

# **PSYC8801**

# **Clinical Psychology Placement 1**

Session 2, In person-placement, North Ryde 2024

School of Psychological Sciences

# **Contents**

General Information	2
Learning Outcomes	3
General Assessment Information	4
Assessment Tasks	4
Delivery and Resources	9
Policies and Procedures	10
Inclusion and Diversity	11
Professionalism	12

#### Disclaimer

Macquarie University has taken all reasonable measures to ensure the information in this publication is accurate and up-to-date. However, the information may change or become out-dated as a result of change in University policies, procedures or rules. The University reserves the right to make changes to any information in this publication without notice. Users of this publication are advised to check the website version of this publication [or the relevant faculty or department] before acting on any information in this publication.

### **General Information**

Unit convenor and teaching staff

Unit Convenor and Placement Education Lead

Michelle Player

#### michelle.player@mq.edu.au

Psychology Clinic, Australian Hearing Hub

Tues, Thurs, Fri

Clinic Director

Christopher Hunt

#### christopherjohn.hunt@mq.edu.au

Psychology Clinic, Australian Hearing Hub

Mon-Fri

#### Credit points

20

#### Prerequisites

(PSYC985 or PSYC8985) and (PSYC986 or PSYC8986 or PSYG8001) and (PSYC987 or PSYC8987)

#### Corequisites

(PSYC988 or PSYC8988 or PSYC8102) and (PSYC989 or PSYC8989 or PSYC8103) and PSYC8101

#### Co-badged status

#### Unit description

This unit is the first of two practical internal placement units for the Master of Clinical Psychology program and is conducted in the Macquarie University Psychology Clinic on campus under close supervision. It provides the opportunity to put theory/techniques gained in coursework units into practice and develops the provisional psychologist's identity as a Clinical Psychologist. Activities include face-to-face assessment and treatment of genuine clients; professional administrative tasks such as risk management, note keeping and report writing; and supervision activities, both individual and group with an overall workload of 330 hours. Students are required to complete at least a thousand hours across all placements in the program, including 400 client contact hours and 180 supervision hours, to meet accreditation requirements. By the time students finish this first placement unit, they will have gained beginner competencies in 10 domains as identified by the accrediting body APAC as Core Competencies to become a Clinical Psychologist.

### Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <a href="https://www.mq.edu.au/study/calendar-of-dates">https://www.mq.edu.au/study/calendar-of-dates</a>

# **Learning Outcomes**

On successful completion of this unit, you will be able to:

**ULO1:** Apply depth and breadth of knowledge required of clinical psychologists in determining client needs, individualised case formulation, and implementing culturally responsive interventions, in the context of counselling strategies and person-centred care. (Capability 2: Psychologist practitioner)

**ULO2:** Demonstrate higher level of critical thinking skills to evaluate current research to inform practice, and to monitor the appropriateness of interventions within the wider environment, making modifications as a scientist-practitioner as needed. (Capability 1: Scientist scholar)

**ULO3:** Demonstrate effective interpersonal and communication skills across a wide range of client groups, colleagues and other professionals, using a variety of formats to function empathically within and across cultures and life stages. (Capability 3: Engaged global citizen)

**ULO4:** Apply knowledge of the legislative frameworks and ethical codes relevant to clinical psychologists by demonstrating ethical attitude and behaviour in everyday practice, and good discernment and judgement in situations that arise. (Capability 4: Professional)

**ULO5:** Demonstrate the entry level capabilities required of practicing clinical psychologists, along with self-awareness, responsiveness to feedback, and capacity for self-correction, in the context of continuous reflective practice and professional development. (Capability 2: Psychologist practitioner)

**ULO6:** Apply advanced psychological knowledge required of clinical psychologists, in culturally responsive assessment, to diagnose, interpret data, and correctly apply assessment tools and processes to a wide range of disorders, to improve client outcomes and implement changes as appropriate. (Capability 2: Psychologist practitioner)

**ULO7:** Demonstrate professionalism via an organised and disciplined approach to record keeping and referral management, in line with policies and procedures, taking into account different organisational cultures and practices. (Capability 4: Professional)

### **General Assessment Information**

Grade descriptors and other information concerning grading are contained in the Macquarie University Assessment Policy.

