

# **CHIR8104**

## **Clinical Chiropractic 4**

Session 2, In person-scheduled-weekday, North Ryde 2022

Department of Chiropractic

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#### Disclaimer

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### **General Information**

Unit convenor and teaching staff

Benjamin Brown

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Credit points

10

Prerequisites

CHIR8103 or CHIR903

Corequisites

Co-badged status

Unit description

This unit further develops both Gonstead and Diversified manual techniques and introduces the student to a broader range of techniques commonly used in the management of patients who attend a chiropractic clinic. The unit emphasises evidence-based practice. The unit facilitates the student's competency in the assessment and management of a wide range of sports injuries in the chiropractic setting in Australia. Students will use a multidisciplinary team-based approach to achieve this goal.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <a href="https://www.mq.edu.au/study/calendar-of-dates">https://www.mq.edu.au/study/calendar-of-dates</a>

## **Learning Outcomes**

On successful completion of this unit, you will be able to:

**ULO1:** Perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills associated with these procedures i.e. tactile/palpatory skills and hand/body/eye co-ordination of practitioner movements.

**ULO2:** Control these procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.

**ULO3:** Perform static and motion palpation competently on all joints in the body.

**ULO4:** Apply knowledge of spinal joint mechanics to clinical scenarios, both theoretical and practical.

**ULO5:** Demonstrate a thorough knowledge of the clinical anatomy & biomechanics of all

joints of the body, and be able to assess for and apply appropriate interventions for common musculoskeletal conditions.

### **General Assessment Information**

Grade descriptors and other information concerning grading are contained in the Macquarie University Assessment Policy.

All final grades are determined by a grading committee, in accordance with the Macquarie University Assessment Policy, and are not the sole responsibility of the Unit Convenor.

Students will be awarded a final grade and a mark which must correspond to the grade descriptors specified in the Assessment Procedure (clause 128).

To pass this unit, you must demonstrate sufficient evidence of achievement of the learning outcomes, meet any ungraded requirements, and achieve a final mark of 50 or better.

#### **Late Submissions**

Unless a Special Consideration request has been submitted and approved, a 5% penalty (OF THE TOTAL POSSIBLE MARK) will be applied each day a written assessment is not submitted, up until the 7th day (including weekends). After the 7th day, a grade of '0' will be awarded even if the assessment is submitted. Submission time for all written assessments is set at 11.55pm. A 1-hour grace period is provided to students who experience a technical concern.

#### For example:

Number of days (hours) late	Total Possible Marks	Deduction	Raw mark	Final mark
1 day (1-24 hours)	100	5	75	70
2 days (24-48 hours)	100	10	75	65
3 days (48-72 hours)	100	15	75	60
7 days (144-168 hours)	100	35	75	40
>7 days (>168 hours)	100	-	75	0

For any late submissions of time-sensitive tasks, such as scheduled tests/exams, performance assessments/presentations, and/or scheduled practical assessments/labs, students need to submit an application for Special Consideration.

Further details for each assessment task will be available on iLearn.

### **Assessment Tasks**

Name	Weighting	Hurdle	Due
Clinical Case Study	20%	No	Week 5
Gonstead In-class assessment	5%	No	Week 6
Diversified OSCE 1	20%	No	Week 12
Gonstead OSCE 1	20%	No	Week 13
Final Written Examination	35%	No	University Examination Period

## Clinical Case Study

Assessment Type 1: Case study/analysis Indicative Time on Task 2: 10 hours

Due: Week 5 Weighting: 20%

Written case report designed to help students to understand and contextualise the role of manipulative therapy (spinal & extremity) in primary care settings.

On successful completion you will be able to:

- Perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills associated with these procedures i.e. tactile/palpatory skills and hand/body/eye coordination of practitioner movements.
- Control these procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
- Perform static and motion palpation competently on all joints in the body.
- Apply knowledge of spinal joint mechanics to clinical scenarios, both theoretical and practical.
- Demonstrate a thorough knowledge of the clinical anatomy & biomechanics of all joints
  of the body, and be able to assess for and apply appropriate interventions for common
  musculoskeletal conditions.

