

CHIR8102

Clinical Chiropractic 2

Session 2, In person-scheduled-weekday, North Ryde 2024

Department of Chiropractic

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General Information

Unit convenor and teaching staff

Christopher Burrell

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Credit points

10

Prerequisites

CHIR8101 or CHIR891

Corequisites

Co-badged status

Unit description

This unit provides advanced coverage of chiropractic technique including spinal and peripheral joint manipulative procedures. The unit covers one technique in detail; Diversified. CHIR8102 introduces two new techniques; Terminal Point technique, and Flexion Distraction therapy. By the completion of this unit students will be well grounded in a range of spinal manipulative procedures. Major themes relating to evidence-based practice (EBP) continue to be developed.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at https://www.mq.edu.au/study/calendar-of-dates

Learning Outcomes

On successful completion of this unit, you will be able to:

ULO1: Perform and critique spinal adjustments and/or mobilisations with the appropriate psychomotor skills. Including control of the adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.

ULO2: Perform and discuss a physical examination of a patient utilising advanced static and motion palpation of both spinal and peripheral joint systems.

ULO3: Demonstrate an understanding of the normal and pathological biomechanics of spinal and peripheral joints.

ULO4: Assess and treat a variety of basic musculo-skeletal complaints at the proficiency

of "clinician".

ULO5: Apply research skills at the level of open inquiry within structured guidelines as part of a research skills development (RSD) progression.

Assessment Tasks

Name	Weighting	Hurdle	Due
Chiropractic identity within primary healthcare	10%	No	Week 9
End of session OSCE	40%	Yes	Week 12
Mid-session Diversified Spot test	0%	No	Week 7
End of session written exam	50%	No	Exam Period
Late session TPT & FD Spot test	0%	No	Week 9

Chiropractic identity within primary healthcare

Assessment Type 1: Report

Indicative Time on Task 2: 10 hours

Due: Week 9
Weighting: 10%

Written report on chiropractic identity within primary healthcare

On successful completion you will be able to:

 Apply research skills at the level of open inquiry within structured guidelines as part of a research skills development (RSD) progression.

End of session OSCE

Assessment Type 1: Clinical performance evaluation

Indicative Time on Task 2: 10 hours

Due: Week 12 Weighting: 40%

This is a hurdle assessment task (see <u>assessment policy</u> for more information on hurdle assessment tasks)

End of session Objective Structured Clinical Examination (OSCE) will assess all aspects of technique from the unit including Diversified, terminal point technique and flexion distraction.

On successful completion you will be able to:

- Perform and critique spinal adjustments and/or mobilisations with the appropriate psychomotor skills. Including control of the adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lockup/set-up, speed, amplitude and line of drive.
- Perform and discuss a physical examination of a patient utilising advanced static and motion palpation of both spinal and peripheral joint systems.
- Demonstrate an understanding of the normal and pathological biomechanics of spinal and peripheral joints.
- Assess and treat a variety of basic musculo-skeletal complaints at the proficiency of "clinician".

Mid-session Diversified Spot test

Assessment Type 1: Clinical performance evaluation Indicative Time on Task 2: 2 hours

Due: Week 7 Weighting: 0%

In-tutorial practical assessment of Diversified chiropractic technique

On successful completion you will be able to:

- Perform and critique spinal adjustments and/or mobilisations with the appropriate
 psychomotor skills. Including control of the adjustment/mobilisation procedures with
 regard to patient position, practitioner position, primary contact, secondary contact, lockup/set-up, speed, amplitude and line of drive.
- Perform and discuss a physical examination of a patient utilising advanced static and motion palpation of both spinal and peripheral joint systems.
- Demonstrate an understanding of the normal and pathological biomechanics of spinal and peripheral joints.
- Assess and treat a variety of basic musculo-skeletal complaints at the proficiency of "clinician".

End of session written exam

Assessment Type 1: Examination

Indicative Time on Task 2: 20 hours

Due: **Exam Period** Weighting: **50%**

End of session written exam to assess all aspects of the unit.

On successful completion you will be able to:

- Perform and critique spinal adjustments and/or mobilisations with the appropriate psychomotor skills. Including control of the adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lockup/set-up, speed, amplitude and line of drive.
- Perform and discuss a physical examination of a patient utilising advanced static and motion palpation of both spinal and peripheral joint systems.
- Demonstrate an understanding of the normal and pathological biomechanics of spinal and peripheral joints.
- Assess and treat a variety of basic musculo-skeletal complaints at the proficiency of "clinician".
- Apply research skills at the level of open inquiry within structured guidelines as part of a research skills development (RSD) progression.

Late session TPT & FD Spot test

Assessment Type 1: Clinical performance evaluation Indicative Time on Task 2: 2 hours

Due: **Week 9** Weighting: **0**%

In-tutorial practical assessment of terminal point technique and flexion distraction technique

On successful completion you will be able to:

- Perform and critique spinal adjustments and/or mobilisations with the appropriate psychomotor skills. Including control of the adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lockup/set-up, speed, amplitude and line of drive.
- · Perform and discuss a physical examination of a patient utilising advanced static and

motion palpation of both spinal and peripheral joint systems.

