General Information

Unit convenor and teaching staff
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Credit points
10

Prerequisites
40cp at 1000 level or above

Corequisites

Co-badged status

Unit description
This unit provides an introduction to the multidisciplinary field of health studies. You will learn about the social and environmental determinants of health that result in inequalities both between and within countries. Specific topics you will cover include the leading causes of mortality and morbidity; impacts of globalisation on health; and how population health is increasingly affected by the natural and man-made environment.

Important Academic Dates
Information about important academic dates including deadlines for withdrawing from units are available at https://www.mq.edu.au/study/calendar-of-dates

Learning Outcomes
On successful completion of this unit, you will be able to:

ULO1: Define and describe the key terms, agencies and sources of information for current major health issues, nationally and globally

ULO2: Identify the leading causes of death and disability, nationally and globally

ULO3: Identify the major determinants of health

ULO4: Critically analyse the political, biological, socio-economic and environmental contexts of the leading causes of mortality and morbidity

ULO5: Describe global trends relating to globalisation and environmental conditions and
their impact on the changing health status of different areas around the world

**ULO6:** Critically analyse academic writings on health issues available through peer-reviewed publications

**ULO7:** Describe a major health issue in terms of its size, nature, determinants and opportunities for prevention

## General Assessment Information

Grade descriptors and other information concerning grading are contained in the Macquarie University Assessment Policy.

All final grades are determined by a grading committee, in accordance with the Macquarie University Assessment Policy, and are not the sole responsibility of the Unit Convenor.

Students will be awarded a final grade and a mark which must correspond to the grade descriptors specified in the Assessment Procedure (clause 128).

To pass this unit, you must demonstrate sufficient evidence of achievement of the learning outcomes, meet any ungraded requirements, and achieve a final mark of 50 or better.

Further details for each assessment task will be available on iLearn.

### Late Submissions

Unless a Special Consideration request has been submitted and approved, a 5% penalty (OF THE TOTAL POSSIBLE MARK) will be applied each day a written assessment is not submitted, up until the 7th day (including weekends). After the 7th day, a grade of ‘0’ will be awarded even if the assessment is submitted. Submission time for all written assessments is set at 11.55pm. A 1-hour grace period is provided to students who experience a technical concern.

For example:

<table>
<thead>
<tr>
<th>Number of days (hours) late</th>
<th>Total Possible Mark</th>
<th>Deduction</th>
<th>Raw mark</th>
<th>Final mark</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 day (1-24 hours)</td>
<td>100</td>
<td>5</td>
<td>75</td>
<td>70</td>
</tr>
<tr>
<td>2 days (24-48 hours)</td>
<td>100</td>
<td>10</td>
<td>75</td>
<td>65</td>
</tr>
<tr>
<td>3 days (48-72 hours)</td>
<td>100</td>
<td>15</td>
<td>75</td>
<td>60</td>
</tr>
<tr>
<td>7 days (144-168 hours)</td>
<td>100</td>
<td>35</td>
<td>75</td>
<td>40</td>
</tr>
<tr>
<td>&gt;7 days (&gt;168 hours)</td>
<td>100</td>
<td>-</td>
<td>75</td>
<td>0</td>
</tr>
</tbody>
</table>

For any late submissions of time-sensitive tasks, such as scheduled tests/exams, performance assessments/presentations, and/or scheduled practical assessments/labs, students need to submit an application for Special Consideration.

https://unitguides.mq.edu.au/unit_offerings/149550/unit_guide/print
## Assessment Tasks

<table>
<thead>
<tr>
<th>Name</th>
<th>Weighting</th>
<th>Hurdle</th>
<th>Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quiz 1</td>
<td>10%</td>
<td>No</td>
<td>Week 7 opens 9am on 9 Sept and closes at 9.00am on 10 Sept</td>
</tr>
<tr>
<td>Written Report</td>
<td>35%</td>
<td>No</td>
<td>Week 9 Friday 7th October, 11.59pm</td>
</tr>
<tr>
<td>Quiz 2</td>
<td>10%</td>
<td>No</td>
<td>Week 11 opens 9am on 21 Oct, closes at 9.00am on 22 Oct</td>
</tr>
<tr>
<td>Final Examination</td>
<td>45%</td>
<td>No</td>
<td>Macquarie Exam week</td>
</tr>
</tbody>
</table>

### Quiz 1

**Assessment Type**: Quiz/Test  
**Indicative Time on Task**: 6 hours  
**Due**: Week 7 opens 9am on 9 Sept and closes at 9.00am on 10 Sept  
**Weighting**: 10%

Online quiz based on content covered early in the semester.