All final grades are determined by a grading committee, in accordance with the Macquarie University Assessment Policy, and are not the sole responsibility of the Unit Convenor.

Students will be awarded a final grade and a mark which must correspond to the grade descriptors specified in the Assessment Procedure (clause 128).

To pass this unit, you must demonstrate sufficient evidence of achievement of the learning outcomes, meet any ungraded requirements, and achieve a final mark of 50 or better.

Further details for each assessment task will be available on iLearn.

### Late Submissions

Late submission of time sensitive tasks, such as placement reviews and sample case work, will be addressed by the unit convenor in a Special consideration application.

## **Special Consideration**

If you are unable to complete an assessment task on or by the specified date due circumstances that are unexpected, unavoidable, significantly disruptive and beyond your control, you may apply for special consideration in accordance with the <u>special consideration policy</u>. Applications for special consideration must be supported by appropriate evidence and submitted via ask.mq.edu.au.

# **Assessment Tasks**

Name	Weighting	Hurdle	Due
End-placement review	60%	No	Once all placement hours have been met
Clinical placement logbook and development plan	10%	Yes	Monthly throughout placement
Portfolio	30%	Yes	Submit following Supervisor approval, before Clinic Sign-Out
Mid-placement review	0%	No	When approx. half of placement hours are complete

# End-placement review

Assessment Type 1: Work-integrated task

Indicative Time on Task 2: 4 hours

Due: Once all placement hours have been met

Weighting: 60%

This is an end of placement assessment of competency, conducted in the placement setting with the supervisor using a standardised, validated competency assessment (Clinical Psychology Practicum Competencies Rating Scale; CYPRS) tool. The assessment will be based on self-ratings and supervisor ratings on CYPRS capabilities across a range of domains. Feedback is on developing competency to a PASS level on each of the domains, with PASS specified as a score of 2.5 out of 5 on each domain. A range of supervision techniques/methods are used to assess capabilities across the duration of placement including: a) observation of trainee performance followed by feedback (e.g., video, one-way mirror), b) case reports/notes, c) case presentation and discussion, d) role-play of skills with supervisor before discussion and feedback, e) self-evaluation of skills and self-correction, and f) feedback from peers/other professional staff in team settings.

- Apply depth and breadth of knowledge required of clinical psychologists in determining client needs, individualised case formulation, and implementing culturally responsive interventions, in the context of counselling strategies and person-centred care.
   (Capability 2: Psychologist practitioner)
- Demonstrate higher level of critical thinking skills to evaluate current research to inform practice, and to monitor the appropriateness of interventions within the wider environment, making modifications as a scientist-practitioner as needed. (Capability 1: Scientist scholar)
- Demonstrate effective interpersonal and communication skills across a wide range of client groups, colleagues and other professionals, using a variety of formats to function empathically within and across cultures and life stages. (Capability 3: Engaged global citizen)
- Apply knowledge of the legislative frameworks and ethical codes relevant to clinical psychologists by demonstrating ethical attitude and behaviour in everyday practice, and good discernment and judgement in situations that arise. (Capability 4: Professional)
- Demonstrate the entry level capabilities required of practicing clinical psychologists, along with self-awareness, responsiveness to feedback, and capacity for self-correction, in the context of continuous reflective practice and professional development. (Capability 2: Psychologist practitioner)
- Apply advanced psychological knowledge required of clinical psychologists, in culturally

