# Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Information</td>
<td>2</td>
</tr>
<tr>
<td>Learning Outcomes</td>
<td>2</td>
</tr>
<tr>
<td>General Assessment Information</td>
<td>3</td>
</tr>
<tr>
<td>Assessment Tasks</td>
<td>3</td>
</tr>
<tr>
<td>Delivery and Resources</td>
<td>6</td>
</tr>
<tr>
<td>Unit Schedule</td>
<td>7</td>
</tr>
<tr>
<td>Policies and Procedures</td>
<td>7</td>
</tr>
<tr>
<td>Graduate Capabilities</td>
<td>9</td>
</tr>
</tbody>
</table>

**Disclaimer**

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General Information

Unit convenor and teaching staff
Unit Convenor
Alison Leitch
alison.leitch@mq.edu.au
Contact via alison.leitch@mq.edu.au

Credit points
3

Prerequisites
39cp

Corequisites

Co-badged status

Unit description
In the twenty first century there is a newly emerging intensity to discussions around food and eating. From the rise of consumer and farmer movements organising around critiques of the industrialised systems of food production on the future ecological sustainability to the growing focus on food and cuisine in the media and other culture industries, the question of how and what we eat has become a key topic for public debate around new understandings of the self, the nation, the environment and the planet. In this course we will examine the sociological and political dimensions of food from both consumption and production perspectives. Topics will include: the benefits and perils of the modern food system and culinary modernism; food security and food scarcity; food in moral economies; the fast food industry and its critics; ethical eating practices; food and cultural heritage; food and migration; and food in the media and popular culture.

Important Academic Dates
Information about important academic dates including deadlines for withdrawing from units are available at [https://www.mq.edu.au/study/calendar-of-dates](https://www.mq.edu.au/study/calendar-of-dates)

Learning Outcomes
On successful completion of this unit, you will be able to:

- Understand how the everyday activities of cooking and eating are interwoven with broader cultural, political and economic issues
- Gain insight into the ways in which the analysis of food and eating taps into more
general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
Understand and critically analyse key debates around food security and ecological sustainability in the contemporary context from the perspective of both producers and consumers of food
Apply and adapt sociological knowledge to real world issues
Enhance their communication and interpersonal skills through oral discussion and written work that focuses on articulating knowledge and transformation in a clear and concise fashion
Develop problem-solving skills through this unit’s focus on applying and adapting sociological knowledge to real world problems
Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers

General Assessment Information

**Turnitin**: All assignments must be submitted through Turnitin by the due date. Failure to put your assignment through Turnitin will result in NO mark being awarded for that piece of work.

It is a requirement also that all students keep a copy of their own work.

**Late Penalties**: marks will be reduced by 5% for the first two days late over the due date. Then 1% for each additional day.

**Assessment Tasks**

<table>
<thead>
<tr>
<th>Name</th>
<th>Weighting</th>
<th>Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance and Participation</td>
<td>20%</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Short Paper</td>
<td>10%</td>
<td>March 23</td>
</tr>
<tr>
<td>Research Paper</td>
<td>40%</td>
<td>May 12</td>
</tr>
<tr>
<td>Take Home Final Exam</td>
<td>30%</td>
<td>June 8</td>
</tr>
</tbody>
</table>

**Attendance and Participation**

Due: **Ongoing**
Weighting: **20%**

All internal students are expected to attend both lectures and tutorials and to come prepared for
discussion in tutorials by reading the required readings before hand. We have a number of specialized guest lecturers coming into the class and so all students are expected to come along prepared for discussion and debate in class.

External students must contribute to the discussion boards and questions, and required readings in the external discussion boards set up on ilearn. These discussion boards will be available for only 10 days and then closed. So discussion opens on the Sunday before the Wednesday Lecture and closes on Tuesday before in the following week. Contributions on these discussion boards will be graded on both regularity, but more importantly quality. You are expected to have read the required readings and to respond to them.

On successful completion you will be able to:

- Understand how the everyday activities of cooking and eating are intertwined with broader cultural, political and economic issues
- Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
- Understand and critically analyse key debates around food security and ecological sustainability in the contemporary context from the perspective of both producers and consumers of food
- Apply and adapt sociological knowledge to real world issues
- Enhance their communication and interpersonal skills through oral discussion and written work that focuses on articulating knowledge and transformation in a clear and concise fashion
- Develop problem-solving skills through this unit’s focus on applying and adapting sociological knowledge to real world problems
- Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers

Short Paper

**Due:** March 23  
**Weighting:** 10%

Short paper

On successful completion you will be able to:

- Understand how the everyday activities of cooking and eating are intertwined with broader cultural, political and economic issues
• Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
• Understand and critically analyse key debates around food security and ecological sustainability in the contemporary context from the perspective of both producers and consumers of food
• Apply and adapt sociological knowledge to real world issues
• Enhance their communication and interpersonal skills through oral discussion and written work that focuses on articulating knowledge and transformation in a clear and concise fashion
• Develop problem-solving skills through this unit’s focus on applying and adapting sociological knowledge to real world problems
• Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers

