CHIR315
Chiropractic Science 5
S1 Day 2016
Dept of Chiropractic

Contents

General Information 2
Learning Outcomes 3
Assessment Tasks 3
Delivery and Resources 7
Unit Schedule 8
Learning and Teaching Activities 8
Policies and Procedures 9
Graduate Capabilities 11
Changes from Previous Offering 17

Disclaimer
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General Information

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Credit points
3

Prerequisites
Admission to BChiroSc and (CHIR213(P) or CHIR201(P)) and (CHIR214(P) or CHIR202(P))

Corequisites

Co-badged status
Unit description

This unit is an introduction to chiropractic spinal technique and extends palpation from the technique units at 100 and 200 level. It further develops psychomotor skill acquisition from previous units. Students gain proficiency in a core group of spinal and peripheral joint manipulative techniques. The hypotheses and scientific rationale relating to chiropractic intervention is explored. The major themes relating to evidence-based practice (EBP) are explored. Biomechanics of the spine and how this relates to clinical application is explored in detail.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at [https://students.mq.edu.au/important-dates](https://students.mq.edu.au/important-dates)

Learning Outcomes

1. The ability to perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills.
2. The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
3. The ability to perform basic static and motion palpation of spinal joints.
4. An understanding of spinal and peripheral joint mechanics.
5. A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.
6. Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.

Assessment Tasks

<table>
<thead>
<tr>
<th>Name</th>
<th>Weighting</th>
<th>Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tutorial attendance</td>
<td>0%</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Video Assignments (2x)</td>
<td>0%</td>
<td>Rolling</td>
</tr>
<tr>
<td>iLearn quizzes (2x)</td>
<td>5%</td>
<td>Weeks 6 &amp; 11.</td>
</tr>
<tr>
<td>Assignment</td>
<td>15%</td>
<td>Week 6</td>
</tr>
<tr>
<td>FoCA (2x10%)</td>
<td>20%</td>
<td>Weeks 6 &amp; 11.</td>
</tr>
<tr>
<td>OSCE</td>
<td>30%</td>
<td>Week 13.</td>
</tr>
<tr>
<td>Name</td>
<td>Weighting</td>
<td>Due</td>
</tr>
<tr>
<td>-------------------------------------------</td>
<td>-----------</td>
<td>------------------------------------</td>
</tr>
<tr>
<td><strong>End of semester written exam</strong></td>
<td>30%</td>
<td>University Examination Period</td>
</tr>
</tbody>
</table>

**Tutorial attendance**

Due: **Ongoing**  
Weighting: 0%

As this is a chiropractic technique unit tutorial attendance is vital.  
Tutorial attendance will be recorded by tutors.  
A minimum tutorial attendance of 85% is expected.

This Assessment Task relates to the following Learning Outcomes:

- The ability to perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills.
- The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
- The ability to perform basic static and motion palpation of spinal joints.
- An understanding of spinal and peripheral joint mechanics.
- A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.
- Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.

**Video Assignments (2x)**

Due: **Rolling**  
Weighting: 0%

A Technique Video Assignment is a task that aims to help you develop the challenging skill of 'putting it all together'. You will need to address the clinical presentation of a fellow student. You need to take a case history, conduct a physical examination, develop a treatment plan, deliver the first adjustment of that treatment plan, conduct a post treatment examination and appropriately record all aspects of this clinical interaction.

You will work independently up to the point of performing the adjustment. At that point you shall consult a tutor about the case you have worked up. Your tutor will discuss the clinical presentation with you and provide feedback on your clinical interaction, reasoning and records up to that point. Your tutor will then either agree with your proposed adjustment or propose an alternate approach. You will then video record the performance of the adjustment in a supervised environment (in class or in supervised practice). You will then submit the video and associated
paperwork through the iLearn system. A tutor will then grade the performance and offer feedback. You will then be able to watch your performance again in light of this feedback to help your technique development.

The Technique Video Assignments are a crucial part of your development as a Chiropractor. We have weighted these tasks at 0% to encourage you to seek feedback on your performance of the techniques and procedures that you find more challenging.