- responsive assessment, to diagnose, interpret data, and correctly apply assessment tools and processes to a wide range of disorders, to improve client outcomes and implement changes as appropriate. (Capability 2: Psychologist practitioner)
- Demonstrate professionalism via an organised and disciplined approach to record keeping and referral management, in line with policies and procedures, taking into account different organisational cultures and practices. (Capability 4: Professional)

# Clinical placement logbook and development plan

Assessment Type 1: Log book Indicative Time on Task 2: 8 hours

Due: Monthly throughout placement

Weighting: 10%

This is a hurdle assessment task (see <u>assessment policy</u> for more information on hurdle assessment tasks)

Students will be required to submit a written placement log book and development plan, at the completion of the placement. The development plan will comprise of self-reflection and action points for skill development, based on feedback provided.

- Apply depth and breadth of knowledge required of clinical psychologists in determining client needs, individualised case formulation, and implementing culturally responsive interventions, in the context of counselling strategies and person-centred care.
   (Capability 2: Psychologist practitioner)
- Demonstrate higher level of critical thinking skills to evaluate current research to inform practice, and to monitor the appropriateness of interventions within the wider environment, making modifications as a scientist-practitioner as needed. (Capability 1: Scientist scholar)
- Demonstrate effective interpersonal and communication skills across a wide range of client groups, colleagues and other professionals, using a variety of formats to function empathically within and across cultures and life stages. (Capability 3: Engaged global citizen)
- Apply knowledge of the legislative frameworks and ethical codes relevant to clinical
  psychologists by demonstrating ethical attitude and behaviour in everyday practice, and
  good discernment and judgement in situations that arise. (Capability 4: Professional)
- Demonstrate the entry level capabilities required of practicing clinical psychologists,

along with self-awareness, responsiveness to feedback, and capacity for self-correction, in the context of continuous reflective practice and professional development. (Capability 2: Psychologist practitioner)

- Apply advanced psychological knowledge required of clinical psychologists, in culturally
  responsive assessment, to diagnose, interpret data, and correctly apply assessment
  tools and processes to a wide range of disorders, to improve client outcomes and
  implement changes as appropriate. (Capability 2: Psychologist practitioner)
- Demonstrate professionalism via an organised and disciplined approach to record keeping and referral management, in line with policies and procedures, taking into account different organisational cultures and practices. (Capability 4: Professional)

### **Portfolio**

Assessment Type 1: Portfolio Indicative Time on Task 2: 4 hours

Due: Submit following Supervisor approval, before Clinic Sign-Out

Weighting: 30%

This is a hurdle assessment task (see <u>assessment policy</u> for more information on hurdle assessment tasks)

This assessment will involve either written or oral presentation of a case portfolio showcasing client work during the placement. Examples include case notes, case formulation, or case presentation based on clients seen at the site.

- Apply depth and breadth of knowledge required of clinical psychologists in determining client needs, individualised case formulation, and implementing culturally responsive interventions, in the context of counselling strategies and person-centred care.
   (Capability 2: Psychologist practitioner)
- Demonstrate higher level of critical thinking skills to evaluate current research to inform practice, and to monitor the appropriateness of interventions within the wider environment, making modifications as a scientist-practitioner as needed. (Capability 1: Scientist scholar)
- Demonstrate effective interpersonal and communication skills across a wide range of client groups, colleagues and other professionals, using a variety of formats to function empathically within and across cultures and life stages. (Capability 3: Engaged global citizen)

- Apply knowledge of the legislative frameworks and ethical codes relevant to clinical psychologists by demonstrating ethical attitude and behaviour in everyday practice, and good discernment and judgement in situations that arise. (Capability 4: Professional)
- Demonstrate the entry level capabilities required of practicing clinical psychologists, along with self-awareness, responsiveness to feedback, and capacity for self-correction, in the context of continuous reflective practice and professional development. (Capability 2: Psychologist practitioner)
- Apply advanced psychological knowledge required of clinical psychologists, in culturally
  responsive assessment, to diagnose, interpret data, and correctly apply assessment
  tools and processes to a wide range of disorders, to improve client outcomes and
  implement changes as appropriate. (Capability 2: Psychologist practitioner)
- Demonstrate professionalism via an organised and disciplined approach to record keeping and referral management, in line with policies and procedures, taking into account different organisational cultures and practices. (Capability 4: Professional)