- Demonstrate an understanding of the normal and pathological biomechanics of spinal and peripheral joints.
- Assess and treat a variety of basic musculo-skeletal complaints at the proficiency of "clinician".

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- · the Writing Centre for academic skills support.

Delivery and Resources

As a student enrolled in this unit, you will engage in a range of face-to-face and solitary learning activities, including attending live lectures, technique tutorials, watching technique videos, and readings. Details can be found on the iLearn site for this unit.

Essential Readings

- Esposito & Philipson, Manual of Spinal Technique, 1st Ed. March 2005
- TPT/FD Technique Manual pdf provided on iLearn

Recommended Readings

 Oatis. Kinesiology "Kinesiology The Mechanics and Pathomechanics of Human Movement," 2nd edition 2008, Lippincott, Williams and Wilkins

Technology Used

Active participation in the learning activities throughout the unit will require students to have access to a tablet, laptop, or similar device. Students who do not own their own laptop computer may borrow one from the university library.

Unit Schedule

see iLearn

Policies and Procedures

Macquarie University policies and procedures are accessible from Policy Central (https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

¹ If you need help with your assignment, please contact:

² Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- Fitness to Practice Procedure
- · Assessment Procedure
- Complaints Resolution Procedure for Students and Members of the Public
- Special Consideration Policy

Students seeking more policy resources can visit Student Policies (https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit Policy Central (https://policies.mq.e du.au) and use the search tool.

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mg.edu.au/admin/other-resources/student-conduct

Results

Results published on platform other than <u>eStudent</u>, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in <u>eStudent</u>. For more information visit <u>ask.mq.edu.au</u> or if you are a Global MBA student contact globalmba.support@mq.edu.au

Academic Integrity

At Macquarie, we believe <u>academic integrity</u> – honesty, respect, trust, responsibility, fairness and courage – is at the core of learning, teaching and research. We recognise that meeting the expectations required to complete your assessments can be challenging. So, we offer you a range of resources and services to help you reach your potential, including free <u>online writing and maths support</u>, academic skills development and wellbeing consultations.

Student Support

Macquarie University provides a range of support services for students. For details, visit http://students.mq.edu.au/support/

The Writing Centre

The Writing Centre provides resources to develop your English language proficiency, academic writing, and communication skills.

- Workshops
- Chat with a WriteWISE peer writing leader

- Access StudyWISE
- Upload an assignment to Studiosity
- Complete the Academic Integrity Module

The Library provides online and face to face support to help you find and use relevant information resources.

- · Subject and Research Guides
- Ask a Librarian

Student Services and Support

Macquarie University offers a range of Student Support Services including:

- IT Support
- · Accessibility and disability support with study
- Mental health support
- Safety support to respond to bullying, harassment, sexual harassment and sexual assault
- Social support including information about finances, tenancy and legal issues
- <u>Student Advocacy</u> provides independent advice on MQ policies, procedures, and processes

Student Enquiries

Got a question? Ask us via AskMQ, or contact Service Connect.

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/ offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the <u>Acceptable Use of IT Resources Policy</u>. The policy applies to all who connect to the MQ network including students.

Inclusion and diversity

Social inclusion at Macquarie University is about giving everyone who has the potential to benefit from higher education the opportunity to study at university, participate in campus life and flourish in their chosen field. The University has made significant moves to promote an equitable, diverse and exciting campus community for the benefit of staff and students. It is your responsibility to contribute towards the development of an inclusive culture and practice in the areas of learning and teaching, research, and service orientation and delivery. As a member of the Macquarie University community, you must not discriminate against or harass others based on their sex, gender, race, marital status, carers' responsibilities, disability, sexual orientation, age, political conviction or religious belief. All staff and students are expected to display

appropriate behaviour that is conducive to a healthy learning environment for everyone.

Professionalism

In the Faculty of Medicine, Health and Human Sciences, professionalism is a key capability embedded in all our courses.

As part of developing professionalism, students are expected to attend all small group interactive sessions including clinical, practical, laboratory, work-integrated learning (e.g., PACE placements), and team-based learning activities. Some learning activities are recorded (e.g., face-to-face lectures), however you are encouraged to avoid relying upon such material as they do not recreate the whole learning experience and technical issues can and do occur. As an adult learner, we respect your decision to choose how you engage with your learning, but we would remind you that the learning opportunities we create for you have been done so to enable your success, and that by not engaging you may impact your ability to successfully complete this unit. We equally expect that you show respect for the academic staff who have worked hard to develop meaningful activities and prioritise your learning by communicating with them in advance if you are unable to attend a small group interactive session.

Another dimension of professionalism is having respect for your peers. It is the right of every student to learn in an environment that is free of disruption and distraction. Please arrive to all learning activities on time, and if you are unavoidably detained, please join activity as quietly as possible to minimise disruption. Phones and other electronic devices that produce noise and other distractions must be turned off prior to entering class. Where your own device (e.g., laptop) is being used for class-related activities, you are asked to close down all other applications to avoid distraction to you and others. Please treat your fellow students with the utmost respect. If you are uncomfortable participating in any specific activity, please let the relevant academic know.

Unit information based on version 2024.01R of the Handbook