Research Paper
Due: May 12
Weighting: 40%

Essay

On successful completion you will be able to:
• Understand how the everyday activities of cooking and eating are intertwined with broader cultural, political and economic issues
• Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
• Understand and critically analyse key debates around food security and ecological sustainability in the contemporary context from the perspective of both producers and consumers of food
• Apply and adapt sociological knowledge to real world issues
• Enhance their communication and interpersonal skills through oral discussion and written work that focuses on articulating knowledge and transformation in a clear and concise fashion
• Develop problem-solving skills through this unit's focus on applying and adapting
On successful completion you will be able to:

- Understand how the everyday activities of cooking and eating are intertwined with broader cultural, political and economic issues.
- Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life.
- Understand and critically analyse key debates around food security and ecological sustainability in the contemporary context from the perspective of both producers and consumers of food.
- Apply and adapt sociological knowledge to real world issues.
- Enhance their communication and interpersonal skills through oral discussion and written work that focuses on articulating knowledge and transformation in a clear and concise fashion.
- Develop problem-solving skills through this unit’s focus on applying and adapting sociological knowledge to real world problems.
- Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers.

Delivery and Resources

Lectures: Held 3-5 Wednesday E7B 100 Theatrette

Tutorials: Held 5-6 Wednesday C5A 307 and 11-12 Thursday E4B 308 and 1-2 Thursday E6B286

Internal Students: This course entails both lectures and tutorials. It is expected that you attend both. I will keep a record of attendance in both lectures and tutorials. We will be inviting a number of guest lecturers who are specialists in their topics into this course and therefore it is especially important that you all attend lectures regularly. The course has been set up to allow
you to have plenty of opportunities to ask questions in class and to have a really good dialogue with the lecturers. It’s a fun class!

Teaching staff do, of course, understand that under extenuating circumstances students may not be able to attend a lecture. In such cases special consideration may be pursued and staff will also undertake to accommodate a student’s circumstances.

Films screened in class are an important part of this course and their content may be assessed in the final take home exam.

All lectures (not films) will be recorded on echo360 and made available on the ilearn site to assist with review of course material. This should not be considered a substitute for lecture attendance.

Lecture slides will also be available on the ilearn site for review.

**External Students** must respond each week to set questions in the external forum on the i learn site. These responses will be graded on quality as well as regularity. The forums will be open on the Sunday before the lecture (held on Wednesday) each week. They will be open for 10 days only. External students must therefore make their contributions to the discussion questions and the set readings each week.

### Unit Schedule

**Week One:** *Introduction*

**Week Two:** *You are What You eat or Are You?*

**Week Three:** *Food Aversions and Ideas of disgust/

**Week Four:** *Food and Multiculturalism*

**Week Five:** *Greek Cafes and Milk Bars of Australia: a cultural history*

**Week Six:** *The History and Politics of Vegetarianism*

**Week Seven:** *Cows in the Anthropocene*

**Week Eight:** *Food and the Media: the case of Master Chef*

**Week Nine:** *Food Security or Food Sovereignty*

**Week Ten:** *The Politics of Food Activism*

**Week Eleven:** *Food in Moral Economies*

**Week Twelve:** *The Future for Food*

**Week Thirteen:** *No Lecture or Tutorial (Take Home Exam Due)*

### Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central](http://mq.edu.au/policy/docs/academic_honesty/policy.html). Students should be aware of the following policies in particular with regard to Learning and Teaching:


Disruption to Studies Policy http://www.mq.edu.au/policy/docs/disruption_studies/policy.html The Disruption to Studies Policy is effective from March 3 2014 and replaces the Special Consideration Policy.

In addition, a number of other policies can be found in the Learning and Teaching Category of Policy Central.

**Student Code of Conduct**

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/support/student_conduct/

**Results**

Results shown in iLearn, or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in eStudent. For more information visit ask.mq.edu.au.

**Student Support**

Macquarie University provides a range of support services for students. For details, visit http://students.mq.edu.au/support/

**Learning Skills**

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to improve your marks and take control of your study.

- Workshops
- StudyWise
- Academic Integrity Module for Students
- Ask a Learning Adviser

**Student Services and Support**

Students with a disability are encouraged to contact the Disability Service who can provide appropriate help with any issues that arise during their studies.
Graduate Capabilities

Creative and Innovative

Our graduates will also be capable of creative thinking and of creating knowledge. They will be imaginative and open to experience and capable of innovation at work and in the community. We want them to be engaged in applying their critical, creative thinking.

This graduate capability is supported by:

Learning outcomes

• Understand how the everyday activities of cooking and eating are interwoven with broader cultural, political and economic issues
• Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
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Assessment tasks

• Short Paper
• Research Paper
• Take Home Final Exam
Capable of Professional and Personal Judgement and Initiative

We want our graduates to have emotional intelligence and sound interpersonal skills and to demonstrate discernment and common sense in their professional and personal judgement. They will exercise initiative as needed. They will be capable of risk assessment, and be able to handle ambiguity and complexity, enabling them to be adaptable in diverse and changing environments.

