



# PSYX1100

## Psychology: Finding Your Foundation and Future

Session 2, Online-flexible 2024

*School of Psychological Sciences*

### Contents

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<u>General Information</u>	2
<u>Learning Outcomes</u>	2
<u>General Assessment Information</u>	3
<u>Assessment Tasks</u>	6
<u>Delivery and Resources</u>	7
<u>Unit Schedule</u>	8
<u>Policies and Procedures</u>	9

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#### **Disclaimer**

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## General Information

Unit convenor and teaching staff

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Credit points

10

Prerequisites

20cps from (PSYX1101 or PSYX1102 or STAX1103)

Corequisites

PSYU/X1101 or PSYU/X1102

Co-badged status

Unit description

The field of Psychology is broad and varied; this unit is designed to provide you with the foundations of the discipline as well as professional practice in psychology, developing your psychological literacy. In this unit, you will learn about the fascinating field of psychological science, including what it means to be a professional psychologist, a psychological scientist, or someone who applies psychological knowledge to other areas. You will also learn what a psychology degree will teach you, including content and skills that you will develop throughout the degree, and how what you learn will make genuine improvements to your life. Post-degree careers and pathways will be discussed, and you will reflect on your own personal strengths, values, interests as they relate to psychology, including how you can use psychological science to make the world a better place.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

## Learning Outcomes

On successful completion of this unit, you will be able to:

**ULO1:** Explain the importance of theory and research in psychological science and psychological practice, including the use of empirically-derived scientific evidence and

scientific practice (Capability 1: Scientist).

**ULO2:** Apply the foundations of psychological science for positive impact on individuals and society, including within higher education, employment, and everyday life (Capability 2: Practitioner).

**ULO3:** Recognise the importance of applying psychology knowledge and skills in a manner that is reflexive, culturally appropriate, and sensitive to the diversity of individuals (Capability 3: Citizen).

**ULO4:** Demonstrate effective interpersonal skills and collaboration in teams by communicating effectively in a range of settings, including written and spoken methods, with individuals, groups, policy makers and/or the wider community (Capability 2: Practitioner).

**ULO5:** Describe and apply ethical knowledge and skills in the discipline and practice of psychology, including professional and research ethics (Capability 4: Professional).

## General Assessment Information

Grade descriptors and other information concerning grading are contained in the [Macquarie University Assessment Policy](#).

All final grades are determined by a grading committee, in accordance with the Macquarie University Assessment Policy, and are not the sole responsibility of the Unit Convenor.

Students will be awarded a final grade and a mark which must correspond to the grade descriptors specified in the [Assessment Procedure](#) (clause 128).

To pass this unit, you must demonstrate sufficient evidence of achievement of the learning outcomes, meet any ungraded requirements, and achieve a final mark of 50 or better.

Further details for each assessment task will be available on iLearn.

## Late Submissions

Unless a Special Consideration request has been submitted and approved, a 5% penalty (OF THE TOTAL POSSIBLE MARK) will be applied each day a written assessment is not submitted, up until the 7th day (including weekends). After the 7th day, a grade of '0' will be awarded even if the assessment is submitted. Submission time for all written assessments is set at 11.55pm. A 1-hour grace period is provided to students who experience a technical concern.

For example:

Number of days (hours) late	Total Possible Marks	Deduction	Raw mark	Final mark
1 day (1-24 hours)	100	5	75	70

2 days (24-48 hours)	100	10	75	65
3 days (48-72 hours)	100	15	75	60
7 days (144-168 hours)	100	35	75	40
>7 days (>168 hours)	100	-	75	0

For any late submissions of time-sensitive tasks, such as scheduled tests/exams, performance assessments/presentations, and/or scheduled practical assessments/labs, students need to submit an application for Special Consideration.

No further submissions will be accepted after the marked assignments are returned and feedback is released to students.

**Word count penalty:** word count penalties vary in this unit according to the assessment. To understand more about how word count penalties apply for each of the assessments, please see iLearn.

### Assessment Tasks

Name	Weighting	Hurdle	Due
<a href="#">Portfolio</a>	50%	No	Weekly tasks, with final formal submission Week 13
<a href="#">Group presentation and written report</a>	50%	No	Week 5 for individual report; Week 10 for group presentation

## Portfolio

Assessment Type [1](#): Portfolio Indicative Time on Task [2](#): 45 hours Due: **Weekly tasks, with final formal submission Week 13** Weighting: **50%**

You will engage in regular reflection and application of unit content to your personal life and professional goals, culminating in a personal and professional portfolio submission.

