# CHIR1101
Chiropractic Sciences 1

Session 1, In person-scheduled-weekday, North Ryde 2023

Department of Chiropractic

## Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Information</td>
<td>2</td>
</tr>
<tr>
<td>Learning Outcomes</td>
<td>2</td>
</tr>
<tr>
<td>General Assessment Information</td>
<td>3</td>
</tr>
<tr>
<td>Assessment Tasks</td>
<td>5</td>
</tr>
<tr>
<td>Delivery and Resources</td>
<td>8</td>
</tr>
<tr>
<td>Unit Schedule</td>
<td>9</td>
</tr>
<tr>
<td>Policies and Procedures</td>
<td>9</td>
</tr>
<tr>
<td>Changes from Previous Offering</td>
<td>11</td>
</tr>
<tr>
<td>INCLUSION AND DIVERSITY</td>
<td>11</td>
</tr>
<tr>
<td>PROFESIONALISM</td>
<td>11</td>
</tr>
</tbody>
</table>

Disclaimer

Macquarie University has taken all reasonable measures to ensure the information in this publication is accurate and up-to-date. However, the information may change or become out-dated as a result of change in University policies, procedures or rules. The University reserves the right to make changes to any information in this publication without notice. Users of this publication are advised to check the website version of this publication [or the relevant faculty or department] before acting on any information in this publication.
General Information

Unit convenor and teaching staff
Convenor
Camille Rahme
camille.rahme@mq.edu.au
Contact via (email)
by appointment

Tutor
Clinton Rotondo
clinton.rotondo@mq.edu.au

Credit points
10

Prerequisites
Admission to BChiroSc

Corequisites
ANAT1001 or HLTH108

Co-badged status

Unit description
This unit offers an introduction to Chiropractic practice including patient assessment and intervention using spinal palpation, range of motion and fundamentals of psychomotor skill acquisition. The clinical application of anatomical knowledge is explored. Research methodology and critical thinking skills essential for the health clinician are introduced as part of the research skills development program. Fundamental biomechanics related to function and manual therapy intervention are introduced. The role of Chiropractic in the delivery of primary health care, both now and throughout history are explored.

Important Academic Dates
Information about important academic dates including deadlines for withdrawing from units are available at https://www.mq.edu.au/study/calendar-of-dates

Learning Outcomes
On successful completion of this unit, you will be able to:

ULO1: Demonstrate entry-level skills in patient assessment within a framework of ethical patient interaction.
ULO2: Describe theoretical frameworks for the assessment of/and therapeutic intervention for musculoskeletal tissues.
ULO3: Describe the position of chiropractic within public health and its role in primary health care.
ULO4: Describe introductory concepts in biomechanical analysis and mechanical properties of musculoskeletal tissue.
ULO5: Understand the principles of a scientist-clinician and the application of evidence-based practice.

General Assessment Information

Grade descriptors and other information concerning grading are contained in the Macquarie University Assessment Policy. All final grades are determined by a grading committee, in accordance with the Macquarie University Assessment Policy, and are not the sole responsibility of the Unit Convenor.

Students will be awarded a final grade and a mark which must correspond to the grade descriptors specified in the Assessment Procedure (clause 128). To pass this unit, you must demonstrate sufficient evidence of achievement of the learning outcomes, meet any ungraded requirements, and achieve a final mark of 50 or better. Further details for each assessment task will be available on iLearn.

Competency based assessment

In higher education, assessments must be able to recognize various levels of competencies in order to encourage students to become not only competent, but progress onto developing expertise. A key component of effective assessment in competency-based education is for assessments to be criterion-based using a developmental perspective. Defining the criteria in developmental terms, commonly called milestones or benchmarks, allows programs to determine whether the trainee is on an appropriate ‘trajectory’. Milestones provide specific guidance on trainee progress throughout the continuum of their training program. CHIR1101 practical examinations are competency based.

