded a maximum of 50% of the overall assessment marks. Weekends and public holidays are included. For example:

Due Date	Received	Days Late	Deduction	Raw Mark	Final Mark
Friday, 14th	Monday, 17th	3	15%	75%	60%

Assessment Tasks

Name	Weighting	Hurdle	Due
Professional Development Blog	40%	No	Continuous throughout CPP1-3.

Name	Weighting	Hurdle	Due
<u>Professional Development Plan 1</u>	15%	No	Friday week 4 of CPP1
<u>Professional Development Plan 2</u>	15%	No	Friday week 4 of CPP2
<u>Professional Development Plan 3</u>	15%	No	Friday week 4 of CPP3
<u>Online discussion forum</u>	15%	No	Continuous throughout CPP1-3

Professional Development Blog

Assessment Type ¹: Portfolio

Indicative Time on Task ²: 30 hours

Due: **Continuous throughout CPP1-3.**

Weighting: **40%**

You will compile a portfolio of blog posts outlining your process of clinical and professional skill development, including evidence of your attainment of skill or process of skill development.

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
- Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)
- Apply strategies for optimising professional performance and provide evidence of clinical and professional skill development

Professional Development Plan 1

Assessment Type ¹: Learning plan

Indicative Time on Task ²: 10 hours

Due: **Friday week 4 of CPP1**

Weighting: **15%**

You will present a professional development plan that identifies strengths, as well as areas for improvement and strategies to enhance future performance.

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
- Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)

Professional Development Plan 2

Assessment Type ¹: Learning plan

Indicative Time on Task ²: 10 hours

Due: **Friday week 4 of CPP2**

Weighting: **15%**

You will present a professional development plan that includes a review of Professional Development Plan 1, as well as areas for improvement and strategies to enhance future performance.

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- Work independently and collaboratively to enhance self and peer learning, while

- adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
- Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)
- Apply strategies for optimising professional performance and provide evidence of clinical and professional skill development

Professional Development Plan 3

Assessment Type ¹: Learning plan

Indicative Time on Task ²: 10 hours

Due: **Friday week 4 of CPP3**

Weighting: **15%**

You will present a professional development plan that includes a review of Professional Development Plan 1, as well as areas for improvement and strategies to enhance future performance.

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
- Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)
- Apply strategies for optimising professional performance and provide evidence of clinical and professional skill development

Online discussion forum

Assessment Type ¹: Reflective Writing

Indicative Time on Task ²: 15 hours

Due: **Continuous throughout CPP1-3**

Weighting: **15%**

You will be required to participate in online discussion forums related to your observations and experiences while on clinical placement, displaying engagement and critical thinking, whilst also upholding standards of ethical and professional behaviour, as well as privacy and confidentiality requirements.

On successful completion you will be able to:

- Apply the philosophy and theory of reflective practice and professional development using various tools, including observational records, narratives, critical incidents, case studies and diaries. (Professional)
- Work independently and collaboratively to enhance self and peer learning, while adhering to ethical, professional, privacy and confidentiality requirements. (Professional)
- Monitor and reflect on clinical experiences with reference to the Physiotherapy Practice thresholds for Australia and Aotearoa New Zealand to identify gaps in knowledge, skills or experiences. (Professional)
- Translate reflections on physiotherapy practice to develop plans to address identified gaps in professional knowledge, skills, practice and/or experience, both as an independent practitioner and as a member of a multidisciplinary team. (Professional)
- Identify and discuss emerging professional interests, and strategies for optimising performance and achieving professional goals. (Professional)

¹ If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Learning Skills Unit](#) for academic skills support.

² Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Delivery and Resources

Unit Organisation

This is a 10 credit point unit run over 20 weeks alongside PHTY8200-8201 Clinical Physiotherapy Placement I,II. PHTY8203 is an online unit with no weekly lectures or tutorials. You will need to have access to a reliable internet connection in order to retrieve unit information & to submit assessment tasks via iLearn. Further information is available via the PHTY8203 online Learning Management System (LMS) iLearn <http://ilearn.mq.edu.au>

Teaching and Learning Strategy

This unit uses an iLearn site to promote discussion and peer learning regarding experiences on clinical physiotherapy placements. Contributions to the online learning environment are to be constructive to enhance self and peer learning and must adhere to the University's, ethical, professional, privacy and confidentiality requirements. It is a breach of policy to discuss clinical placements in forums (ie social media) and non-professional settings. Breaches of this policy are seen as professional misconduct and may result in disciplinary action.

Textbooks and Readings

There is no essential textbook for this unit, however recommendations about helpful readings and other resources are be listed on iLearn.

Technology and Equipment

On-campus

Teaching rooms are equipped with state of art audio-visual and ICT equipment including iPads, internet connection, high quality video cameras and multiple LCD screens.

Off-campus

As this is an online unit of study conducted off campus you will need to have access to a reliable internet connection in order to retrieve unit information & at times to submit assessment tasks via iLearn.

Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)

- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#)

Students seeking more policy resources can visit [Student Policies \(https://students.mq.edu.au/support/study/policies\)](https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au) and use the [search tool](#).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/admin/other-resources/student-conduct>

Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

Student Enquiry Service

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

Equity Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.

Changes from Previous Offering

2020 Assessment task 1 - Mastery, was only applicable to the special circumstances offering in 2020. Assessment task 1, Mastery has been removed for 2021 offering. As a result, AT2-6 from the 2020 offering change their assessment task numbers to AT1-5 respectively for the 2021 offering. The assessment task numbers are the only changes to these assessment tasks, all assessment formats and requirements remain the same as previous offering.

Changes since First Published

Date	Description
01/07/2021	Update to grading of assessment details