On successful completion you will be able to:

- Explain the importance of theory and research in psychological science and psychological practice, including the use of empirically-derived scientific evidence and scientific practice (Capability 1: Scientist).
- Apply the foundations of psychological science for positive impact on individuals and society, including within higher education, employment, and everyday life (Capability 2: Practitioner).
- Recognise the importance of applying psychology knowledge and skills in a manner that is reflexive, culturally appropriate, and sensitive to the diversity of individuals (Capability

3: Citizen).

- Demonstrate effective interpersonal skills and collaboration in teams by communicating effectively in a range of settings, including written and spoken methods, with individuals, groups, policy makers and/or the wider community (Capability 2: Practitioner).
- Describe and apply ethical knowledge and skills in the discipline and practice of psychology, including professional and research ethics (Capability 4: Professional).

## Group presentation and written report

Assessment Type <sup>1</sup>: Presentation Indicative Time on Task <sup>2</sup>: 30 hours Due: **Week 5 for individual report; Week 10 for group presentation** Weighting: **50%**

You will work in a small online group to identify a 'big issue' that psychological science can inform. You will review the scientific evidence to be able to comment on the current state of understanding is on the issue, and propose ideas for how future investigations can work towards addressing the issue. As a group you will be required to submit an audiovisual recorded group presentation. More information about this assessment is available on iLearn.

On successful completion you will be able to:

- Explain the importance of theory and research in psychological science and psychological practice, including the use of empirically-derived scientific evidence and scientific practice (Capability 1: Scientist).
- Apply the foundations of psychological science for positive impact on individuals and society, including within higher education, employment, and everyday life (Capability 2: Practitioner).
- Recognise the importance of applying psychology knowledge and skills in a manner that is reflexive, culturally appropriate, and sensitive to the diversity of individuals (Capability 3: Citizen).
- Demonstrate effective interpersonal skills and collaboration in teams by communicating effectively in a range of settings, including written and spoken methods, with individuals, groups, policy makers and/or the wider community (Capability 2: Practitioner).
- Describe and apply ethical knowledge and skills in the discipline and practice of psychology, including professional and research ethics (Capability 4: Professional).

<sup>1</sup> If you need help with your assignment, please contact:

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the [Writing Centre](#) for academic skills support.

<sup>2</sup> Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation.

## Assessment Tasks

Name	Weighting	Hurdle	Due
<a href="#">Portfolio</a>	50%	No	28/10/2024 11:55pm AEDT
<a href="#">Group presentation and written report</a>	50%	No	Individual writing task (Wk 5) & group presentation (Wk 10)

### Portfolio

Assessment Type <sup>1</sup>: Portfolio

Indicative Time on Task <sup>2</sup>: 45 hours

Due: **28/10/2024 11:55pm AEDT**

Weighting: **50%**

You will engage in regular reflection and application of unit content to your personal life and professional goals, culminating in a personal and professional portfolio submission.

On successful completion you will be able to:

- Explain the importance of theory and research in psychological science and psychological practice, including the use of empirically-derived scientific evidence and scientific practice (Capability 1: Scientist).
- Apply the foundations of psychological science for positive impact on individuals and society, including within higher education, employment, and everyday life (Capability 2: Practitioner).
- Recognise the importance of applying psychology knowledge and skills in a manner that is reflexive, culturally appropriate, and sensitive to the diversity of individuals (Capability 3: Citizen).
- Demonstrate effective interpersonal skills and collaboration in teams by communicating effectively in a range of settings, including written and spoken methods, with individuals, groups, policy makers and/or the wider community (Capability 2: Practitioner).
- Describe and apply ethical knowledge and skills in the discipline and practice of psychology, including professional and research ethics (Capability 4: Professional).

### Group presentation and written report

Assessment Type <sup>1</sup>: Presentation

Indicative Time on Task <sup>2</sup>: 30 hours

**Due: Individual writing task (Wk 5) & group presentation (Wk 10)**

Weighting: **50%**

You will work in a group to identify a 'big issue' that psychological science can inform. You will review the scientific evidence to be able to comment on the current state of understanding is on the issue, and propose ideas for how future investigations can work towards addressing the issue.