For more information see: "Competency-based Assessment, Macquarie University" https://staff.mq.edu.au/public/download/?id=40618

Serious and unavoidable disruption

The University classifies a disruption as serious and unavoidable if it:

- could not have reasonably been anticipated, avoided or guarded against by the student; and
- was beyond the student’s control; and
- caused substantial disruption to the student’s capacity for effective study and/or
Students with a pre-existing disability/health condition or prolonged adverse circumstances may be eligible for ongoing assistance and support. Such support is governed by other policies and may be sought and coordinated through Campus Wellbeing https://students.mq.edu.au/support/wellbeing

Examinations

You are expected to present yourself for examination at the time and place designated in the University Examination Timetable. The timetable will be available in Draft form approximately eight weeks before the commencement of the examinations and in Final form approximately four weeks before the commencement of the examinations.

The only exception to not sitting an examination at the designated time is because of documented illness or unavoidable disruption. In these circumstances, you may wish to submit an application for 'Special consideration' https://students.mq.edu.au/study/my-study-program/special-consideration

If you receive special consideration for the final exam, a supplementary exam will be scheduled in the interval between the regular exam period and the start of the next session. By making a special consideration application for the final exam you are declaring yourself available for a resit during the supplementary examination period and will not be eligible for a second special consideration approval based on pre-existing commitments.

Late Submissions

Unless a Special Consideration request has been submitted and approved, a 5% penalty (OF THE TOTAL POSSIBLE MARK) will be applied each day a written assessment is not submitted, up until the 7th day (including weekends). After the 7th day, a grade of '0' will be awarded even if the assessment is submitted. Submission time for all written assessments is set at 11.55pm. A 1-hour grace period is provided to students who experience a technical concern.

For example:

<table>
<thead>
<tr>
<th>Number of days (hours) late</th>
<th>Total Possible Marks</th>
<th>Deduction</th>
<th>Raw mark</th>
<th>Final mark</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 day (1-24 hours)</td>
<td>100</td>
<td>5</td>
<td>75</td>
<td>70</td>
</tr>
<tr>
<td>2 days (24-48 hours)</td>
<td>100</td>
<td>10</td>
<td>75</td>
<td>65</td>
</tr>
</tbody>
</table>
Assessment Tasks

<table>
<thead>
<tr>
<th>Name</th>
<th>Weighting</th>
<th>Hurdle</th>
<th>Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>In-tutorial chiropractic spot test 1</td>
<td>0%</td>
<td>No</td>
<td>Week 5</td>
</tr>
<tr>
<td>Online quiz</td>
<td>5%</td>
<td>No</td>
<td>Week 7</td>
</tr>
<tr>
<td>Chiropractic in primary health care</td>
<td>10%</td>
<td>No</td>
<td>Week 9</td>
</tr>
<tr>
<td>In-tutorial chiropractic spot test 2</td>
<td>5%</td>
<td>No</td>
<td>Week 10</td>
</tr>
<tr>
<td>End of session - Objective Structured Clinical Examination (OSCE)</td>
<td>40%</td>
<td>No</td>
<td>Week 13</td>
</tr>
<tr>
<td>End of session written exam</td>
<td>40%</td>
<td>No</td>
<td>Exam Period</td>
</tr>
</tbody>
</table>

In-tutorial chiropractic spot test 1
Assessment Type 1: Clinical performance evaluation
Indicative Time on Task 2: 2 hours
Due: Week 5
Weighting: 0%

A practical test conducted before the mid-session break during scheduled classes. This test is the equivalent of 1 station in the final OSCE. The test assesses acquisition of practical skills acquired in this unit. This test is formative and is for feedback only.

On successful completion you will be able to:
  • Demonstrate entry-level skills in patient assessment within a framework of ethical patient...
interaction.
• Describe theoretical frameworks for the assessment of and therapeutic intervention for musculoskeletal tissues.

Online quiz
Assessment Type 1: Quiz/Test
Indicative Time on Task 2: 2 hours
Due: Week 7
Weighting: 5%

Online quiz conducted before the mid-session break. Assesses theoretical components of the unit thus far.

