

PHTY8301

Advanced Physiotherapy Practice A

Session 2, In person-scheduled-infrequent, North Ryde 2024

Department of Health Sciences

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General Information

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Credit points

10

Prerequisites

(PHTY812 or PHTY8204) and (PHTY813 or PHTY8205) and (PHTY814 or PHTY8206) and (PHTY815 or PHTY8207)

Corequisites

Co-badged status

Unit description

This unit will further develop your advanced knowledge, clinical reasoning skills and practice to prepare for advanced and extended scope roles for physiotherapists. Cutting-edge and contemporary advances in clinical practice will be explored to enhance your ability to work with individuals from highly diverse cultural and social backgrounds, and with highly complex presentations. You will also further advance your communication skills to enhance your practice in the contemporary healthcare environment, as well as to a wider population with diverse levels of health literacy.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at https://www.mq.edu.au/study/calendar-of-dates

Learning Outcomes

On successful completion of this unit, you will be able to:

ULO1: Explain the impact of new developments in physiotherapy scope of practice on the role of the physiotherapist in health care. (Scientist & Scholar)

ULO2: Competently explain and/or perform advanced contemporary practices, such as imaging, pharmacology, novel pain treatments, and emergency triage, as appropriate to the advancing scope of physiotherapy practice. (Clinical Practitioner)

ULO3: Communicate information clearly and effectively to consumers and health care

professionals in face-to-face settings and via a variety of forms of media, including digital technologies. (Clinical Practitioner)

ULO4: Apply advanced knowledge and skill to the assessment and management of people with complex presentations. (Clinical Practitioner)

ULO5: Apply advanced physiotherapy practice in a manner that is socially and culturally appropriate for specific patients and clinical settings, including identifying barriers to treatment. (Engaged Global Citizen)

General Assessment Information

Grading of Assessments

You will receive a grade for each assessment within this unit. The grades awarded will reflect a holistic evaluation of the work against the criteria outlined within the corresponding assessment rubric. Numerical marks will be calculated for each assessment based on the following percentages, and rounded to the nearest full mark:

- High distinction (HD) 95%
- Distinction (D) 80%
- Credit (C) 70%
- Pass (P) 60%
- Pass minus (P-) 50%
- Fail (F) 40%

Grade descriptors and other information concerning grading are contained in the <u>Macquarie University Assessment Policy</u>. All final grades are determined by a grading committee, in accordance with the Macquarie University Assessment Policy, and are not the sole responsibility of the Unit Convenor.

Students will be awarded a final grade and mark which must correspond to the grade descriptors specified in the Assessment Procedure.

To pass this unit, you must demonstrate sufficient evidence of achievement of the learning outcomes, meet any ungraded requirements, and achieve a final mark of 50 or better. Submission of an incomplete assessment task may result in the Fail (F) grade to be awarded a numerical grade below 40%.

Estimated time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation.

Further details for each assessment task will be available on iLearn.

Late Submissions

Unless a Special Consideration request has been submitted and approved, a 5% penalty (OF

THE TOTAL POSSIBLE MARK) will be applied each day an assessment is not submitted, up until the 7th day (including weekends). After the 7th day, a grade of '0' will be awarded even if the assessment is submitted. Submission time for all written assessments is set at 11.55pm. A 1-hour grace period is provided to students who experience a technical concern.

For example:

| Number of days (hours) late | Total Possible Marks | Deduction | Raw mark | Final mark |
|-----------------------------|----------------------|-----------|----------|------------|
| 1 day (1-24 hours) | 100 | 5 | 75 | 70 |
| 2 days (24-48 hours) | 100 | 10 | 75 | 65 |
| 3 days (48-72 hours) | 100 | 15 | 75 | 60 |
| 7 days (144-168 hours) | 100 | 35 | 75 | 40 |
| >7 days (>168 hours) | 100 | - | 75 | 0 |

For any late submissions of time-sensitive tasks, such as scheduled tests/exams, performance assessments/presentations, and/or scheduled practical assessments/labs, students need to submit an application for Special Consideration.