This graduate capability is supported by:

**Learning outcomes**

- Understand how the everyday activities of cooking and eating are intertwined with broader cultural, political and economic issues
- Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
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- Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers

**Assessment tasks**

- Attendance and Participation
- Short Paper
- Research Paper

**Commitment to Continuous Learning**

Our graduates will have enquiring minds and a literate curiosity which will lead them to pursue knowledge for its own sake. They will continue to pursue learning in their careers and as they participate in the world. They will be capable of reflecting on their experiences and relationships with others and the environment, learning from them, and growing - personally, professionally and socially.

This graduate capability is supported by:
Learning outcomes

• Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
• Understand and critically analyse key debates around food security and ecological sustainability in the contemporary context from the perspective of both producers and consumers of food

Assessment tasks

• Attendance and Participation
• Short Paper
• Research Paper

Discipline Specific Knowledge and Skills

Our graduates will take with them the intellectual development, depth and breadth of knowledge, scholarly understanding, and specific subject content in their chosen fields to make them competent and confident in their subject or profession. They will be able to demonstrate, where relevant, professional technical competence and meet professional standards. They will be able to articulate the structure of knowledge of their discipline, be able to adapt discipline-specific knowledge to novel situations, and be able to contribute from their discipline to inter-disciplinary solutions to problems.

This graduate capability is supported by:

Learning outcomes

• Understand how the everyday activities of cooking and eating are intertwined with broader cultural, political and economic issues
• Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
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fashion

• Develop problem-solving skills through this unit’s focus on applying and adapting sociological knowledge to real world problems
• Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers

Assessment tasks

• Attendance and Participation
• Research Paper
• Take Home Final Exam

Critical, Analytical and Integrative Thinking

We want our graduates to be capable of reasoning, questioning and analysing, and to integrate and synthesise learning and knowledge from a range of sources and environments; to be able to critique constraints, assumptions and limitations; to be able to think independently and systemically in relation to scholarly activity, in the workplace, and in the world. We want them to have a level of scientific and information technology literacy.

This graduate capability is supported by:

Learning outcomes

• Understand how the everyday activities of cooking and eating are intertwined with broader cultural, political and economic issues
• Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
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• Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers
Assessment tasks

- Attendance and Participation
- Short Paper
- Research Paper
- Take Home Final Exam

Problem Solving and Research Capability

Our graduates should be capable of researching; of analysing, and interpreting and assessing data and information in various forms; of drawing connections across fields of knowledge; and they should be able to relate their knowledge to complex situations at work or in the world, in order to diagnose and solve problems. We want them to have the confidence to take the initiative in doing so, within an awareness of their own limitations.

This graduate capability is supported by:

Learning outcomes

- Understand how the everyday activities of cooking and eating are interwoven with broader cultural, political and economic issues
- Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
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- Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers

Assessment tasks

- Research Paper
- Take Home Final Exam
Effective Communication

We want to develop in our students the ability to communicate and convey their views in forms effective with different audiences. We want our graduates to take with them the capability to read, listen, question, gather and evaluate information resources in a variety of formats, assess, write clearly, speak effectively, and to use visual communication and communication technologies as appropriate.

This graduate capability is supported by:

**Learning outcomes**

- Understand how the everyday activities of cooking and eating are intertwined with broader cultural, political and economic issues
- Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
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- Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers

**Assessment tasks**

- Attendance and Participation
- Short Paper
- Research Paper
- Take Home Final Exam

**Engaged and Ethical Local and Global citizens**

As local citizens our graduates will be aware of indigenous perspectives and of the nation’s historical context. They will be engaged with the challenges of contemporary society and with knowledge and ideas. We want our graduates to have respect for diversity, to be open-minded, sensitive to others and inclusive, and to be open to other cultures and perspectives: they should
have a level of cultural literacy. Our graduates should be aware of disadvantage and social justice, and be willing to participate to help create a wiser and better society.

This graduate capability is supported by:

**Learning outcomes**

- Understand how the everyday activities of cooking and eating are intertwined with broader cultural, political and economic issues
- Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
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- Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers

**Assessment tasks**

- Short Paper
- Research Paper
- Take Home Final Exam

**Socially and Environmentally Active and Responsible**

We want our graduates to be aware of and have respect for self and others; to be able to work with others as a leader and a team player; to have a sense of connectedness with others and country; and to have a sense of mutual obligation. Our graduates should be informed and active participants in moving society towards sustainability.

This graduate capability is supported by:

**Learning outcomes**

- Understand how the everyday activities of cooking and eating are intertwined with broader cultural, political and economic issues
• Gain insight into the ways in which the analysis of food and eating taps into more general sociological concerns including: self and the family; multiculturalism and national identity; gender and class; contemporary social movements; moral economies and consumption practices of everyday life
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• Reinforce critical analysis and creative thinking skills through research assignments, class projects and papers

Assessment task
• Research Paper