PSYO8904

Counselling and Mental Health in Organisations

Session 1, In person-scheduled-intensive, North Ryde 2024

School of Psychological Sciences

Contents

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General Information

Unit convenor and teaching staff
Unit co-ordinator
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Contact via 9850 8604
Australian Hearing Hub, 16 University Avenue, Level 2, South Wing, rm 2.659
By appointment

Credit points
10

Prerequisites
Admission to MOrgPsych

Corequisites

Co-badged status

Unit description
This unit provides you with a foundational understanding of counselling techniques, suicide-risk assessment, common psychopathology and intervention strategies and their relevance to practice within organisations.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at https://www.mq.edu.au/study/calendar-of-dates

Learning Outcomes

On successful completion of this unit, you will be able to:

ULO1: Select appropriate standardised psychological testing, as part of broader assessment, to assess and interpret aspects of functioning (Capability 2: Psychologist Practitioner).

ULO2: Identify psychological disorders using a recognised taxonomy (Capability 2: Psychologist Practitioner)

ULO3: Develop professional interviews and assessments and synthesise information from multiple sources, including assessment of risk, to formulate a conceptualisation of the presenting issues to determine the most appropriate interventions, including

management of risk (Capability 2: Psychologist Practitioner).

ULO4: Plan appropriate, empirically supported interventions, and monitor clients' progress and intervention outcomes (Capability 1: Scientist and Scholar).

ULO5: Apply advanced psychological knowledge to culturally responsive interventions in the area of organisational psychology, including selection and planning of psychological or structural mental health interventions appropriate for the organisation or individual (Capability 3: Engaged Global Citizen)

General Assessment Information

Grade descriptors and other information concerning grading are contained in the Macquarie University Assessment Policy.

All final grades are determined by a grading committee, in accordance with the Macquarie University Assessment Policy, and are not the sole responsibility of the Unit Convenor.

Students will be awarded a final grade and a mark which must correspond to the grade descriptors specified in the Assessment Procedure (clause 128).

To pass this unit, you must demonstrate sufficient evidence of achievement of the learning outcomes, meet any ungraded requirements, and achieve a final mark of 50 or better.

Further details for each assessment task will be available on iLearn.

Late Submissions

Unless a Special Consideration request has been submitted and approved, a 5% penalty (OF THE TOTAL POSSIBLE MARK) will be applied each day a written assessment is not submitted, up until the 7th day (including weekends). After the 7th day, a grade of '0' will be awarded even if the assessment is submitted. Submission time for all written assessments is set at 11.55pm. A 1-hour grace period is provided to students who experience a technical concern.

 For example:

Number of days (hours) late	Total Possible Marks	Deduction	Raw mark	Final mark
1 day (1-24 hours)	100	5	75	70
2 days (24-48 hours)	100	10	75	65
3 days (48-72 hours)	100	15	75	60
7 days (144-168 hours)	100	35	75	40
>7 days (>168 hours)	100	-	75	0

For any late submissions of time-sensitive tasks, such as scheduled tests/exams, performance assessments/presentations, and/or scheduled practical assessments/labs, students need to submit an application for Special Consideration.

Assessment Tasks

Name	Weighting	Hurdle	Due
Treatment plan	40%	No	13/04/2024 at 11:59pm
Online Quiz	20%	No	27/04/2024 at 11:59pm
Interview Schedule	40%	No	9/03/2024 at 11:59 pm

Treatment plan

Assessment Type [1]: Case study/analysis
Indicative Time on Task [2]: 35 hours
Due: **13/04/2024 at 11:59pm**
Weighting: **40%**

This assessment involves the production of a 10 session treatment plan for the client displayed in the vignette

On successful completion you will be able to:

- Select appropriate standardised psychological testing, as part of broader assessment, to assess and interpret aspects of functioning (Capability 2: Psychologist Practitioner).
- Identify psychological disorders using a recognised taxonomy (Capability 2: Psychologist Practitioner)
- Develop professional interviews and assessments and synthesise information from multiple sources, including assessment of risk, to formulate a conceptualisation of the presenting issues to determine the most appropriate interventions, including management of risk (Capability 2: Psychologist Practitioner).
- Plan appropriate, empirically supported interventions, and monitor clients' progress and intervention outcomes (Capability 1: Scientist and Scholar).
- Apply advanced psychological knowledge to culturally responsive interventions in the area of organisational psychology, including selection and planning of psychological or structural mental health interventions appropriate for the organisation or individual (Capability 3: Engaged Global Citizen)

