



# PSYP904

## Working with Special Populations

S2 Day 2019

*Department of Psychology*

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## General Information

Unit convenor and teaching staff

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Credit points

4

Prerequisites

Admission to MProfPsych

Corequisites

Co-badged status

Unit description

In this unit, students will be introduced to a range of presentations that pose special challenges for professional psychologists in terms of assessment and clinical management, including: indigenous and CALD clients; clients with psychosis; clients with alcohol and/or substance abuse problems; clients with intellectual disabilities; clients experiencing one or more forms of trauma; clients experiencing grief and loss; clients at risk of self-harm and/or suicidality; and clients seeking relationship counselling. The focus is on the unique challenges posed by these different presentations and on the approaches to assessment, counselling and clinical management most likely to be effective for each. Where appropriate, the use of additional therapeutic modalities (ie, additional to those covered in PSYP903 and PSYP905), such as the use of Emotion-Focused Therapy in couples counselling and Motivation Interviewing for substance abuse problems and eMental Health will be considered.

## Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at <https://www.mq.edu.au/study/calendar-of-dates>

## Learning Outcomes

On successful completion of this unit, you will be able to:

Explain evidence-based therapy regarding the psychopathology of a range of child, adolescent and adult psychological disorders.

Review the evidence based diagnostic, assessment, and treatment procedures of key

cognitive and behavioural procedures for traumatised clients across the lifespan.

Integrate and synthesise the learning and knowledge of Emotional Focused Therapy theory and principles with procedural techniques used in Relationship counselling.

Implement communication skills effectively in writing and through oral presentations with clients and other professionals.

Summarise and explain pharmacotherapy with the nature, modes of action and effects of drugs to facilitate effective communication with other carers.

Recognise the issues and obstacles for delivering effective cultural psychological interventions particularly, with Indigenous Australians, diverse and vulnerable populations.

## General Assessment Information

Students must attempt all assessment tasks to achieve a grade of pass or higher in this unit.

## Assessment Tasks

Name	Weighting	Hurdle	Due
<u>SP Suicide Assessment Report</u>	60%	No	TBA
<u>Oral Presentation</u>	40%	No	TBA

### SP Suicide Assessment Report

Due: **TBA**

Weighting: **60%**

SP Suicide Assessment Report 3000 words

On successful completion you will be able to:

- Explain evidence-based therapy regarding the psychopathology of a range of child, adolescent and adult psychological disorders.
- Review the evidence based diagnostic, assessment, and treatment procedures of key cognitive and behavioural procedures for traumatised clients across the lifespan.
- Integrate and synthesise the learning and knowledge of Emotional Focused Therapy theory and principles with procedural techniques used in Relationship counselling.
- Implement communication skills effectively in writing and through oral presentations with clients and other professionals.
- Summarise and explain pharmacotherapy with the nature, modes of action and effects of

drugs to facilitate effective communication with other carers.

## Oral Presentation

Due: **TBA**

Weighting: **40%**

Critique Research/Oral presentation maximum 30 minutes (includes 15 minute group discussion)

The purpose of this assignment is to give you the opportunity to demonstrate your ability to access, critically interpret, and communicate key findings from the research literature bearing on a given area of applied professional psychology practice. You will also be required to lead a group discussion among your fellow students. These skills are important for treatment planning and for presentations in many clinical settings where you may be required to communicate and promote service goals and outcomes.

On successful completion you will be able to:

- Explain evidence-based therapy regarding the psychopathology of a range of child, adolescent and adult psychological disorders.
- Review the evidence based diagnostic, assessment, and treatment procedures of key cognitive and behavioural procedures for traumatised clients across the lifespan.
- Integrate and synthesise the learning and knowledge of Emotional Focused Therapy theory and principles with procedural techniques used in Relationship counselling.
- Implement communication skills effectively in writing and through oral presentations with clients and other professionals.
- Recognise the issues and obstacles for delivering effective cultural psychological interventions particularly, with Indigenous Australians, diverse and vulnerable populations.

## Delivery and Resources

The unit is comprised of lectures

Lectures: 4 x 6 hour lecture on Wednesday

2 x 6 hour lecture on Saturday

If more than one workshop per unit is missed, then the student is at risk of being excluded and university rules may apply.