### Gonstead In-class assessment

Assessment Type 1: Clinical performance evaluation

Indicative Time on Task 2: 10 hours

Due: Week 6 Weighting: 5%

An objective structured clinical examination (OSCE) designed to test clinical skill performance and competence in Gonstead Chiropractic Technique and related procedures.

On successful completion you will be able to:

- Perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills associated with these procedures i.e. tactile/palpatory skills and hand/body/eye coordination of practitioner movements.
- Control these procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
- · Perform static and motion palpation competently on all joints in the body.
- Apply knowledge of spinal joint mechanics to clinical scenarios, both theoretical and practical.
- Demonstrate a thorough knowledge of the clinical anatomy & biomechanics of all joints
  of the body, and be able to assess for and apply appropriate interventions for common
  musculoskeletal conditions.

### **Diversified OSCE 1**

Assessment Type 1: Clinical performance evaluation Indicative Time on Task 2: 15 hours

Due: Week 12 Weighting: 20%

An objective structured clinical examination (OSCE) designed to test clinical skill performance and competence in Diversified Chiropractic Technique and related procedures.

On successful completion you will be able to:

- Perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills associated with these procedures i.e. tactile/palpatory skills and hand/body/eye coordination of practitioner movements.
- Control these procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
- Perform static and motion palpation competently on all joints in the body.
- Apply knowledge of spinal joint mechanics to clinical scenarios, both theoretical and practical.
- Demonstrate a thorough knowledge of the clinical anatomy & biomechanics of all joints

of the body, and be able to assess for and apply appropriate interventions for common musculoskeletal conditions.

### Gonstead OSCE 1

Assessment Type 1: Clinical performance evaluation

Indicative Time on Task 2: 15 hours

Due: Week 13 Weighting: 20%

An objective structured clinical examination (OSCE) designed to test clinical skill performance and competence in Gonstead Chiropractic Technique and related procedures.

On successful completion you will be able to:

- Perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills associated with these procedures i.e. tactile/palpatory skills and hand/body/eye coordination of practitioner movements.
- Control these procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
- Perform static and motion palpation competently on all joints in the body.
- Apply knowledge of spinal joint mechanics to clinical scenarios, both theoretical and practical.
- Demonstrate a thorough knowledge of the clinical anatomy & biomechanics of all joints
  of the body, and be able to assess for and apply appropriate interventions for common
  musculoskeletal conditions.

### Final Written Examination

Assessment Type 1: Examination Indicative Time on Task 2: 30 hours

Due: University Examination Period

Weighting: 35%

Written theory examination designed to test a student's grasp of, and ability to apply the higher level theoretical concepts presented in the various aspects of the unit to theoretical clinical situations.

On successful completion you will be able to:

- Apply knowledge of spinal joint mechanics to clinical scenarios, both theoretical and practical.
- Demonstrate a thorough knowledge of the clinical anatomy & biomechanics of all joints
  of the body, and be able to assess for and apply appropriate interventions for common

musculoskeletal conditions.

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- · the Writing Centre for academic skills support.

## **Delivery and Resources**

As a student enrolled in this unit, you will engage in a range of online and face-to-face learning activities, including online modules, online discussion groups, and advanced spinal manipulative skills tutorials. Details can be found on the iLearn site for this unit.

### **Recommended Readings**

Spinal Adjusting Technique: The Chiropractic Art by Scott Philipson & Stephen Esposito

#### **Technology Used**

Active participation in the learning activities throughout the unit will require students to have access to a tablet, laptop or similar device. Students who do not own their own laptop computer may borrow one from the university library.

### **Policies and Procedures**

Macquarie University policies and procedures are accessible from Policy Central (https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- · Academic Progression Policy
- Assessment Policy
- · Fitness to Practice Procedure
- · Assessment Procedure
- Complaints Resolution Procedure for Students and Members of the Public
- Special Consideration Policy

Students seeking more policy resources can visit <u>Student Policies</u> (<u>https://students.mq.edu.au/support/study/policies</u>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit Policy Central (https://policies.mq.e

<sup>&</sup>lt;sup>1</sup> If you need help with your assignment, please contact:

<sup>&</sup>lt;sup>2</sup> Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

du.au) and use the search tool.