On successful completion you will be able to:

- Explain the importance of theory and research in psychological science and psychological practice, including the use of empirically-derived scientific evidence and scientific practice (Capability 1: Scientist).
- Apply the foundations of psychological science for positive impact on individuals and society, including within higher education, employment, and everyday life (Capability 2: Practitioner).
- Recognise the importance of applying psychology knowledge and skills in a manner that is reflexive, culturally appropriate, and sensitive to the diversity of individuals (Capability 3: Citizen).
- Demonstrate effective interpersonal skills and collaboration in teams by communicating effectively in a range of settings, including written and spoken methods, with individuals, groups, policy makers and/or the wider community (Capability 2: Practitioner).
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- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
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<sup>2</sup> Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

## **Delivery and Resources**

As a student enrolled in this unit, you will engage in a range of asynchronous online learning activities, including online lecture modules, tutorial workbooks and associated activities, readings, and online consultation times.

Lectures for this unit will be delivered as online lecture modules, via the iLearn site. For the tutorial component, you will have online tutorial workbooks, activities, and discussion forums to be completed in your own time during the week.

For general information on unit versions, see this website <https://students.mq.edu.au/study/enrolling/choosing-units>

Further details about online lectures and tutorials can be found on the iLearn site for this unit.

### **Required and Recommended Readings**

The required textbook for this unit is available free online, via the MQ Library website

Machin, T., Machin, T., Jeffries, C., & Hoare, N. (2022). *The Australian Handbook for Careers in Psychological Science*. University of Southern Queensland.

Additional recommended resources will be listed in the Leganto readings list, within the unit's iLearn site.

### **Technology Used**

Active participation in the learning activities and completion of the assessment tasks in this unit will require students to have access to a tablet, laptop, desktop computer, or similar device. Students can download the Office 365 suite for free <https://students.mq.edu.au/support/technology/software/microsoft>

All students should be able to use Zoom software <https://students.mq.edu.au/support/technology/software/zoom>

## **Unit Schedule**

The following weekly schedule is subject to change; see the iLearn site for the most up-to-date information. Lectures and tutorials both commence from Week 1.

<b>Week</b>	<b>Lecture</b>	<b>Tutorial</b>
1	Unit introduction	Unit introduction
2	Psychology of learning	Study skills
3	Mental health and wellbeing	Emotional intelligence
4	Ethics	Ethics
5	Critical thinking	Critical thinking
6	Interpersonal skills	Interpersonal skills
7	Personal attributes	Personal attributes
8	Graduate learning outcomes	Mindsets
<i>Mid-session Break</i>		



9	Applied psychology	Group presentation skills
10	Other careers	Group presentations
11	Career development	Career development
12	Your psychology degree	Your future work self
13	Unit wrap-up	No tutorial

## Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Assessment Procedure](#)
- [Complaints Resolution Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#)

Students seeking more policy resources can visit [Student Policies \(https://students.mq.edu.au/support/study/policies\)](https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit [Policy Central \(https://policies.mq.edu.au\)](https://policies.mq.edu.au) and use the [search tool](#).

## Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/admin/other-resources/student-conduct>

## Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit [connect.mq.edu.au](https://connect.mq.edu.au) or if you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## Academic Integrity

At Macquarie, we believe [academic integrity](#) – honesty, respect, trust, responsibility, fairness and courage – is at the core of learning, teaching and research. We recognise that meeting the expectations required to complete your assessments can be challenging. So, we offer you a

range of resources and services to help you reach your potential, including free [online writing and maths support](#), [academic skills development](#) and [wellbeing consultations](#).

## Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

### The Writing Centre

[The Writing Centre](#) provides resources to develop your English language proficiency, academic writing, and communication skills.

- [Workshops](#)
- [Chat with a WriteWISE peer writing leader](#)
- [Access StudyWISE](#)
- [Upload an assignment to Studiosity](#)
- [Complete the Academic Integrity Module](#)

The Library provides online and face to face support to help you find and use relevant information resources.

- [Subject and Research Guides](#)
- [Ask a Librarian](#)

## Student Services and Support

Macquarie University offers a range of [Student Support Services](#) including:

- [IT Support](#)
- [Accessibility and disability support](#) with study
- Mental health [support](#)
- [Safety support](#) to respond to bullying, harassment, sexual harassment and sexual assault
- [Social support including information about finances, tenancy and legal issues](#)
- [Student Advocacy](#) provides independent advice on MQ policies, procedures, and processes

## Student Enquiries

Got a question? Ask us via the [Service Connect Portal](#), or contact [Service Connect](#).

## IT Help

For help with University computer systems and technology, visit [http://www.mq.edu.au/about\\_us/offices\\_and\\_units/information\\_technology/help/](http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/).

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#).

The policy applies to all who connect to the MQ network including students.

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Unit information based on version 2024.02 of the [Handbook](#)