On successful completion you will be able to:
- Define and describe the key terms, agencies and sources of information for current major health issues, nationally and globally
- Identify the leading causes of death and disability, nationally and globally
- Identify the major determinants of health

### Written Report

**Assessment Type**: Report  
**Indicative Time on Task**: 25 hours  
**Due**: Week 9 Friday 7th October, 11.59pm  
**Weighting**: 35%

The report is a written task on a health topic.
On successful completion you will be able to:

- Define and describe the key terms, agencies and sources of information for current major health issues, nationally and globally
- Identify the leading causes of death and disability, nationally and globally
- Critically analyse the political, biological, socio-economic and environmental contexts of the leading causes of mortality and morbidity
- Describe global trends relating to globalisation and environmental conditions and their impact on the changing health status of different areas around the world
- Critically analyse academic writings on health issues available through peer-reviewed publications
- Describe a major health issue in terms of its size, nature, determinants and opportunities for prevention

**Quiz 2**

Assessment Type 1: Quiz/Test
Indicative Time on Task 2: 6 hours
Due: **Week 11 opens 9am on 21 Oct, closes at 9.00am on 22 Oct**
Weighting: 10%

Online quiz based on content covered from late in the semester.

On successful completion you will be able to:

- Define and describe the key terms, agencies and sources of information for current major health issues, nationally and globally
- Identify the leading causes of death and disability, nationally and globally
- Identify the major determinants of health

**Final Examination**

Assessment Type 1: Examination
Indicative Time on Task 2: 30 hours
Due: **Macquarie Exam week**
Weighting: 45%

Final examination to assess what has been taught throughout the semester.
On successful completion you will be able to:

- Define and describe the key terms, agencies and sources of information for current major health issues, nationally and globally
- Identify the leading causes of death and disability, nationally and globally
- Identify the major determinants of health
- Critically analyse the political, biological, socio-economic and environmental contexts of the leading causes of mortality and morbidity
- Describe global trends relating to globalisation and environmental conditions and their impact on the changing health status of different areas around the world
- Critically analyse academic writings on health issues available through peer-reviewed publications
- Describe a major health issue in terms of its size, nature, determinants and opportunities for prevention

1 If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the Writing Centre for academic skills support.

2 Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

**Delivery and Resources**

As a student enrolled in this unit, you will engage in a range of online learning activities, including: readings, online modules, videos and lectures, zoom sessions. Details can be found on the iLearn site for this unit.

**Unit Organisation**

This is a ten credit point unit run over a 13 week session. Further information is available via the HLTH2000 online Learning Management System (LMS)

**Lectures and tutorials**

This is an online unit, that will have

Lectures 1 & 2 will be pre-recorded and will be 1hr in duration and will be uploaded on the Monday of each teaching week.

Lecture 3 is 1 hr in duration and will be student self directed learning and tutorial like content with questions for you to answer and activities for you to engage with. Some weeks lecture 3 will be a live zoom session (which will be recorded). I will announce the weeks, dates and times as we go along that these live zoom sessions will be held.
Recommended Readings

The readings for each week will be listed in iLearn using the Leganto system. Leganto is the reading list management system, which you can access through your iLearn unit. More information on Leganto is available here: http://libguides.mq.edu.au/leganto

Readings marked as 'required' are essential for completion in the marked week. Some readings may be included that are marked as 'recommended' or 'secondary sources', these are additional materials that may be of interest to you. Please use these at your discretion.

Technology Used

Active participation in the learning activities throughout the unit will require students to have access to a tablet, laptop or similar device. Students who do not own their own laptop computer may borrow one from the university library.