This Assessment Task relates to the following Learning Outcomes:
• The ability to perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills.
• The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
• The ability to perform basic static and motion palpation of spinal joints.
• An understanding of spinal and peripheral joint mechanics.
• A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.

iLearn quizzes (2x)
Due: Weeks 6 & 11.
Weighting: 5%

Online Quiz covering material from the week it is released and the previous 5 weeks. There will be some overlap of weeks.

The quiz will be available online Wednesday evening at 6pm and will stay open for 24 hours closing 6pm Thursday evening.

This Assessment Task relates to the following Learning Outcomes:
• The ability to perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills.
• The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
• An understanding of spinal and peripheral joint mechanics.
• A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.
• Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.
Assignment
Due: **Week 6**
Weighting: 15%
An assignment that allows you to demonstrate your understanding of biomechanics as it relates to chiropractic manipulative therapy.

This Assessment Task relates to the following Learning Outcomes:
- An understanding of spinal and peripheral joint mechanics.
- A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.
- Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.

FoCA (2x10%)
Due: **Weeks 6 & 11.**
Weighting: 20%
Ongoing assessment (2x10%)

This Assessment Task relates to the following Learning Outcomes:
- The ability to perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills.
- The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
- The ability to perform basic static and motion palpation of spinal joints.
- An understanding of spinal and peripheral joint mechanics.
- A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.

OSCE
Due: **Week 13.**
Weighting: 30%
The Objective Structured Clinical Examination (OSCE) is the end of semester practical exam.

This Assessment Task relates to the following Learning Outcomes:
- The ability to perform spinal adjustments and/or mobilisations with the appropriate
psychomotor skills.
• The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
• The ability to perform basic static and motion palpation of spinal joints.
• An understanding of spinal and peripheral joint mechanics.
• A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.

End of semester written exam
Due: University Examination Period
Weighting: 30%

The end of semester written exam is a closed book examination of all the material covered in the unit.

This Assessment Task relates to the following Learning Outcomes:
• An understanding of spinal and peripheral joint mechanics.
• A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.
• Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.

Delivery and Resources

Classes
• The timetable for classes can be found on the University web site at: http://www.timetables.mq.edu.au/
• Tutorials begin on Wednesday of week 2.
• Tutorial attendance/participation is required and will be factored in to the final grade

Required and Recommended Texts and/or Materials

TEXT
• Esposito & Philipson, Manual of Spinal Technique - Printed adjustment compilation available via the Co-op Bookshop
• Manual of Peripheral Technique, Department of Chiropractic, Macquarie University -
online adjustment compilation available via iLearn download

- RECOMMENDED READING
  - Bergmann & Peterson: Chiropractic technique, principles and procedures 3rd Ed. 2011, Mosby
  - Specific week-week resources available as links via iLearn

**Teaching and Learning Strategy / technology required**

- This unit is comprised of lectures and technique tutorials. There will also be some self-directed learning within the course.
- The assignment contributes 15% of the overall mark.
- The unit is an internal offering.
- Students are expected to attend lectures and tutorials (tutorial minimum attendance 85%)
- iLearn is not a substitute for lecture attendance. Complex concepts are discussed as a group within the lecture format.
- The assignment will be submitted via Turnitin
- The online quizzes will be accessed via iLearn

**What has changed?**

Since 2013 there has been an increase in the degree of clinically based reasoning in this unit.

**Unit Schedule**

Refer to CHIR315 iLearn 2016 for unit schedule

**Learning and Teaching Activities**

**Lecture**
Lecture/class discussion

**Tutorial**
Demonstration/tutorial

**FoCA**
Feedback on Chiropractic Assessment
iLearn Quiz
online quiz

Assignment
Assignment

Theory assessment
End of semester exam

OSCE
End of semester practical

Video Assignment
Video Assignment

Policies and Procedures
Macquarie University policies and procedures are accessible from Policy Central. Students should be aware of the following policies in particular with regard to Learning and Teaching:

Academic Honesty Policy http://mq.edu.au/policy/docs/academic_honesty/policy.html


Disruption to Studies Policy http://www.mq.edu.au/policy/docs/disruption_studies/policy.html The Disruption to Studies Policy is effective from March 3 2014 and replaces the Special Consideration Policy.

In addition, a number of other policies can be found in the Learning and Teaching Category of Policy Central.