## Mid-placement review

Assessment Type 1: Work-integrated task Indicative Time on Task 2: 4 hours

Due: When approx. half of placement hours are complete

Weighting: 0%

This is a formative mid-placement assessment of competency, conducted in the placement setting with the supervisor using a standardised, validated competency assessment (Clinical Psychology Practicum Competencies Rating Scale; CYPRS) tool. The assessment will be based on self-ratings and supervisor ratings on CYPRS capabilities across a range of domains. A range of supervision techniques/methods are used to assess capabilities across the duration of placement including: a) observation of trainee performance followed by feedback (e.g., video, one-way mirror), b) case reports/notes, c) case presentation and discussion, d) role-play of skills with supervisor before discussion and feedback, e) self-evaluation of skills and self-correction, and f) feedback from peers/other professional staff in team settings.

- Apply depth and breadth of knowledge required of clinical psychologists in determining client needs, individualised case formulation, and implementing culturally responsive interventions, in the context of counselling strategies and person-centred care.
   (Capability 2: Psychologist practitioner)
- Demonstrate higher level of critical thinking skills to evaluate current research to inform

- practice, and to monitor the appropriateness of interventions within the wider environment, making modifications as a scientist-practitioner as needed. (Capability 1: Scientist scholar)
- Demonstrate effective interpersonal and communication skills across a wide range of client groups, colleagues and other professionals, using a variety of formats to function empathically within and across cultures and life stages. (Capability 3: Engaged global citizen)
- Apply knowledge of the legislative frameworks and ethical codes relevant to clinical psychologists by demonstrating ethical attitude and behaviour in everyday practice, and good discernment and judgement in situations that arise. (Capability 4: Professional)
- Demonstrate the entry level capabilities required of practicing clinical psychologists, along with self-awareness, responsiveness to feedback, and capacity for self-correction, in the context of continuous reflective practice and professional development. (Capability 2: Psychologist practitioner)
- Apply advanced psychological knowledge required of clinical psychologists, in culturally responsive assessment, to diagnose, interpret data, and correctly apply assessment tools and processes to a wide range of disorders, to improve client outcomes and implement changes as appropriate. (Capability 2: Psychologist practitioner)
- Demonstrate professionalism via an organised and disciplined approach to record keeping and referral management, in line with policies and procedures, taking into account different organisational cultures and practices. (Capability 4: Professional)

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the Writing Centre for academic skills support.

# **Delivery and Resources**

As a student enrolled in this unit, you will engage in a range of online and face-to-face learning activities, including face-to-face assessment and treatment of genuine clients, professional administrative tasks such as risk management, mandatory reporting, note keeping, and report writing, as well as supervision activities, both individual and group. Details can be found on the iLearn site for this unit.

Active participation in the learning activities throughout the unit will require students to have

<sup>&</sup>lt;sup>1</sup> If you need help with your assignment, please contact:

<sup>&</sup>lt;sup>2</sup> Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

access to a tablet, laptop or similar device. Students who do not own their own laptop computer may borrow one from the university library.

### **Policies and Procedures**

Macquarie University policies and procedures are accessible from Policy Central (https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- · Fitness to Practice Procedure
- · Assessment Procedure
- Complaints Resolution Procedure for Students and Members of the Public
- Special Consideration Policy

Students seeking more policy resources can visit Student Policies (https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit Policy Central (https://policies.mq.e du.au) and use the search tool.