#### **Student Code of Conduct**

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/admin/other-resources/student-conduct

### Results

Results published on platform other than <u>eStudent</u>, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in <u>eStudent</u>. For more information visit <u>ask.mq.edu.au</u> or if you are a Global MBA student contact <u>globalmba.support@mq.edu.au</u>

### **Academic Integrity**

At Macquarie, we believe <u>academic integrity</u> – honesty, respect, trust, responsibility, fairness and courage – is at the core of learning, teaching and research. We recognise that meeting the expectations required to complete your assessments can be challenging. So, we offer you a range of resources and services to help you reach your potential, including free <u>online writing and maths support</u>, academic skills development and wellbeing consultations.

## Student Support

Macquarie University provides a range of support services for students. For details, visit <a href="http://students.mq.edu.au/support/">http://students.mq.edu.au/support/</a>

### **The Writing Centre**

<u>The Writing Centre</u> provides resources to develop your English language proficiency, academic writing, and communication skills.

- Workshops
- · Chat with a WriteWISE peer writing leader
- Access StudyWISE
- Upload an assignment to Studiosity
- Complete the Academic Integrity Module

The Library provides online and face to face support to help you find and use relevant information resources.

- Subject and Research Guides
- Ask a Librarian

## Student Services and Support

Macquarie University offers a range of Student Support Services including:

IT Support

- · Accessibility and disability support with study
- · Mental health support
- <u>Safety support</u> to respond to bullying, harassment, sexual harassment and sexual assault
- · Social support including information about finances, tenancy and legal issues

### Student Enquiries

Got a question? Ask us via AskMQ, or contact Service Connect.

### IT Help

For help with University computer systems and technology, visit <a href="http://www.mq.edu.au/about\_us/">http://www.mq.edu.au/about\_us/</a> offices\_and\_units/information\_technology/help/.

When using the University's IT, you must adhere to the <u>Acceptable Use of IT Resources Policy</u>. The policy applies to all who connect to the MQ network including students.

### INCLUSION AND DIVERSITY

Social inclusion at Macquarie University is about giving everyone who has the potential to benefit from higher education the opportunity to study at university, participate in campus life and flourish in their chosen field. The University has made significant moves to promote an equitable, diverse and exciting campus community for the benefit of staff and students. It is your responsibility to contribute towards the development of an inclusive culture and practice in the areas of learning and teaching, research, and service orientation and delivery. As a member of the Macquarie University community, you must not discriminate against or harass others based on their sex, gender, race, marital status, carers' responsibilities, disability, sexual orientation, age, political conviction or religious belief. All staff and students are expected to display appropriate behaviour that is conducive to a healthy learning environment for everyone.

### **PROFESIONALISM**

In the Faculty of Medicine, Health and Human Sciences, professionalism is a key capability embedded in all our courses.

As part of developing professionalism, students are expected to attend all small group interactive sessions including clinical, practical, laboratory, work-integrated learning (e.g., PACE placements), and team-based learning activities. Some learning activities are recorded (e.g., face-to-face lectures), however you are encouraged to avoid relying upon such material as they do not recreate the whole learning experience and technical issues can and do occur. As an adult learner, we respect your decision to choose how you engage with your learning, but we would remind you that the learning opportunities we create for you have been done so to enable your success, and that by not engaging you may impact your ability to successfully complete this unit. We equally expect that you show respect for the academic staff who have worked hard to develop meaningful activities and prioritise your learning by communicating with them in advance if you are unable to attend a small group interactive session.

Another dimension of professionalism is having respect for your peers. It is the right of every student to learn in an environment that is free of disruption and distraction. Please arrive to all learning activities on time, and if you are unavoidably detained, please join activity as quietly as possible to minimise disruption. Phones and other electronic devices that produce noise and other distractions must be turned off prior to entering class. Where your own device (e.g., laptop) is being used for class-related activities, you are asked to close down all other applications to avoid distraction to you and others. Please treat your fellow students with the utmost respect. If you are uncomfortable participating in any specific activity, please let the relevant academic know.