



# PSYH4466

## Advanced Issues in Health Psychology

Session 1, Special circumstances 2021

*Archive (Pre-2022) - Department of Psychology*

### Contents

---

<a href="#"><u>General Information</u></a>	2
<a href="#"><u>Learning Outcomes</u></a>	2
<a href="#"><u>General Assessment Information</u></a>	3
<a href="#"><u>Assessment Tasks</u></a>	3
<a href="#"><u>Delivery and Resources</u></a>	5
<a href="#"><u>Policies and Procedures</u></a>	5
<a href="#"><u>Changes since First Published</u></a>	6

#### **Disclaimer**

Macquarie University has taken all reasonable measures to ensure the information in this publication is accurate and up-to-date. However, the information may change or become out-dated as a result of change in University policies, procedures or rules. The University reserves the right to make changes to any information in this publication without notice. Users of this publication are advised to check the website version of this publication [or the relevant faculty or department] before acting on any information in this publication.

#### **Notice**

As part of [Phase 3 of our return to campus plan](#), most units will now run tutorials, seminars and other small group activities on campus, and most will keep an online version available to those students unable to return or those who choose to continue their studies online.

To check the availability of face-to-face activities for your unit, please go to [timetable viewer](#). To check detailed information on unit assessments visit your unit's iLearn space or consult your unit convenor.

## General Information

Unit convenor and teaching staff

Unit Convenor

Kerry Sherman

[kerry.sherman@mq.edu.au](mailto:kerry.sherman@mq.edu.au)

Philippe Gilchrist

[philippe.gilchrist@mq.edu.au](mailto:philippe.gilchrist@mq.edu.au)

Credit points

10

Prerequisites

Corequisites

PSYH490 or PSHY4490 or PSYH495 or PSYH4495 or PSYH4492

Co-badged status

PSYM7766

Unit description

This unit provides an advanced overview of health psychology. Health psychology is devoted to understanding psychological influences on how people stay healthy, why they become ill, and how they respond when they do get ill. Empirical and clinical evidence suggests the optimal approaches, especially in the prevention of poor lifestyle habits, to promote healthy behaviour. Topics covered within this unit include the nature of chronic illness and pain, design and planning of behaviour change interventions, and coping with serious illness.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

## Learning Outcomes

On successful completion of this unit, you will be able to:

**ULO1:** Apply a range of health psychology theories to real-world problems and contexts.

**ULO2:** Demonstrate awareness of psychological, social and cultural determinants of health status.

**ULO3:** Demonstrate awareness of a range of intervention approaches to promote good health and adjustment to illness.

**ULO4:** Conduct research on specific problems related to health psychology and evidence-based intervention approaches.

**ULO5:** Develop assessment and intervention plans to address a health or illness related problem.

**ULO6:** Communicate assessment and intervention plans succinctly and clearly in written (case report) and oral (class presentation) formats.

## General Assessment Information

Specific details about assessments are provided in the link within the iLearn site for this unit.

## Assessment Tasks

Name	Weighting	Hurdle	Due
<a href="#">Final examination</a>	45%	No	Week 13
<a href="#">Case Report</a>	40%	No	Friday 23 April
<a href="#">Brief class presentation</a>	15%	No	Thursday 1 April

### Final examination

Assessment Type <sup>1</sup>: Examination

Indicative Time on Task <sup>2</sup>: 40 hours

Due: **Week 13**

Weighting: **45%**

Final examination held in scheduled class time, in accordance with relevant requirements.

On successful completion you will be able to:

- Apply a range of health psychology theories to real-world problems and contexts.
- Demonstrate awareness of psychological, social and cultural determinants of health status.
- Demonstrate awareness of a range of intervention approaches to promote good health and adjustment to illness.
- Develop assessment and intervention plans to address a health or illness related problem.

### Case Report

Assessment Type <sup>1</sup>: Case study/analysis

Indicative Time on Task <sup>2</sup>: 50 hours

Due: **Friday 23 April**

Weighting: **40%**

Students will prepare a case report in 1500 words, on a specific topic related to issues concerning health and illness that is introduced in class. The task requires students to analyse the case with reference to relevant theories of health psychology and empirical research

On successful completion you will be able to:

- Apply a range of health psychology theories to real-world problems and contexts.
- Demonstrate awareness of psychological, social and cultural determinants of health status.
- Demonstrate awareness of a range of intervention approaches to promote good health and adjustment to illness.
- Conduct research on specific problems related to health psychology and evidence-based intervention approaches.
- Develop assessment and intervention plans to address a health or illness related problem.
- Communicate assessment and intervention plans succinctly and clearly in written (case report) and oral (class presentation) formats.

## Brief class presentation

Assessment Type <sup>1</sup>: Presentation

Indicative Time on Task <sup>2</sup>: 20 hours

Due: **Thursday 1 April**

Weighting: **15%**

Students will undertake a critique of an Australian public health campaign to promote good health and/or adjustment to illness, presenting this in a brief class presentation and submitting a one page summary.

On successful completion you will be able to:

- Apply a range of health psychology theories to real-world problems and contexts.
- Demonstrate awareness of psychological, social and cultural determinants of health status.
- Conduct research on specific problems related to health psychology and evidence-based intervention approaches.
- Communicate assessment and intervention plans succinctly and clearly in written (case report) and oral (class presentation) formats.

---

<sup>1</sup> If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

<sup>2</sup> Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

## Delivery and Resources

This unit will be delivered as a combination of pre-recorded lectures provided through iLearn and live Zoom seminars run for the first hour of each scheduled class (i.e., 11.05am start).

## Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central](#) (<https://policies.mq.edu.au>). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#)

Students seeking more policy resources can visit [Student Policies](#) (<https://students.mq.edu.au/support/study/policies>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit [Policy Central](#) (<https://policies.mq.edu.au>) and use the [search tool](#).

## Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/admin/other-resources/student-conduct>

## Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit [ask.mq.edu.au](http://ask.mq.edu.au) or if you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

### Learning Skills

Learning Skills ([mq.edu.au/learningskills](http://mq.edu.au/learningskills)) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

## Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

## Student Enquiries

For all student enquiries, visit Student Connect at [ask.mq.edu.au](http://ask.mq.edu.au)

If you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## IT Help

For help with University computer systems and technology, visit [http://www.mq.edu.au/about\\_us/offices\\_and\\_units/information\\_technology/help/](http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/).

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.

## Changes since First Published

Date	Description
21/07/2021	Extended the time that this Unit is active for to accommodate student sitting a late Supp exam
15/02/2021	Clarification that classes are equivalent to 2 hours per week.

