



# PSYP8906

## Working with Children and Families

Session 1, In person-scheduled-intensive, North Ryde 2022

*School of Psychological Sciences*

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## General Information

Unit convenor and teaching staff

Julie Boulis

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Credit points

10

Prerequisites

Admission to MProfPsych

Corequisites

Co-badged status

Unit description

The focus of this unit is on the emotional, social, cognitive and behavioural development of children, the range of problems that children present with and the impact of these problems on children and their families. The Unit teaches students different therapeutic approaches to family problems, including strengths based practice and creative therapeutic approaches for working with children. Skills for the assessment and intervention in a range of childhood problems, including intellectual disability, autism spectrum disorders and attention deficit hyperactivity disorder, are developed. Skills training in parent management interventions and skills in working with families to improve parenting capacity is provided. Issues relating to the "over-diagnosis" of and overuse of medication in children and adolescents and the transition from childhood to adolescence and early adulthood are also considered.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

## Learning Outcomes

On successful completion of this unit, you will be able to:

**ULO1:** Identify the characteristics of common psychological disorders during childhood and adolescence.

**ULO2:** Apply knowledge inherent to the practice of professional psychology to evaluate relevant theory and evidence-based research for the purposes of designing and implementing assessments and interventions appropriate for children and families.

**ULO3:** Apply professional practice principles concerning the psychotherapeutic

relationship and interventions with children and families.

**ULO4:** Apply decision-making strategies consistent with the regulation of the profession to resolve ethical questions when working with children and families

**ULO5:** Demonstrate knowledge of professional, legal and other obstacles to working with children and youth, across a variety of contexts.

**ULO6:** Implement communication skills effectively in writing and through verbal communication.

## General Assessment Information

Please see iLearn for detailed descriptions of assessment requirements and the rubrics used to provide feedback.

All assessments for this unit are compulsory in order to be eligible to pass the unit. Any student who does not attempt an assessment in this unit will be granted a Fail Absent grade.

All extensions need to be formally requested via [ask.mq.edu.au](http://ask.mq.edu.au) in line with the special consideration policy.

Late submissions, without an approved extension, will receive a 5% per day penalty including weekends and public holidays. No late submissions will be accepted more than 5 days after the submission deadline, unless special consideration has been granted.

In line with policy for the majority of units in the MPP program, letter grades, not numeric marks, will be released for assessment tasks in this unit.

Any requests for remark need to follow the Psychology process and must be applied within 2 weeks of the assessment task being returned.

## Assessment Tasks

Name	Weighting	Hurdle	Due
<a href="#"><u>Taped interview of interaction with a child</u></a>	40%	No	Sunday 29th May 2022 by 23:00
<a href="#"><u>Assessment and Intervention Plan</u></a>	60%	No	Sunday 12th June 2022 by 23:00

### Taped interview of interaction with a child

Assessment Type <sup>1</sup>: Simulation/role play

Indicative Time on Task <sup>2</sup>: 44 hours

Due: **Sunday 29th May 2022 by 23:00**

Weighting: **40%**

Students are required to record a 25 minute simulated child interview with a peer.

On successful completion you will be able to:

- Identify the characteristics of common psychological disorders during childhood and adolescence.
- Apply knowledge inherent to the practice of professional psychology to evaluate relevant theory and evidence-based research for the purposes of designing and implementing assessments and interventions appropriate for children and families.
- Apply professional practice principles concerning the psychotherapeutic relationship and interventions with children and families.
- Apply decision-making strategies consistent with the regulation of the profession to resolve ethical questions when working with children and families
- Demonstrate knowledge of professional, legal and other obstacles to working with children and youth, across a variety of contexts.
- Implement communication skills effectively in writing and through verbal communication.

## Assessment and Intervention Plan

Assessment Type <sup>1</sup>: Case study/analysis

Indicative Time on Task <sup>2</sup>: 68 hours

Due: **Sunday 12th June 2022 by 23:00**

Weighting: **60%**

Students will be provided with a referral letter from a School Counsellor for an adolescent in need of external psychological support and counselling. In 2,000 words students are required to:

1. Present their initial case impressions and working formulation, based on the referral information provided, research theory and evidence.
2. Drawing on the case information, their initial impressions, what they have learnt in class and additional research, provide a detailed 10 session assessment and intervention plan, outlining what they would do, with whom and why.
3. Chose one potential treatment goal for this adolescent based on the case information and their initial impressions, and design an age appropriate activity to help the adolescent learn a new skill to help meet that treatment goal, in line with their proposed intervention plan.

On successful completion you will be able to:

- Identify the characteristics of common psychological disorders during childhood and adolescence.
- Apply knowledge inherent to the practice of professional psychology to evaluate relevant theory and evidence-based research for the purposes of designing and implementing assessments and interventions appropriate for children and families.
- Apply professional practice principles concerning the psychotherapeutic relationship and interventions with children and families.
- Apply decision-making strategies consistent with the regulation of the profession to resolve ethical questions when working with children and families
- Demonstrate knowledge of professional, legal and other obstacles to working with children and youth, across a variety of contexts.
- Implement communication skills effectively in writing and through verbal communication.

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<sup>1</sup> If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

<sup>2</sup> Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

## Delivery and Resources

This course consists of four workshops from 9am to 4pm. Each workshop will have a lecture component and hands-on skills practice component. Please see iLearn for instructions, slides, additional resources and reading materials relevant for each workshop. These can be found in the allocated section on iLearn for each individual workshop.

## Unit Schedule

- Workshop 1 (Wednesday 18th May 2022) Foundations of Working with Children and Families
- Workshop 2 (Wednesday 25th May 2022) Anxiety and Low Mood During Childhood
- Workshop 3 (Wednesday 1st June 2022) Neurodevelopmental Disorders
- Workshop 4 (Wednesday 8th June 2022) Disruptive Behaviour and Trauma During Childhood

## Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Assessment Procedure](#)
- [Complaints Resolution Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#)

Students seeking more policy resources can visit [Student Policies \(https://students.mq.edu.au/support/study/policies\)](https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au) and use the [search tool](#).

## Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/admin/other-resources/student-conduct>

## Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit [ask.mq.edu.au](http://ask.mq.edu.au) or if you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## Academic Integrity

At Macquarie, we believe [academic integrity](#) – honesty, respect, trust, responsibility, fairness and courage – is at the core of learning, teaching and research. We recognise that meeting the expectations required to complete your assessments can be challenging. So, we offer you a range of resources and services to help you reach your potential, including free [online writing and maths support](#), [academic skills development](#) and [wellbeing consultations](#).

## Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

## The Writing Centre

The [Writing Centre](#) provides resources to develop your English language proficiency, academic writing, and communication skills.

- [Workshops](#)
- [Chat with a WriteWISE peer writing leader](#)
- [Access StudyWISE](#)
- [Upload an assignment to Studiosity](#)
- [Complete the Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

## Student Services and Support

Macquarie University offers a range of [Student Support Services](#) including:

- [IT Support](#)
- [Accessibility and disability support](#) with study
- Mental health [support](#)
- [Safety support](#) to respond to bullying, harassment, sexual harassment and sexual assault
- [Social support including information about finances, tenancy and legal issues](#)

## Student Enquiries

Got a question? Ask us via [AskMQ](#), or contact [Service Connect](#).

## IT Help

For help with University computer systems and technology, visit [http://www.mq.edu.au/about\\_us/offices\\_and\\_units/information\\_technology/help/](http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/).

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.