On successful completion you will be able to:
• Describe theoretical frameworks for the assessment of and therapeutic intervention for musculoskeletal tissues.
• Describe the position of chiropractic within public health and its role in primary health care.
• Describe introductory concepts in biomechanical analysis and mechanical properties of musculoskeletal tissue.

Chiropractic in primary health care.
Assessment Type 1: Report
Indicative Time on Task 2: 5 hours
Due: Week 9
Weighting: 10%

A report discussing the role chiropractic care plays in the delivery of primary health care. This assessment task requires students to develop and demonstrate library and research skills.

On successful completion you will be able to:
• Describe the position of chiropractic within public health and its role in primary health care.
• Understand the principles of a scientist-clinician and the application of evidence-based practice.
In-tutorial chiropractic spot test 2

Assessment Type 1: Clinical performance evaluation
Indicative Time on Task 2: 1 hours
Due: Week 10
Weighting: 5%

A practical test conducted after the mid-session break during scheduled classes. This test is the equivalent of 1 station in the final OSCE. The test assesses acquisition of practical skills acquired in this unit.

On successful completion you will be able to:
• Demonstrate entry-level skills in patient assessment within a framework of ethical patient interaction.
• Describe theoretical frameworks for the assessment of and therapeutic intervention for musculoskeletal tissues.

End of session - Objective Structured Clinical Examination (OSCE)

Assessment Type 1: Clinical performance evaluation
Indicative Time on Task 2: 10 hours
Due: Week 13
Weighting: 40%

Objective Structural Clinical Exam (OSCE): A practical exam, organised into stations conducted during the end of session practical examination period (Week 13). The OSCE will assess all practical components of this unit.

On successful completion you will be able to:
• Demonstrate entry-level skills in patient assessment within a framework of ethical patient interaction.
• Describe theoretical frameworks for the assessment of and therapeutic intervention for musculoskeletal tissues.

End of session written exam

Assessment Type 1: Examination
Indicative Time on Task: 10 hours
Due: Exam Period
Weighting: 40%

Formal end of session written exam to assess all theoretical components of the unit.

On successful completion you will be able to:
• Describe theoretical frameworks for the assessment of and therapeutic intervention for musculoskeletal tissues.
• Describe the position of chiropractic within public health and its role in primary health care.
• Describe introductory concepts in biomechanical analysis and mechanical properties of musculoskeletal tissue.
• Understand the principles of a scientist-clinician and the application of evidence-based practice.

1 If you need help with your assignment, please contact:
• the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
• the Writing Centre for academic skills support.

2 Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Delivery and Resources

1. Delivery mode. As a student enrolled in this unit, you will engage in a range of online and face-to-face learning activities, including hands-on practicals, face to face lectures, online modules and videos. Details can be found on the iLearn site for this unit. Nb.

FIRST TUTORIAL AND LECTURE ARE IN WEEK 1
• 1 x 2 hour lecture per week (FACE-TO-FACE)
• 2 x 2 hour tutorial/practicals per week (ON-CAMPUS ATTENDANCE) Both tutorial classes require ON-CAMPUS attendance
• 2-3 hours per week self-instructional learning
2. **Prescribed Unit Materials**
   - CHIR1101 course tutorial notes and CHIR1101 Study Guide - available via iLearn page for download and PRINTING or use on TABLET device

3. **Recommended reading** *(See also: Prescribed reading for ANAT1001)*
   - See LEGANTO reading list week-week linked in iLearn
   - Visniak, N. Muscle Manual. Publisher: Prohealthsys. 2nd edition or late

**Technology Used**

Active participation in the learning activities throughout the unit will require students to have access to a tablet, laptop or similar device. Students who do not own their own laptop computer may borrow one from the university library.

**Unit Schedule**

See iLearn for week-week schedule

**Policies and Procedures**

Macquarie University policies and procedures are accessible from [Policy Central](https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- Fitness to Practice Procedure
- Assessment Procedure
- Complaints Resolution Procedure for Students and Members of the Public
- Special Consideration Policy

Students seeking more policy resources can visit [Student Policies](https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit [Policy Central](https://policies.mq.edu.au) and use the search tool.