Assessment Tasks

| Name | Weighting | Hurdle | Due |
|--|-----------|--------|---------|
| ePortfolio Stage 1 | 20% | No | Week 6 |
| ePortfolio Stage 2 | 45% | No | Week 10 |
| Complex Case Assessment and Management | 35% | No | Week 14 |

ePortfolio Stage 1

Assessment Type 1: Portfolio Indicative Time on Task 2: 15 hours

Due: Week 6 Weighting: 20%

You will present a planned outline of the final ePortfolio submission as well as a component of work for early feedback to improve on the next task (AT2).

On successful completion you will be able to:

- Explain the impact of new developments in physiotherapy scope of practice on the role of the physiotherapist in health care. (Scientist & Scholar)
- Competently explain and/or perform advanced contemporary practices, such as imaging, pharmacology, novel pain treatments, and emergency triage, as appropriate to the advancing scope of physiotherapy practice. (Clinical Practitioner)
- Communicate information clearly and effectively to consumers and health care professionals in face-to-face settings and via a variety of forms of media, including digital technologies. (Clinical Practitioner)
- Apply advanced physiotherapy practice in a manner that is socially and culturally appropriate for specific patients and clinical settings, including identifying barriers to treatment. (Engaged Global Citizen)

ePortfolio Stage 2

Assessment Type 1: Portfolio Indicative Time on Task 2: 35 hours

Due: Week 10 Weighting: 45%

You will present an ePortfolio containing a variety of works based on content covered across the semester to portray your advanced practice knowledge and skill.

On successful completion you will be able to:

- Explain the impact of new developments in physiotherapy scope of practice on the role
 of the physiotherapist in health care. (Scientist & Scholar)
- Competently explain and/or perform advanced contemporary practices, such as imaging, pharmacology, novel pain treatments, and emergency triage, as appropriate to the advancing scope of physiotherapy practice. (Clinical Practitioner)
- Communicate information clearly and effectively to consumers and health care professionals in face-to-face settings and via a variety of forms of media, including digital technologies. (Clinical Practitioner)
- Apply advanced knowledge and skill to the assessment and management of people with complex presentations. (Clinical Practitioner)
- Apply advanced physiotherapy practice in a manner that is socially and culturally appropriate for specific patients and clinical settings, including identifying barriers to treatment. (Engaged Global Citizen)

Complex Case Assessment and Management

Assessment Type 1: Viva/oral examination

Indicative Time on Task 2: 20 hours

Due: Week 14 Weighting: 35%

You will demonstrate the application of the advanced physiotherapy skills acquired over the course of this unit in a practical viva setting. A complex case scenario will be utilised to examine these advanced physiotherapy skills and holistic management, requiring awareness of social, cultural and multi co-morbidity considerations.

On successful completion you will be able to:

- Competently explain and/or perform advanced contemporary practices, such as imaging, pharmacology, novel pain treatments, and emergency triage, as appropriate to the advancing scope of physiotherapy practice. (Clinical Practitioner)
- Communicate information clearly and effectively to consumers and health care professionals in face-to-face settings and via a variety of forms of media, including digital technologies. (Clinical Practitioner)
- Apply advanced knowledge and skill to the assessment and management of people with complex presentations. (Clinical Practitioner)
- Apply advanced physiotherapy practice in a manner that is socially and culturally appropriate for specific patients and clinical settings, including identifying barriers to treatment. (Engaged Global Citizen)

- the academic teaching staff in your unit for guidance in understanding or completing this type of assessment
- the Writing Centre for academic skills support.

Delivery and Resources

As a student enrolled in this unit, you will engage in a range of online and face-to-face learning activities, including readings, online modules, videos, workbooks, workshops and simulations. Details can be found on the iLearn site for this unit.

¹ If you need help with your assignment, please contact:

² Indicative time-on-task is an estimate of the time required for completion of the assessment task and is subject to individual variation

Assumed knowledge

This unit builds and integrates material from previous semesters.