Student Code of Conduct
Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/support/student_conduct/

Results
Results shown in iLearn, or released directly by your Unit Convenor, are not confirmed as they
are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in eStudent. For more information visit ask.mq.edu.au.

**Passing the unit**

To pass CHIR315, students need to pass the practical component of the unit AS WELL AS achieve an overall passing grade. The passing grade is 50%. Tutorial attendance needs to be ≥85% in addition to the condition above.

TWO video assignments must be completed to satisfy unit requirements. These are formative assessments.

You are required to read and understand the marking criteria found at the link below:

CHIR315/CHIR316 OSCE marking standards

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**Serious and unavoidable disruption**: The University classifies a disruption as **serious and unavoidable** if it:

- could not have reasonably been anticipated, avoided or guarded against by the student; and
- was beyond the student's control; and
- caused substantial disruption to the student's capacity for effective study and/or completion of required work; and
- occurred during an event critical study period and was at least three (3) consecutive days duration, and/or
- prevented completion of a final examination.

Students with a pre-existing disability/health condition or prolonged adverse circumstances may be eligible for ongoing assistance and support. Such support is governed by other policies and may be sought and coordinated through Campus Wellbeing and Support Services.

If a supplementary examination is granted as a result of the disruption to studies process the examination will be scheduled after the conclusion of the official examination period. (Individual Faculties may wish to signal when the Faculty Supplementary exams are normally scheduled.)

If you are granted a supplementary exam via the Disruption to Studies process, you will have to write a supplementary exam in the supplementary exam period. In this scenario, only your supplementary exam mark will count towards your final exam mark, irrespective of whether or not you attended the final exam in the normal examination period. The submission of a Disruption to Studies form should not be used as a ‘just in case’ strategy.

You are advised that it is Macquarie University policy not to set early examinations for individuals...
Our graduates will take with them the intellectual development, depth and breadth of knowledge, scholarly understanding, and specific subject content in their chosen fields to make them competent and confident in their subject or profession. They will be able to demonstrate, where relevant, professional technical competence and meet professional standards. They will be able to articulate the structure of knowledge of their discipline, be able to adapt discipline-specific knowledge to novel situations, and be able to contribute from their discipline to inter-disciplinary solutions to problems.

This graduate capability is supported by:
Learning outcomes

• The ability to perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills.
• The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
• The ability to perform basic static and motion palpation of spinal joints.
• An understanding of spinal and peripheral joint mechanics.
• A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.

Assessment tasks

• Tutorial attendance
• Video Assignments (2x)
• iLearn quizzes (2x)
• Assignment
• FoCA (2x10%)
• OSCE
• End of semester written exam

Learning and teaching activities

• Lecture/class discussion
• Demonstration/tutorial
• Feedback on Chiropractic Assessment
• online quiz
• End of semester exam
• End of semester practical
• Video Assignment

Problem Solving and Research Capability

Our graduates should be capable of researching; of analysing, and interpreting and assessing data and information in various forms; of drawing connections across fields of knowledge; and they should be able to relate their knowledge to complex situations at work or in the world, in order to diagnose and solve problems. We want them to have the confidence to take the initiative in doing so, within an awareness of their own limitations.

This graduate capability is supported by:
Learning outcomes

• An understanding of spinal and peripheral joint mechanics.
• A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.
• Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.

Assessment task

• End of semester written exam

Learning and teaching activity

• Lecture/class discussion
• Demonstration/tutorial
• End of semester exam

Creative and Innovative

Our graduates will also be capable of creative thinking and of creating knowledge. They will be imaginative and open to experience and capable of innovation at work and in the community. We want them to be engaged in applying their critical, creative thinking.

This graduate capability is supported by:

Learning outcomes

• The ability to perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills.
• The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
• Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.

Assessment tasks

• Tutorial attendance
• Video Assignments (2x)
• End of semester written exam

Learning and teaching activities

• Lecture/class discussion
• Demonstration/tutorial
Effective Communication

We want to develop in our students the ability to communicate and convey their views in forms effective with different audiences. We want our graduates to take with them the capability to read, listen, question, gather and evaluate information resources in a variety of formats, assess, write clearly, speak effectively, and to use visual communication and communication technologies as appropriate.

This graduate capability is supported by:

Learning outcomes

- The ability to perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills.
- The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
- The ability to perform basic static and motion palpation of spinal joints.