### **Student Code of Conduct**

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/admin/other-resources/student-conduct

#### Results

Results published on platform other than <u>eStudent</u>, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in <u>eStudent</u>. For more information visit <u>connect.mq.edu.au</u> or if you are a Global MBA student contact <u>globalmba.support@mq.edu.au</u>

# Academic Integrity

At Macquarie, we believe <u>academic integrity</u> – honesty, respect, trust, responsibility, fairness and courage – is at the core of learning, teaching and research. We recognise that meeting the expectations required to complete your assessments can be challenging. So, we offer you a range of resources and services to help you reach your potential, including free <u>online writing and</u> <u>d maths support</u>, academic skills development and wellbeing consultations.

# Student Support

Macquarie University provides a range of support services for students. For details, visit http://stu

#### dents.mq.edu.au/support/

### **The Writing Centre**

The Writing Centre provides resources to develop your English language proficiency, academic writing, and communication skills.

- Workshops
- · Chat with a WriteWISE peer writing leader
- Access StudyWISE
- · Upload an assignment to Studiosity
- · Complete the Academic Integrity Module

The Library provides online and face to face support to help you find and use relevant information resources.

- · Subject and Research Guides
- Ask a Librarian

## Student Services and Support

Macquarie University offers a range of Student Support Services including:

- IT Support
- Accessibility and disability support with study
- Mental health support
- <u>Safety support</u> to respond to bullying, harassment, sexual harassment and sexual assault
- Social support including information about finances, tenancy and legal issues
- Student Advocacy provides independent advice on MQ policies, procedures, and processes

## Student Enquiries

Got a question? Ask us via the Service Connect Portal, or contact Service Connect.

### IT Help

For help with University computer systems and technology, visit <a href="http://www.mq.edu.au/about\_us/">http://www.mq.edu.au/about\_us/</a> offices\_and\_units/information\_technology/help/.

When using the University's IT, you must adhere to the <u>Acceptable Use of IT Resources Policy</u>. The policy applies to all who connect to the MQ network including students.

# **Inclusion and Diversity**

Social inclusion at Macquarie University is about giving everyone who has the potential to benefit from higher education the opportunity to study at university, participate in campus life and

flourish in their chosen field. The University has made significant moves to promote an equitable, diverse and exciting campus community for the benefit of staff and students. It is your responsibility to contribute towards the development of an inclusive culture and practice in the areas of learning and teaching, research, and service orientation and delivery. As a member of the Macquarie University community, you must not discriminate against or harass others based on their sex, gender, race, marital status, carers' responsibilities, disability, sexual orientation, age, political conviction or religious belief. All staff and students are expected to display appropriate behaviour that is conducive to a healthy learning environment for everyone.

### **Professionalism**

In the Faculty of Medicine, Health and Human Sciences, professionalism is a key capability embedded in all our courses.

As part of developing professionalism, students are expected to attend all small group interactive sessions including clinical, practical, laboratory, work-integrated learning (e.g., PACE placements), and team-based learning activities. Some learning activities are recorded (e.g., face-to-face lectures), however you are encouraged to avoid relying upon such material as they do not recreate the whole learning experience and technical issues can and do occur. As an adult learner, we respect your decision to choose how you engage with your learning, but we would remind you that the learning opportunities we create for you have been done so to enable your success, and that by not engaging you may impact your ability to successfully complete this unit. We equally expect that you show respect for the academic staff who have worked hard to develop meaningful activities and prioritise your learning by communicating with them in advance if you are unable to attend a small group interactive session.

Another dimension of professionalism is having respect for your peers. It is the right of every student to learn in an environment that is free of disruption and distraction. Please arrive to all learning activities on time, and if you are unavoidably detained, please join activity as quietly as possible to minimise disruption. Phones and other electronic devices that produce noise and other distractions must be turned off prior to entering class. Where your own device (e.g., laptop) is being used for class-related activities, you are asked to close down all other applications to avoid distraction to you and others. Please treat your fellow students with the utmost respect. If you are uncomfortable participating in any specific activity, please let the relevant academic know.

Unit information based on version 2024.02 of the Handbook