Learning and teaching strategy

This unit encompasses an active learning approach where you will be expected to actively engage in enhancing your own learning experience. A blended learning and teaching strategy is implemented within this unit with online modules providing content and interactive activities, which is further built upon in campus-based workshops. The teaching approach will be based on you developing a deep understanding of the principles and the ability to independently think critically and solve problems associated with complex physiotherapy practice in a diverse array of settings.

Unit organisation

This is a ten credit point unit run over the session. Overall, it is anticipated that you spend approximately 150 hours across the session on this unit. Within this session there will be approximately 24 hours of campus-based workshops, 4 hours of campus-based assessment mentorship and mock VIVA practice tutorials, with a further 52 hours of online learning activities and preparation for face-to-face workshops. You will also need to allow approximately 70 hours for assessment-based work.

Unit materials and readings

There is no compulsory textbook for this unit. Resources enhancing the content of this unit will be referred to throughout the unit and will come from a range of sources, including government reports, journal articles, and multimedia sources. Specific information will be provided on the unit iLearn site.

Technology used

On-campus

Teaching rooms are equipped with state of art audio-visual and ICT equipment including iPads, internet connection, high quality video cameras and multiple LCD screens. Active participation in the learning activities throughout the unit will require students to have access to a tablet, laptop or similar device. Students who do not own their own laptop computer may borrow one from the university library.

Off-campus

To study optimally when off campus you will need to have access to a reliable internet connection to retrieve unit information & at times to submit assessment tasks, including

multimedia submissions, via iLearn.

Consultation with staff

All staff will be available for individual consultation. Please email relevant staff to make an appointment. See iLearn or the beginning of this unit guide for contact details.

Unit Schedule

Across the semester you will engage in the following modules:

| | Topic/Theme | Learning Activities |
|------------|--|---|
| Week 1 | Advanced Scope of Physiotherapy Practice, Pharmacology | Online workbook and video |
| Week 2 | Pharmacology, Advanced Diagnostic Imaging, & Assessment Workshop | Q&A workshop, Online workbook and video, on-campus workshop |
| Week 3 | Advanced Exercise Design and Prescription Part A | Online workbook, on-campus workshop |
| Week 4 | Advanced Pain Assessment and Management, & Assessment Mentorship | Online workbook, on-campus mentorship session |
| Week 5 | Sleep Management (advanced scope) | Online workbook, on-campus workshop |
| Week 6 | Advanced Communication Strategies | Online workbook, on-campus workshop |
| Week 7 | Emergency Room Department Physiotherapy | Online workbook, on-campus workshop |
| Week 8 | - | - |
| Week 9 | - | - |
| Week 10 | Advanced Exercise Design and Prescription Part B | Online workbook, on-campus workshop |
| Week 11 | Advanced Spinal Pain Assessment and Management | Online workbook and video, on-campus workshop |

| Week 12 | Mock VIVA practice | On-campus VIVA workshop |
|------------|--------------------|-------------------------|
| Week 13 | - | - |

Exercise design and prescription will be a common thread across a number of these modules with two dedicated works during semester to administer exercise therapy more confidently in the above complex clinical settings. Furthermore, you will all engage in an online Advanced Scope Physiotherapy module during the semester, which will provide important contextual background to this unit of study.

Detailed information pertaining to the unit schedule can be found on iLearn.

Policies and Procedures

Macquarie University policies and procedures are accessible from Policy Central (https://policies.mq.edu.au). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- · Fitness to Practice Procedure
- Assessment Procedure
- Complaints Resolution Procedure for Students and Members of the Public
- Special Consideration Policy

Students seeking more policy resources can visit Student Policies (https://students.mq.edu.au/support/study/policies). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

To find other policies relating to Teaching and Learning, visit Policy Central (https://policies.mq.e du.au) and use the search tool.