Unit Schedule

Week 1: Introduction to health and public health
Week 2: Determinants of health
Week 3: Aboriginal & Torres Strait Islander health and Intersectionalit
Week 4: Environmental health
Week 5: Global health
Week 6: Access to health care
Week 7: Childhood Development and Mental Health Literacy
Week 8: Gender Inequality
Week 9: Health in rural regions & Employment and health
Week 10: Individual vs. public health approaches & Eating disorders, body image
Week 11: Health Governance and Health Promotion
Week 12: Community Development & Using Research to inform Policy
Week 13: Exam Preparation

Policies and Procedures

Macquarie University policies and procedures are accessible from Policy Central (https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
Student Support

- Fitness to Practice Procedure
- Assessment Procedure
- Complaints Resolution Procedure for Students and Members of the Public
- Special Consideration Policy

Students seeking more policy resources can visit Student Policies (https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit Policy Central (https://policies.mq.edu.au) and use the search tool.

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/admin/other-resources/student-conduct

Results

Results published on platform other than eStudent, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in eStudent. For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Academic Integrity

At Macquarie, we believe academic integrity – honesty, respect, trust, responsibility, fairness and courage – is at the core of learning, teaching and research. We recognise that meeting the expectations required to complete your assessments can be challenging. So, we offer you a range of resources and services to help you reach your potential, including free online writing and maths support, academic skills development and wellbeing consultations.

Student Support

Macquarie University provides a range of support services for students. For details, visit http://students.mq.edu.au/support/

The Writing Centre

The Writing Centre provides resources to develop your English language proficiency, academic writing, and communication skills.

- Workshops
- Chat with a WriteWISE peer writing leader
- Access StudyWISE
- Upload an assignment to Studiosity
- Complete the Academic Integrity Module

https://unitguides.mq.edu.au/unit_offerings/149550/unit_guide/print 8
The Library provides online and face to face support to help you find and use relevant information resources.

- Subject and Research Guides
- Ask a Librarian

Student Services and Support

Macquarie University offers a range of Student Support Services including:

- IT Support
- Accessibility and disability support with study
- Mental health support
- Safety support to respond to bullying, harassment, sexual harassment and sexual assault
- Social support including information about finances, tenancy and legal issues

Student Enquiries

Got a question? Ask us via AskMQ, or contact Service Connect.

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the Acceptable Use of IT Resources Policy. The policy applies to all who connect to the MQ network including students.

Inclusion and Diversity

Social inclusion at Macquarie University is about giving everyone who has the potential to benefit from higher education the opportunity to study at university, participate in campus life and flourish in their chosen field. The University has made significant moves to promote an equitable, diverse and exciting campus community for the benefit of staff and students. It is your responsibility to contribute towards the development of an inclusive culture and practice in the areas of learning and teaching, research, and service orientation and delivery. As a member of the Macquarie University community, you must not discriminate against or harass others based on their sex, gender, race, marital status, carers' responsibilities, disability, sexual orientation, age, political conviction or religious belief. All staff and students are expected to display appropriate behaviour that is conducive to a healthy learning environment for everyone.

Professionalism

In the Faculty of Medicine, Health and Human Sciences, professionalism is a key capability embedded in all our courses.

As part of developing professionalism, students are expected to attend all small group interactive
sessions including clinical, practical, laboratory, work-integrated learning (e.g., PACE placements), and team-based learning activities. Some learning activities are recorded (e.g., face-to-face lectures), however you are encouraged to avoid relying upon such material as they do not recreate the whole learning experience and technical issues can and do occur. As an adult learner, we respect your decision to choose how you engage with your learning, but we would remind you that the learning opportunities we create for you have been done so to enable your success, and that by not engaging you may impact your ability to successfully complete this unit. We equally expect that you show respect for the academic staff who have worked hard to develop meaningful activities and prioritise your learning by communicating with them in advance if you are unable to attend a small group interactive session.

Another dimension of professionalism is having respect for your peers. It is the right of every student to learn in an environment that is free of disruption and distraction. Please arrive to all learning activities on time, and if you are unavoidably detained, please join activity as quietly as possible to minimise disruption. Phones and other electronic devices that produce noise and other distractions must be turned off prior to entering class. Where your own device (e.g., laptop) is being used for class-related activities, you are asked to close down all other applications to avoid distraction to you and others. Please treat your fellow students with the utmost respect. If you are uncomfortable participating in any specific activity, please let the relevant academic know.