



PSYU3352

Appetite: The Psychology of Eating and Drinking

Session 3, Fully online/virtual 2021

Archive (Pre-2022) - Department of Psychology

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Session 2 Learning and Teaching Update

The decision has been made to conduct study online for the remainder of Session 2 for all units WITHOUT mandatory on-campus learning activities. Exams for Session 2 will also be online where possible to do so.

This is due to the extension of the lockdown orders and to provide certainty around arrangements for the remainder of Session 2. We hope to return to campus beyond Session 2 as soon as it is safe and appropriate to do so.

Some classes/teaching activities cannot be moved online and must be taught on campus. You should already know if you are in one of these classes/teaching activities and your unit convenor will provide you with more information via iLearn. If you want to confirm, see the list of [units with mandatory on-campus classes/teaching activities](#).

Visit the [MQ COVID-19 information page](#) for more detail.

General Information

Unit convenor and teaching staff

Dick Stevenson

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Credit points

10

Prerequisites

(PSY248 or PSYU2248 or PSYX248 or PSYX2248) and (PSY236 or PSYU2236 or PSYX236 or PSYX2236)

Corequisites

Co-badged status

Unit description

The need to eat and drink is essential to the survival of all animals. This unit examines the psychology of these activities, with a primarily human slant. In particular, the unit covers the anatomy and physiology of the whole ingestive system; what starts and stops eating; why we like and prefer some foods over others; and the psychobiology of dieting, starvation, obesity, and anorexia/bulimia. The unit adopts a broad perspective, so that the impact of human food choice on health, the economy and the environment, are constantly kept in focus.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

Learning Outcomes

On successful completion of this unit, you will be able to:

ULO1: Demonstrate knowledge of the key concepts of the psychology of eating and drinking

ULO2: Critically analyse theories and research relating to the psychology of eating and drinking problem solving

ULO3: Demonstrate problem solving skills in relation to relevant research on the psychology of eating and drinking

ULO4: Demonstrate written and oral communication skills through written and class-based activities

Assessment Tasks

Name	Weighting	Hurdle	Due
Final Examination	50%	No	S3 Examination period
Tutorial quizzes	50%	No	Each has to be completed within its designated 1 week block

Final Examination

Assessment Type [1](#): Examination

Indicative Time on Task [2](#): 50 hours

Due: **S3 Examination period**

Weighting: **50%**

Final examination held within the University's formal exam period, in accordance with relevant requirements.

On successful completion you will be able to:

- Demonstrate knowledge of the key concepts of the psychology of eating and drinking
- Critically analyse theories and research relating to the psychology of eating and drinking problem solving
- Demonstrate problem solving skills in relation to relevant research on the psychology of eating and drinking
- Demonstrate written and oral communication skills through written and class-based activities

Tutorial quizzes

Assessment Type [1](#): Quiz/Test

Indicative Time on Task [2](#): 41 hours

Due: **Each has to be completed within its designated 1 week block**

Weighting: **50%**

Weekly online quizzes testing knowledge and application of unit content

On successful completion you will be able to:

- Demonstrate knowledge of the key concepts of the psychology of eating and drinking
 - Critically analyse theories and research relating to the psychology of eating and drinking problem solving
 - Demonstrate problem solving skills in relation to relevant research on the psychology of eating and drinking
 - Demonstrate written and oral communication skills through written and class-based activities
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¹ If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

² Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Delivery and Resources

Lectures are all online and are accessed via the unit iLearn page. There are lecture-associated readings from the unit textbook - **Logue, The psychology of eating and drinking, 4th Edition** - which also need to be completed.

There are five self completion tutorials. Each tutorial involves reading and studying three scientific articles and then completing two quizzes about them. Each self completion tutorial and its quizzes have to be completed in its particular week - as will be detailed on the unit iLearn page and in the course handbook (available when the course starts).

Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#)

Students seeking more policy resources can visit [Student Policies \(https://students.mq.edu.au/support/study/policies\)](https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au) and use the [search tool](#).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/admin/other-resources/student-conduct>

Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to help you improve your marks and take control of your study.

- [Getting help with your assignment](#)
- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.