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mg.edu.au/admin/other-resources/student-conduct

Results

Results published on platform other than <u>eStudent</u>, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be

made available in <u>eStudent</u>. For more information visit <u>ask.mq.edu.au</u> or if you are a Global MBA student contact <u>globalmba.support@mq.edu.au</u>

Academic Integrity

At Macquarie, we believe <u>academic integrity</u> – honesty, respect, trust, responsibility, fairness and courage – is at the core of learning, teaching and research. We recognise that meeting the expectations required to complete your assessments can be challenging. So, we offer you a range of resources and services to help you reach your potential, including free <u>online writing and maths support</u>, academic skills development and wellbeing consultations.

Student Support

Macquarie University provides a range of support services for students. For details, visit http://students.mq.edu.au/support/

The Writing Centre

<u>The Writing Centre</u> provides resources to develop your English language proficiency, academic writing, and communication skills.

- Workshops
- · Chat with a WriteWISE peer writing leader
- Access StudyWISE
- Upload an assignment to Studiosity
- Complete the Academic Integrity Module

The Library provides online and face to face support to help you find and use relevant information resources.

- Subject and Research Guides
- Ask a Librarian

Student Services and Support

Macquarie University offers a range of Student Support Services including:

- IT Support
- Accessibility and disability support with study
- Mental health support
- <u>Safety support</u> to respond to bullying, harassment, sexual harassment and sexual assault
- Social support including information about finances, tenancy and legal issues
- Student Advocacy provides independent advice on MQ policies, procedures, and processes

Student Enquiries

Got a question? Ask us via AskMQ, or contact Service Connect.

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/ offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the <u>Acceptable Use of IT Resources Policy</u>. The policy applies to all who connect to the MQ network including students.

Changes from Previous Offering

Due to high level change of units in Semesters D and E of the DPT, some module content has moved between units. This includes Chronic Osteoarthritis Care has moved to Semester D PHTY8206, and Intensive Care Unit content has moved to PHTY8308. Based on industry and previous student feedback, we have increased the workshop hours on advanced exercise prescription module workshops, and introduced two new modules such as Sleep Management and Advanced Communication Strategies.

Inclusion and Diversity

Social inclusion at Macquarie University is about giving everyone who has the potential to benefit from higher education the opportunity to study at university, participate in campus life and flourish in their chosen field. The University has made significant moves to promote an equitable, diverse and exciting campus community for the benefit of staff and students. It is your responsibility to contribute towards the development of an inclusive culture and practice in the areas of learning and teaching, research, and service orientation and delivery. As a member of the Macquarie University community, you must not discriminate against or harass others based on their sex, gender, race, marital status, carers' responsibilities, disability, sexual orientation, age, political conviction or religious belief. All staff and students are expected to display appropriate behaviour that is conducive to a healthy learning environment for everyone.

Professionalism

In the Faculty of Medicine, Health and Human Sciences, professionalism is a key capability embedded in all our courses.

As part of developing professionalism, students are expected to attend all small group interactive sessions including clinical, practical, laboratory, work-integrated learning (e.g., PACE placements), and team-based learning activities. Some learning activities are recorded (e.g., face-to-face lectures), however you are encouraged to avoid relying upon such material as they do not recreate the whole learning experience and technical issues can and do occur. As an adult learner, we respect your decision to choose how you engage with your learning, but we would remind you that the learning opportunities we create for you have been done so to enable your success, and that by not engaging you may impact your ability to successfully complete this unit. We equally expect that you show respect for the academic staff who have worked hard to

develop meaningful activities and prioritise your learning by communicating with them in advance if you are unable to attend a small group interactive session.

Another dimension of professionalism is having respect for your peers. It is the right of every student to learn in an environment that is free of disruption and distraction. Please arrive to all learning activities on time, and if you are unavoidably detained, please join activity as quietly as possible to minimise disruption. Phones and other electronic devices that produce noise and other distractions must be turned off prior to entering class. Where your own device (e.g., laptop) is being used for class-related activities, you are asked to close down all other applications to avoid distraction to you and others. Please treat your fellow students with the utmost respect. If you are uncomfortable participating in any specific activity, please let the relevant academic know.

Unit information based on version 2024.03 of the Handbook