## Learning and Teaching Activities

### Trauma Counselling

Lecture and Small group discussion

## eMental Health/Grief and Loss Counselling

Large group discussion/demonstrations and role play

## Psychoses/Alcohol and Substance abuse

Large group discussion

## Working with older adults/indigenous Sensitivity

Large group discussion/small group discussion

## Policies and Procedures

Macquarie University policies and procedures are accessible from [Policy Central](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central) (<https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central>). Students should be aware of the following policies in particular with regard to Learning and Teaching:

- [Academic Appeals Policy](#)
- [Academic Integrity Policy](#)
- [Academic Progression Policy](#)
- [Assessment Policy](#)
- [Fitness to Practice Procedure](#)
- [Grade Appeal Policy](#)
- [Complaint Management Procedure for Students and Members of the Public](#)
- [Special Consideration Policy](#) (**Note:** *The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.*)

Undergraduate students seeking more policy resources can visit the [Student Policy Gateway](https://students.mq.edu.au/support/study/student-policy-gateway) (<https://students.mq.edu.au/support/study/student-policy-gateway>). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit [Policy Central](https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central) (<https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central>).

## Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: <https://students.mq.edu.au/study/getting-started/student-conduct>

## Results

Results published on platform other than [eStudent](#), (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in [eStudent](#). For more information visit [ask.mq.edu.au](https://ask.mq.edu.au) or if you are a Global MBA

student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## Student Support

Macquarie University provides a range of support services for students. For details, visit <http://students.mq.edu.au/support/>

## Learning Skills

Learning Skills ([mq.edu.au/learningskills](http://mq.edu.au/learningskills)) provides academic writing resources and study strategies to improve your marks and take control of your study.

- [Workshops](#)
- [StudyWise](#)
- [Academic Integrity Module for Students](#)
- [Ask a Learning Adviser](#)

## Student Services and Support

Students with a disability are encouraged to contact the [Disability Service](#) who can provide appropriate help with any issues that arise during their studies.

## Student Enquiries

For all student enquiries, visit Student Connect at [ask.mq.edu.au](http://ask.mq.edu.au)

If you are a Global MBA student contact [globalmba.support@mq.edu.au](mailto:globalmba.support@mq.edu.au)

## IT Help

For help with University computer systems and technology, visit [http://www.mq.edu.au/about\\_us/offices\\_and\\_units/information\\_technology/help/](http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/).

When using the University's IT, you must adhere to the [Acceptable Use of IT Resources Policy](#). The policy applies to all who connect to the MQ network including students.

## Graduate Capabilities

### PG - Capable of Professional and Personal Judgment and Initiative

Our postgraduates will demonstrate a high standard of discernment and common sense in their professional and personal judgment. They will have the ability to make informed choices and decisions that reflect both the nature of their professional work and their personal perspectives.

This graduate capability is supported by:

### Learning outcomes

- Explain evidence-based therapy regarding the psychopathology of a range of child, adolescent and adult psychological disorders.

- Implement communication skills effectively in writing and through oral presentations with clients and other professionals.
- Summarise and explain pharmacotherapy with the nature, modes of action and effects of drugs to facilitate effective communication with other carers.
- Recognise the issues and obstacles for delivering effective cultural psychological interventions particularly, with Indigenous Australians, diverse and vulnerable populations.

## **Assessment tasks**

- SP Suicide Assessment Report
- Oral Presentation

## **PG - Discipline Knowledge and Skills**

Our postgraduates will be able to demonstrate a significantly enhanced depth and breadth of knowledge, scholarly understanding, and specific subject content knowledge in their chosen fields.

This graduate capability is supported by:

## **Learning outcomes**

- Explain evidence-based therapy regarding the psychopathology of a range of child, adolescent and adult psychological disorders.
- Review the evidence based diagnostic, assessment, and treatment procedures of key cognitive and behavioural procedures for traumatised clients across the lifespan.
- Integrate and synthesise the learning and knowledge of Emotional Focused Therapy theory and principles with procedural techniques used in Relationship counselling.
- Implement communication skills effectively in writing and through oral presentations with clients and other professionals.
- Summarise and explain pharmacotherapy with the nature, modes of action and effects of drugs to facilitate effective communication with other carers.
- Recognise the issues and obstacles for delivering effective cultural psychological interventions particularly, with Indigenous Australians, diverse and vulnerable populations.