**Student Code of Conduct**

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: [https://students.mq.edu.au/admin/other-resources/student-conduct](https://students.mq.edu.au/admin/other-resources/student-conduct)
Results

Results published on platform other than eStudent, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in eStudent. For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au.

Academic Integrity

At Macquarie, we believe academic integrity – honesty, respect, trust, responsibility, fairness and courage – is at the core of learning, teaching and research. We recognise that meeting the expectations required to complete your assessments can be challenging. So, we offer you a range of resources and services to help you reach your potential, including free online writing and maths support, academic skills development and wellbeing consultations.

Student Support

Macquarie University provides a range of support services for students. For details, visit http://students.mq.edu.au/support/

The Writing Centre

The Writing Centre provides resources to develop your English language proficiency, academic writing, and communication skills.

- Workshops
- Chat with a WriteWISE peer writing leader
- Access StudyWISE
- Upload an assignment to Studiosity
- Complete the Academic Integrity Module

The Library provides online and face to face support to help you find and use relevant information resources.

- Subject and Research Guides
- Ask a Librarian

Student Services and Support

Macquarie University offers a range of Student Support Services including:

- IT Support
- Accessibility and disability support with study
- Mental health support
- Safety support to respond to bullying, harassment, sexual harassment and sexual assault
Student Enquiries

Got a question? Ask us via AskMQ, or contact Service Connect.

Equity support

Students with a disability are encouraged to contact the Disability Service who can provide appropriate help with any issues that arise during their studies.

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the Acceptable Use of IT Resources Policy. The policy applies to all who connect to the MQ network including students.

Changes from Previous Offering

in 2023, lectures are delivered face to face on campus.

INCLUSION AND DIVERSITY

Social inclusion at Macquarie University is about giving everyone who has the potential to benefit from higher education the opportunity to study at university, participate in campus life and flourish in their chosen field. The University has made significant moves to promote an equitable, diverse and exciting campus community for the benefit of staff and students. It is your responsibility to contribute towards the development of an inclusive culture and practice in the areas of learning and teaching, research, and service orientation and delivery. As a member of the Macquarie University community, you must not discriminate against or harass others based on their sex, gender, race, marital status, carers’ responsibilities, disability, sexual orientation, age, political conviction or religious belief. All staff and students are expected to display appropriate behaviour that is conducive to a healthy learning environment for everyone.

PROFESSIONALISM

In the Faculty of Medicine, Health and Human Sciences, professionalism is a key capability embedded in all our courses.

As part of developing professionalism, students are expected to attend all small group interactive sessions including clinical, practical, laboratory, work-integrated learning (e.g., PACE placements), and team-based learning activities. Some learning activities are recorded (e.g., face-to-face lectures), however you are encouraged to avoid relying upon such material as they do not recreate the whole learning experience and technical issues can and do occur. As an adult learner, we respect your decision to choose how you engage with your learning, but we would remind you that the learning opportunities we create for you have been done so to enable

https://unitguides.mq.edu.au/unit_offerings/160506/unit_guide/print
your success, and that by not engaging you may impact your ability to successfully complete this unit. We equally expect that you show respect for the academic staff who have worked hard to develop meaningful activities and prioritise your learning by communicating with them in advance if you are unable to attend a small group interactive session.

Another dimension of professionalism is having respect for your peers. It is the right of every student to learn in an environment that is free of disruption and distraction. Please arrive to all learning activities on time, and if you are unavoidably detained, please join activity as quietly as possible to minimise disruption. Phones and other electronic devices that produce noise and other distractions must be turned off prior to entering class. Where your own device (e.g., laptop) is being used for class-related activities, you are asked to close down all other applications to avoid distraction to you and others. Please treat your fellow students with the utmost respect. If you are uncomfortable participating in any specific activity, please let the relevant academic know.