PSYH4466
Advanced Issues in Health Psychology
Session 1, Special circumstances 2021
Department of Psychology

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Disclaimer
Macquarie University has taken all reasonable measures to ensure the information in this publication is accurate and up-to-date. However, the information may change or become out-dated as a result of change in University policies, procedures or rules. The University reserves the right to make changes to any information in this publication without notice. Users of this publication are advised to check the website version of this publication [or the relevant faculty or department] before acting on any information in this publication.

Notice
As part of Phase 3 of our return to campus plan, most units will now run tutorials, seminars and other small group activities on campus, and most will keep an online version available to those students unable to return or those who choose to continue their studies online.

To check the availability of face-to-face activities for your unit, please go to timetable viewer. To check detailed information on unit assessments visit your unit’s iLearn space or consult your unit convenor.
General Information

Unit convenor and teaching staff
Unit Convenor
Kerry Sherman
kerry.sherman@mq.edu.au

Philippe Gilchrist
philippe.gilchrist@mq.edu.au

Credit points
10

Prerequisites

Corequisites
PSYH490 or PSHY4490 or PSYH495 or PSYH4495 or PSYH4492

Co-badged status
PSYM7766

Unit description
This unit provides an advanced overview of health psychology. Health psychology is devoted to understanding psychological influences on how people stay healthy, why they become ill, and how they respond when they do get ill. Empirical and clinical evidence suggests the optimal approaches, especially in the prevention of poor lifestyle habits, to promote healthy behaviour. Topics covered within this unit include the nature of chronic illness and pain, design and planning of behaviour change interventions, and coping with serious illness.

Important Academic Dates
Information about important academic dates including deadlines for withdrawing from units are available at https://students.mq.edu.au/important-dates

Learning Outcomes
On successful completion of this unit, you will be able to:

ULO1: Apply a range of health psychology theories to real-world problems and contexts.
ULO2: Demonstrate awareness of psychological, social and cultural determinants of health status.
ULO3: Demonstrate awareness of a range of intervention approaches to promote good health and adjustment to illness.
ULO4: Conduct research on specific problems related to health psychology and evidence-based intervention approaches.

ULO5: Develop assessment and intervention plans to address a health or illness related problem.

ULO6: Communicate assessment and intervention plans succinctly and clearly in written (case report) and oral (class presentation) formats.

General Assessment Information

Specific details about assessments are provided in the link within the iLearn site for this unit.

Assessment Tasks

<table>
<thead>
<tr>
<th>Name</th>
<th>Weighting</th>
<th>Hurdle</th>
<th>Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Final examination</td>
<td>45%</td>
<td>No</td>
<td>Week 13</td>
</tr>
<tr>
<td>Case Report</td>
<td>40%</td>
<td>No</td>
<td>Friday 23 April</td>
</tr>
<tr>
<td>Brief class presentation</td>
<td>15%</td>
<td>No</td>
<td>Thursday 1 April</td>
</tr>
</tbody>
</table>

Final examination

Assessment Type 1: Examination
Indicative Time on Task 2: 40 hours
Due: Week 13
Weighting: 45%

Final examination held in scheduled class time, in accordance with relevant requirements.

On successful completion you will be able to:

- Apply a range of health psychology theories to real-world problems and contexts.
- Demonstrate awareness of psychological, social and cultural determinants of health status.
- Demonstrate awareness of a range of intervention approaches to promote good health and adjustment to illness.
- Develop assessment and intervention plans to address a health or illness related problem.

Case Report

Assessment Type 1: Case study/analysis
Indicative Time on Task 2: 50 hours
Due: Friday 23 April
Weighting: **40%**

Students will prepare a case report in 1500 words, on a specific topic related to issues concerning health and illness that is introduced in class. The task requires students to analyse the case with reference to relevant theories of health psychology and empirical research.

On successful completion you will be able to:

- Apply a range of health psychology theories to real-world problems and contexts.
- Demonstrate awareness of psychological, social and cultural determinants of health status.
- Demonstrate awareness of a range of intervention approaches to promote good health and adjustment to illness.
- Conduct research on specific problems related to health psychology and evidence-based intervention approaches.
- Develop assessment and intervention plans to address a health or illness related problem.
- Communicate assessment and intervention plans succinctly and clearly in written (case report) and oral (class presentation) formats.

**Brief class presentation**

Assessment Type: Presentation

Indicative Time on Task: 20 hours

Due: **Thursday 1 April**

Weighting: **15%**

Students will undertake a critique of an Australian public health campaign to promote good health and/or adjustment to illness, presenting this in a brief class presentation and submitting a one page summary.

On successful completion you will be able to:

- Apply a range of health psychology theories to real-world problems and contexts.
- Demonstrate awareness of psychological, social and cultural determinants of health status.
- Conduct research on specific problems related to health psychology and evidence-based intervention approaches.
- Communicate assessment and intervention plans succinctly and clearly in written (case report) and oral (class presentation) formats.

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<sup>1</sup> If you need help with your assignment, please contact:

[https://unitguides.mq.edu.au/unit_offerings/139840/unit_guide/print](https://unitguides.mq.edu.au/unit_offerings/139840/unit_guide/print)
Unit guide PSYH4466 Advanced Issues in Health Psychology

• the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
• the Learning Skills Unit for academic skills support.

2 Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Delivery and Resources

This unit will be delivered as a combination of pre-recorded lectures provided through iLearn and live Zoom seminars run for the first hour of each scheduled class (i.e., 11.05am start).

Policies and Procedures

Macquarie University policies and procedures are accessible from Policy Central [https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- Fitness to Practice Procedure
- Grade Appeal Policy
- Complaint Management Procedure for Students and Members of the Public
- Special Consideration Policy (Note: The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.)

Students seeking more policy resources can visit the Student Policy Gateway [https://students.mq.edu.au/support/study/student-policy-gateway](https://students.mq.edu.au/support/study/student-policy-gateway). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit Policy Central [https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: [https://students.mq.edu.au/admin/other-resources/student-conduct](https://students.mq.edu.au/admin/other-resources/student-conduct)

Results

Results published on platform other than eStudent, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be
made available in eStudent. For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit http://students.mq.edu.au/support/

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- Getting help with your assignment
- Workshops
- StudyWise
- Academic Integrity Module

The Library provides online and face to face support to help you find and use relevant information resources.

- Subject and Research Guides
- Ask a Librarian

Student Enquiry Service

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

Equity Support

Students with a disability are encouraged to contact the Disability Service who can provide appropriate help with any issues that arise during their studies.

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the Acceptable Use of IT Resources Policy. The policy applies to all who connect to the MQ network including students.

Changes since First Published

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>21/07/2021</td>
<td>Extended the time that this Unit is active for to accommodate student sitting a late Supp exam</td>
</tr>
<tr>
<td>Date</td>
<td>Description</td>
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<tr>
<td>------------</td>
<td>--------------------------------------------------------------------</td>
</tr>
<tr>
<td>15/02/2021</td>
<td>Clarification that classes are equivalent to 2 hours per week.</td>
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