## **Assessment tasks**

- SP Suicide Assessment Report
- Oral Presentation

## PG - Critical, Analytical and Integrative Thinking

Our postgraduates will be capable of utilising and reflecting on prior knowledge and experience, of applying higher level critical thinking skills, and of integrating and synthesising learning and knowledge from a range of sources and environments. A characteristic of this form of thinking is the generation of new, professionally oriented knowledge through personal or group-based critique of practice and theory.

This graduate capability is supported by:

### Learning outcomes

- Explain evidence-based therapy regarding the psychopathology of a range of child, adolescent and adult psychological disorders.
- Review the evidence based diagnostic, assessment, and treatment procedures of key cognitive and behavioural procedures for traumatised clients across the lifespan.
- Integrate and synthesise the learning and knowledge of Emotional Focused Therapy theory and principles with procedural techniques used in Relationship counselling.
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- Recognise the issues and obstacles for delivering effective cultural psychological interventions particularly, with Indigenous Australians, diverse and vulnerable populations.

### Assessment tasks

- SP Suicide Assessment Report
- Oral Presentation

## PG - Research and Problem Solving Capability

Our postgraduates will be capable of systematic enquiry; able to use research skills to create new knowledge that can be applied to real world issues, or contribute to a field of study or practice to enhance society. They will be capable of creative questioning, problem finding and problem solving.

This graduate capability is supported by:

### Learning outcomes

- Explain evidence-based therapy regarding the psychopathology of a range of child, adolescent and adult psychological disorders.
- Review the evidence based diagnostic, assessment, and treatment procedures of key cognitive and behavioural procedures for traumatised clients across the lifespan.
- Summarise and explain pharmacotherapy with the nature, modes of action and effects of



drugs to facilitate effective communication with other carers.

## **Assessment tasks**

- SP Suicide Assessment Report
- Oral Presentation

## **PG - Effective Communication**

Our postgraduates will be able to communicate effectively and convey their views to different social, cultural, and professional audiences. They will be able to use a variety of technologically supported media to communicate with empathy using a range of written, spoken or visual formats.

This graduate capability is supported by:

## **Learning outcomes**

- Review the evidence based diagnostic, assessment, and treatment procedures of key cognitive and behavioural procedures for traumatised clients across the lifespan.
- Integrate and synthesise the learning and knowledge of Emotional Focused Therapy theory and principles with procedural techniques used in Relationship counselling.
- Implement communication skills effectively in writing and through oral presentations with clients and other professionals.
- Summarise and explain pharmacotherapy with the nature, modes of action and effects of drugs to facilitate effective communication with other carers.
- Recognise the issues and obstacles for delivering effective cultural psychological interventions particularly, with Indigenous Australians, diverse and vulnerable populations.

## **Assessment tasks**

- SP Suicide Assessment Report
- Oral Presentation

## **PG - Engaged and Responsible, Active and Ethical Citizens**

Our postgraduates will be ethically aware and capable of confident transformative action in relation to their professional responsibilities and the wider community. They will have a sense of connectedness with others and country and have a sense of mutual obligation. They will be able to appreciate the impact of their professional roles for social justice and inclusion related to national and global issues

This graduate capability is supported by:

## Learning outcomes

- Integrate and synthesise the learning and knowledge of Emotional Focused Therapy theory and principles with procedural techniques used in Relationship counselling.
- Summarise and explain pharmacotherapy with the nature, modes of action and effects of drugs to facilitate effective communication with other carers.
- Recognise the issues and obstacles for delivering effective cultural psychological interventions particularly, with Indigenous Australians, diverse and vulnerable populations.

## Assessment tasks

- SP Suicide Assessment Report
- Oral Presentation

## Changes from Previous Offering

- Suicide workshop excluded (taught as separate workshop under PSYP901)
- Greater emphasis on trauma counselling
- Introduction of a topic on working with older adults

## Changes since First Published

Date	Description
28/06/2019	Intellectual disability and Relationship counselling workshops have been removed.