Online Quiz

Assessment Type [1]: Quiz/Test
Indicative Time on Task [2]: 18 hours
Due: **27/04/2024 at 11:59pm**
Weighting: **20%**

Diagnosis of client vignettes and selection of standardised assessments

On successful completion you will be able to:
- Select appropriate standardised psychological testing, as part of broader assessment, to assess and interpret aspects of functioning (Capability 2: Psychologist Practitioner).
- Identify psychological disorders using a recognised taxonomy (Capability 2: Psychologist Practitioner)

Interview Schedule

Assessment Type [1]: Practice-based task
Indicative Time on Task [2]: 35 hours
Due: **9/03/2024 at 11:59 pm**
Weighting: **40%**

This assessment involves the development of an interview protocol for case formulation of a workplace well-being problem.

On successful completion you will be able to:
- Select appropriate standardised psychological testing, as part of broader assessment, to assess and interpret aspects of functioning (Capability 2: Psychologist Practitioner).
- Plan appropriate, empirically supported interventions, and monitor clients' progress and intervention outcomes (Capability 1: Scientist and Scholar).
- Apply advanced psychological knowledge to culturally responsive interventions in the area of organisational psychology, including selection and planning of psychological or structural mental health interventions appropriate for the organisation or individual (Capability 3: Engaged Global Citizen)

[1] If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the Writing Centre for academic skills support.

[2] Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Delivery and Resources

As a student enrolled in this unit, you will engage in a range of online and face-to-face learning activities, including readings, access to online resources, online lectures and quizzes that designed to build your practical skills. Details can be found on the iLearn site for this unit.

Technology Used

Active participation in the learning activities throughout the unit will require students to have access to a tablet, laptop or similar device. Students who do not own their own laptop computer may borrow one from the university library.

Unit Schedule

Workshop 1 (23/02/2024)

- The role of organisations in employee wellbeing
- Communication and micro-counselling skills and cultural considerations
- Taking an organisational history
- The basics of interviewing

Workshop 2 (29/03/2024)

- Culture in the workplace and culturally sensitive practice
- First Nations social and emotional wellbeing
- Mental status examination
- Diagnosis using the DSM
- Cognitive behavioural strategies applied in the workplace

Workshop 3 (19/05/2024)

- Suicide risk assessment
- Sexuality in the workplace and considerations for employee mental health
- Note taking and record keeping

Policies and Procedures

Macquarie University policies and procedures are accessible from Policy Central (https://policie

s.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- Fitness to Practice Procedure
- Assessment Procedure
- Complaints Resolution Procedure for Students and Members of the Public
- Special Consideration Policy

Students seeking more policy resources can visit Student Policies (https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit Policy Central (https://policies.mq.edu.au) and use the search tool.

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/admin/other-resources/student-conduct

Results

Results published on platform other than eStudent, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in eStudent. For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Academic Integrity

At Macquarie, we believe academic integrity – honesty, respect, trust, responsibility, fairness and courage – is at the core of learning, teaching and research. We recognise that meeting the expectations required to complete your assessments can be challenging. So, we offer you a range of resources and services to help you reach your potential, including free online writing and maths support, academic skills development and wellbeing consultations.

Student Support

Macquarie University provides a range of support services for students. For details, visit http://students.mq.edu.au/support/

The Writing Centre

The Writing Centre provides resources to develop your English language proficiency, academic writing, and communication skills.

- Workshops
- Chat with a WriteWISE peer writing leader
- Access StudyWISE
- Upload an assignment to Studiosity
- Complete the Academic Integrity Module

The Library provides online and face to face support to help you find and use relevant information resources.

- Subject and Research Guides
- Ask a Librarian

Student Services and Support

Macquarie University offers a range of Student Support Services including:

- IT Support
- Accessibility and disability support with study
- Mental health support
- Safety support to respond to bullying, harassment, sexual harassment and sexual assault
- Social support including information about finances, tenancy and legal issues
- Student Advocacy provides independent advice on MQ policies, procedures, and processes

Student Enquiries

Got a question? Ask us via AskMQ, or contact Service Connect.

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the Acceptable Use of IT Resources Policy. The policy applies to all who connect to the MQ network including students.

Unit information based on version 2024.01 of the Handbook