Assessment tasks

- Tutorial attendance
- Video Assignments (2x)
- FoCA (2x10%)
- OSCE

Learning and teaching activities

- Lecture/class discussion
- Demonstration/tutorial
- Feedback on Chiropractic Assessment
- End of semester practical
- Video Assignment

Engaged and Ethical Local and Global citizens

As local citizens our graduates will be aware of indigenous perspectives and of the nation's historical context. They will be engaged with the challenges of contemporary society and with knowledge and ideas. We want our graduates to have respect for diversity, to be open-minded, sensitive to others and inclusive, and to be open to other cultures and perspectives: they should have a level of cultural literacy. Our graduates should be aware of disadvantage and social justice, and be willing to participate to help create a wiser and better society.

This graduate capability is supported by:
Learning outcome

• Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.

Assessment task

• Tutorial attendance

Learning and teaching activity

• Lecture/class discussion

Capable of Professional and Personal Judgement and Initiative

We want our graduates to have emotional intelligence and sound interpersonal skills and to demonstrate discernment and common sense in their professional and personal judgement. They will exercise initiative as needed. They will be capable of risk assessment, and be able to handle ambiguity and complexity, enabling them to be adaptable in diverse and changing environments.

This graduate capability is supported by:

Learning outcomes

• The ability to perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills.
• The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
• The ability to perform basic static and motion palpation of spinal joints.

Assessment tasks

• Tutorial attendance
• Video Assignments (2x)
• FoCA (2x10%)
• OSCE

Learning and teaching activities

• Demonstration/tutorial
• End of semester practical
• Video Assignment

Commitment to Continuous Learning

Our graduates will have enquiring minds and a literate curiosity which will lead them to pursue
knowledge for its own sake. They will continue to pursue learning in their careers and as they participate in the world. They will be capable of reflecting on their experiences and relationships with others and the environment, learning from them, and growing - personally, professionally and socially.

This graduate capability is supported by:

**Learning outcome**

- Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.

**Assessment tasks**

- Tutorial attendance
- Video Assignments (2x)
- iLearn quizzes (2x)
- End of semester written exam

**Learning and teaching activities**

- Lecture/class discussion
- online quiz
- Assignment
- End of semester exam

**Critical, Analytical and Integrative Thinking**

We want our graduates to be capable of reasoning, questioning and analysing, and to integrate and synthesise learning and knowledge from a range of sources and environments; to be able to critique constraints, assumptions and limitations; to be able to think independently and systemically in relation to scholarly activity, in the workplace, and in the world. We want them to have a level of scientific and information technology literacy.

This graduate capability is supported by:

**Learning outcomes**

- The ability to perform spinal adjustments and/or mobilisations with the appropriate psychomotor skills.
- The ability to control adjustment/mobilisation procedures with regard to patient position, practitioner position, primary contact, secondary contact, lock-up/set-up, speed, amplitude and line of drive.
- The ability to perform basic static and motion palpation of spinal joints.
- An understanding of spinal and peripheral joint mechanics.
- A thorough knowledge of, and clinical proficiency in examination and testing procedures.
taught in this unit.

- Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.

**Assessment tasks**

- Tutorial attendance
- Video Assignments (2x)
- iLearn quizzes (2x)
- End of semester written exam

**Learning and teaching activities**

- Lecture/class discussion
- Demonstration/tutorial
- Assignment
- End of semester exam
- End of semester practical

**Socially and Environmentally Active and Responsible**

We want our graduates to be aware of and have respect for self and others; to be able to work with others as a leader and a team player; to have a sense of connectedness with others and country; and to have a sense of mutual obligation. Our graduates should be informed and active participants in moving society towards sustainability.

This graduate capability is supported by:

**Learning outcomes**

- A thorough knowledge of, and clinical proficiency in examination and testing procedures taught in this unit.
- Research skills at the level of closed inquiry within structured guidelines as part of a research skills development (RSD) progression.

**Assessment task**

- Tutorial attendance

**Learning and teaching activity**

- Lecture/class discussion
- Demonstration/tutorial

**Changes from Previous Offering**

In 2015, video assignments were introduced (formative assessment only). The video
assignment tasks continue in 2016.