PSYP908

Working with Groups

S2 Day 2019

Department of Psychology

Contents

General Information

Unit convenor and teaching staff
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Credit points
4

Prerequisites
Admission to MProfPsych

Corequisites

Co-badged status

Unit description
This unit provides theory and skills training in group processes and group leadership. As with other Units, this Unit is run in an experiential fashion to teach student to analyse group processes of both external and in-class groups. The unit teaches strategies to lead and facilitate group therapy in a variety of contexts and with a variety of clinical client populations (e.g. anxiety, depression, agoraphobia, psychosis). The application group modes for skills training, such as problem solving skills, social skills training and stress management, is taught. Knowledge of and development of skills for self-care practice are presented. Practical considerations inherent in the application of group-treatment approaches, such as the integration of individuals differing with respect to age, sex, diagnosis and religion, are also addressed.

Important Academic Dates

Information about important academic dates including deadlines for withdrawing from units are available at https://www.mq.edu.au/study/calendar-of-dates

Learning Outcomes

On successful completion of this unit, you will be able to:

Design, implement and evaluate psychological group intervention programs within the context of a multi-disciplinary team.

Review and evaluate the current research and theory in the field of clinical group work.

Generate group interventions and treatments to test hypotheses generated from a

client's presenting issues particularly with Indigenous Australians.

Implement communication skills effectively in writing and through verbal communication.

Explain behaviour consistent with the legal requirements, regulatory frameworks, guidelines and code of conduct relevant to psychologists.

Recognise the issues and obstacles for delivering effective group interventions particularly, with Indigenous Australians, diverse and vulnerable populations.

General Assessment Information

Students must attempt all assessment tasks to achieve a grade of pass or higher in this unit.

Assessment Tasks

Name	Weighting	Hurdle	Due
Live Skills Assessment Group	50%	No	TBA
Group Intervention Report	50%	No	TBA

Live Skills Assessment Group

Due: **TBA**
Weighting: **50%**

Live skills Assessment Group Intervention 25min duration.

On successful completion you will be able to:
- Design, implement and evaluate psychological group intervention programs within the context of a multi-disciplinary team.
- Review and evaluate the current research and theory in the field of clinical group work.
- Generate group interventions and treatments to test hypotheses generated from a client's presenting issues particularly with Indigenous Australians.
- Implement communication skills effectively in writing and through verbal communication.
- Explain behaviour consistent with the legal requirements, regulatory frameworks, guidelines and code of conduct relevant to psychologists.
- Recognise the issues and obstacles for delivering effective group interventions particularly, with Indigenous Australians, diverse and vulnerable populations.

Group Intervention Report

Due: **TBA**
Weighting: **50%**

Group Intervention Report 2500 words. References not included in report word count.

On successful completion you will be able to:

- Design, implement and evaluate psychological group intervention programs within the context of a multi-disciplinary team.
- Review and evaluate the current research and theory in the field of clinical group work.
- Generate group interventions and treatments to test hypotheses generated from a client's presenting issues particularly with Indigenous Australians.
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Delivery and Resources

The unit is comprised of lectures.

Lectures: 2 x 6 hour lecture on Wednesday

3 x 6 hour lecture on Saturday

If more than one workshop per unit is missed, then the student is at risk of being excluded and universityy rules may apply.

Learning and Teaching Activities

Group Processes

Small group discussion

Planning a Group

Demonstrations

Skills Training

Role play

Groups Professional Practice

Supervised group practice

Policies and Procedures

Macquarie University policies and procedures are accessible from Policy Central (https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central). Students should be aware of the following policies in particular with regard to Learning and

Teaching:

- Academic Appeals Policy
- Academic Integrity Policy
- Academic Progression Policy
- Assessment Policy
- Fitness to Practice Procedure
- Grade Appeal Policy
- Complaint Management Procedure for Students and Members of the Public
- Special Consideration Policy *(**Note:** The Special Consideration Policy is effective from 4 December 2017 and replaces the Disruption to Studies Policy.)*

Undergraduate students seeking more policy resources can visit the Student Policy Gateway (https://students.mq.edu.au/support/study/student-policy-gateway). It is your one-stop-shop for the key policies you need to know about throughout your undergraduate student journey.

If you would like to see all the policies relevant to Learning and Teaching visit Policy Central (https://staff.mq.edu.au/work/strategy-planning-and-governance/university-policies-and-procedures/policy-central).

Student Code of Conduct

Macquarie University students have a responsibility to be familiar with the Student Code of Conduct: https://students.mq.edu.au/study/getting-started/student-conduct

Results

Results published on platform other than eStudent, (eg. iLearn, Coursera etc.) or released directly by your Unit Convenor, are not confirmed as they are subject to final approval by the University. Once approved, final results will be sent to your student email address and will be made available in eStudent. For more information visit ask.mq.edu.au or if you are a Global MBA student contact globalmba.support@mq.edu.au

Student Support

Macquarie University provides a range of support services for students. For details, visit http://students.mq.edu.au/support/

Learning Skills

Learning Skills (mq.edu.au/learningskills) provides academic writing resources and study strategies to improve your marks and take control of your study.

- Workshops
- StudyWise
- Academic Integrity Module for Students
- Ask a Learning Adviser

Student Services and Support

Students with a disability are encouraged to contact the Disability Service who can provide appropriate help with any issues that arise during their studies.

Student Enquiries

For all student enquiries, visit Student Connect at ask.mq.edu.au

If you are a Global MBA student contact globalmba.support@mq.edu.au

IT Help

For help with University computer systems and technology, visit http://www.mq.edu.au/about_us/offices_and_units/information_technology/help/.

When using the University's IT, you must adhere to the Acceptable Use of IT Resources Policy. The policy applies to all who connect to the MQ network including students.

Graduate Capabilities

PG - Capable of Professional and Personal Judgment and Initiative

Our postgraduates will demonstrate a high standard of discernment and common sense in their professional and personal judgment. They will have the ability to make informed choices and decisions that reflect both the nature of their professional work and their personal perspectives.

This graduate capability is supported by:

Learning outcomes

- Design, implement and evaluate psychological group intervention programs within the context of a multi-disciplinary team.
- Generate group interventions and treatments to test hypotheses generated from a client's presenting issues particularly with Indigenous Australians.
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- Explain behaviour consistent with the legal requirements, regulatory frameworks, guidelines and code of conduct relevant to psychologists.
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Assessment tasks

- Live Skills Assessment Group
- Group Intervention Report

PG - Discipline Knowledge and Skills

Our postgraduates will be able to demonstrate a significantly enhanced depth and breadth of knowledge, scholarly understanding, and specific subject content knowledge in their chosen fields.

This graduate capability is supported by:

Learning outcomes

- Design, implement and evaluate psychological group intervention programs within the context of a multi-disciplinary team.
- Generate group interventions and treatments to test hypotheses generated from a client's presenting issues particularly with Indigenous Australians.
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PG - Critical, Analytical and Integrative Thinking

Our postgraduates will be capable of utilising and reflecting on prior knowledge and experience, of applying higher level critical thinking skills, and of integrating and synthesising learning and knowledge from a range of sources and environments. A characteristic of this form of thinking is the generation of new, professionally oriented knowledge through personal or group-based critique of practice and theory.

This graduate capability is supported by:

Learning outcomes

- Design, implement and evaluate psychological group intervention programs within the context of a multi-disciplinary team.
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PG - Research and Problem Solving Capability

Our postgraduates will be capable of systematic enquiry; able to use research skills to create new knowledge that can be applied to real world issues, or contribute to a field of study or practice to enhance society. They will be capable of creative questioning, problem finding and problem solving.

This graduate capability is supported by:

Learning outcomes

- Review and evaluate the current research and theory in the field of clinical group work.
- Implement communication skills effectively in writing and through verbal communication.
- Explain behaviour consistent with the legal requirements, regulatory frameworks, guidelines and code of conduct relevant to psychologists.

Assessment tasks

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PG - Effective Communication

Our postgraduates will be able to communicate effectively and convey their views to different social, cultural, and professional audiences. They will be able to use a variety of technologically supported media to communicate with empathy using a range of written, spoken or visual formats.

This graduate capability is supported by:

Learning outcomes

- Generate group interventions and treatments to test hypotheses generated from a client's presenting issues particularly with Indigenous Australians.
- Implement communication skills effectively in writing and through verbal communication.
- Explain behaviour consistent with the legal requirements, regulatory frameworks, guidelines and code of conduct relevant to psychologists.
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Assessment tasks

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PG - Engaged and Responsible, Active and Ethical Citizens

Our postgraduates will be ethically aware and capable of confident transformative action in relation to their professional responsibilities and the wider community. They will have a sense of connectedness with others and country and have a sense of mutual obligation. They will be able to appreciate the impact of their professional roles for social justice and inclusion related to national and global issues

This graduate capability is supported by:

Learning outcomes

- Design, implement and evaluate psychological group intervention programs within the context of a multi-disciplinary team.
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